



NOVEMBER 2021

Area 1 District 14 Newsletter

SPRITUALITY

11TH STEP

11TH TRADITION

11TH CONCEPT

“SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD AS WE UNDERSTOOD HIM, PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT.”

“OUR PUBLIC RELATIONS POLICY IS BASED ON ATTRACTION RATHER THAN PROMOTION; WE NEED ALWAYS MAINTAIN PERSONAL ANONYMITY AT THE LEVEL OF PRESS, RADIO, AND FILMS.

“THE TRUSTEES SHOULD ALWAYS HAVE THE BEST POSSIBLE COMMITTEES, CORPORATE SERVICE DIRECTORS, EXECUTIVES, STAFFS, AND CONSULTANTS. COMPOSITION, QUALIFICATIONS, INDUCTION PROCEDURES, AND RIGHTS AND DUTIES WILL ALWAYS BE MATTERS OF SERIOUS CONCERN.”

“In AA we have found that the actual good results of prayer are beyond question. They are matters of knowledge and experience. All those who have persisted have found strength not ordinarily their own. They have found wisdom beyond the usual capability. And they have increasingly found a peace of mind which can stand firm in the face of difficult circumstances.” – Bill W

FAITH

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11th Step Prayer

(Prayer of Saint Francis of Assisi)

“Lord, make me an instrument of thy peace! That where there is hatred, I may bring love. That where there is wrong, I may bring the spirit of forgiveness. That where there is discord, I may bring harmony. That where there is error, I may bring truth. That where there is doubt, I may bring faith. That where there is despair, I may bring hope. That where there are shadows, I may bring light. That where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted. To understand, than to be understood. To love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen.”



The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

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www.fortwaltonbeachaa.org



FROM THE DESK OF LINDA W. AND JERRI S.

November 1, 2021, Intergroup/Central Office Report

Needed Central office trusted servants

(minimum of 1 year sobriety required). When a suffering alcoholic picks up the telephone you can be there to lighten the load!!!! Back up and regular shift workers are needed. These are 4-hour shifts' 8am -12 pm, 12-4pm, and 4-8pm. Applications are available at the central office. Please help us by adding your name to the list. For further information call the central office at 850-244-2421 if you would like to be part of this valuable service work. Whatever service you do will help your recovery.

pen shifts at the office are Sunday 8am-12pm, Monday 12-4pm. Tuesday every other week 4-8pm. Friday 4-8pm, Saturday 12-4pm and 4-8pm. Friday 4-8pm. We wish to thank all regular and back up trusted servants for their support when needed.

We try to staff the office seven days per week. If you are planning to visit the central office and traveling from a substantial distance, please call ahead (850 244 2421) October 3, 2021, we had a great turnout for the speaker meeting at Am Vets. Thank you, Primary Purpose group, for hosting the event. Special thanks to everyone participating in making this work.

The next eat and speak will be held at First Presbyterian Church, FWB December 18, 2021

Thanks everyone -for all the service to our district 14.

aadistrict14intergroupjs@gmail.com

Jerry S. (Chair Intergroup) - 850-244-1182
Linda W. (Co-Chair Intergroup)- 850-582-7704



TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
EMAIL : DISTRICT14ODAAT@GMAIL.COM



Step 11



"We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Step 11 is not only a maintenance step, but a step rooted in growth. By practicing it daily, we allow ourselves to become more connected to our Higher Power, and in turn becoming more in tune with His plan for our lives. Having thoroughly practiced each of the preceding steps, we now begin to grow in our spirituality.

For many of us, prayer and meditation are not things we actively utilized in our days of active addiction outside of the occasional "foxhole" prayers. You know the ones: "God, if you get me out of this situation, I will never do this again," or "God, if you can just get me past this hangover, I will never drink again." For most of us, these prayers never held any real meaning. If we were lucky enough to get through the aforementioned situation, there was no time before we found ourselves right back in the same position. For those of us who never utilized prayer in our daily lives, we were left wondering at this point how to genuinely pray, and our literature provides us with an 11th step prayer to get us started.

"Lord, make me an instrument of thy peace! That where there is hatred, I may bring love. That where there is wrong, I may bring the spirit of forgiveness. That where there is discord, I may bring harmony. That where there is error, I may bring truth. That where there is doubt, I may bring faith. That where there is despair, I may bring hope. That where there are shadows, I may bring light. That where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted. To Understand, than to be understood. To love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen."

This prayer acts as a great guideline for how we can begin to strengthen our contact with our Higher Power. No matter who or what we have decided our Higher Power to be, the prayer suggests we desire to know how we can be of better service to our fellows. This prayer asks we be shown how we to make a difference in the world; a world that, during our active addiction, many of us rarely gave a passing thought. We are asking for guidance to step out of ourselves and be there for others.

At this stage in our recovery, we find ourselves no longer seeking the answers to selfish questions. Questions like, "how can I get (insert thing here) to make myself feel better" start to diminish. Now we ask what we can do to make the lives of those around us better as a service to our fellows. As we begin to fortify contact with our Higher Power, our true selves are slowly revealed. (recoveryconnection.com)

"What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God's will into all of our activities. "How can I best serve Thee - Thy will (not mine) be done."

"The process of enlightenment is usually slow. But in the end, our seeking always brings a finding. These great mysteries are, after all, enshrined in complete simplicity." - Bill W

11th Step Promises

Big Book, page 86

- ... we can employ our mental faculties with assurance, for after all God gave us brains to use.
- Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

Big Book, page 87

- What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind.
- Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it.

Big Book, pages 87-88

- We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will be done." We are then in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions.
- We become much more efficient.
- We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves.



31ST ANNUAL GRATITUDE ROUNDUP

"Miracles are Still with Us"

NOVEMBER 26 - 28TH

Gulf Coast Event Center 9475 Hwy 49, Gulfport, MS 39503

Doors open Friday, 26th @ 4pm



Speakers & Events

Benny W. (AA) - Ocean Springs, MS

Joan P. (AFG) - Ft. Walton Beach, FL

James M. (AA) - Beaux Bridge, LA

John A. (AA) - Dallas, TX

Matt C. (AA) - Nashville, TN

Angie P. (AA) - Meridian, MS

PLUS Saturday Night Entertainment:

Get Stoked with Terry's Hypnosis Show

Special event room rates are available at Best Western (behind GC Event Center).
For reservations call (228) 864-0050. Mention the Gratitude Roundup for \$79 rate specials
For any further information please contact Cathy Kloss 228-223-1143 or klosscathy@gmail.com

Participant Information

Name			Phone		
Address 1					
Address 2					
City	State	Zip	Badge Info		
Email			Name		
			City, State		
			Home Group		
			Program	<input type="checkbox"/> AA <input type="checkbox"/> Al-Anon <input type="checkbox"/> Both	

Purchase & Payment Information

<input type="checkbox"/> Registration (\$30 per person)	\$
<input type="checkbox"/> T-shirt pre-order (\$20 ea.) Circle Size: S M L XL XXL 3XL	\$
<input type="checkbox"/> Sponsorship Contribution	\$
Please consider supporting those who cannot pay	
= TOTAL	\$

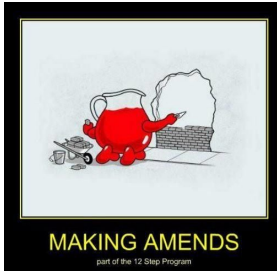
Make Checks Payable to 'Gratitude Roundup'
Return bottom portion of form with check: Gratitude Roundup, PO Box 7851, Gulfport, MS 39507



Laughing Out Loud



*"Please, Lord, teach us to laugh again:
but God don't let us Forget that we cried."*



After the AA meeting, the ghost finally admitted it. He has a boos problem.

AA is like an adjustable wrench. It fits every nut.



One day at a time

FROM THE EDITOR

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to : district14odaat@gmail.com by the 15th of each month.

In Love and Service,
Terry S.
(386)262-6810
district14odaat@gmail.com

Heard in a meeting...



When I got to AA, the people in my life were through with me. My girlfriend said "Don't come back." My employer said "Don't come back." My landlord said "Don't come back." And then I walked into an AA meeting and all of you said, "Keep coming back."

IN RECOVERY, LIFE CAN BE AS BAD AS I MAKE IT...OR AS GOOD AS I LET IT BE.

We all have a last drink and some of us get to talk about it.

Humility is making friends with the facts.

IF YOU SETTLE FOR YOUR WILDEST DREAMS, YOU WILL BE SELLING YOURSELF SHORT!



There will be a Memorial for Carol K. and Ann L. on Wednesday, November 24th at the Alano Club, 52 Beal Pkwy. immediately following the the noon Straight Up Group meeting. Light refreshments served.

Please join us and bring any photos and memories to share.





INTERGROUP COMMITTEE MEETING

MONDAY, OCTOBER 18, 2021

Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9. **ATTENDANCE:** 2 Zoom, 14 In-Person:

COMMITTEE REPORTS:

Secretary's Report/Diana C. – Read and accepted with the amendment in red below.

Treasurer's Report/James S. – Previous balance \$2442.19. Prudence reserve \$1814.22. Report tabled to November.

Book Fund Report/Paul B. – Previous balance \$4312.77. Current balance \$4363.49. Report accepted.

Chairperson's Report/Jerry S. – No Report other than feeling better glad to be back.

Co-Chair's Report/Linda W. – Trusted servants needed for November.

DCM Report/Patrick M. – Attended Intergroup & District meetings, and Area One Assembly. Helped a new group get registered. Helped another group donate after 5 years of taking contributions. District has extra money and will provide a scholarship for a group or two to send a member to Area. District voted yes on tablet. Plans are in the works for another Traditions Workshop. Someone inquired about meetings for Veterans.

AA Hotline Report/Terry S. – – Calls are down and mostly during the day now. We need to consider 24hr coverage.

ODAAT Report/Terry S. – – ODAAT was put out and copies were left at the office.

Webservant/Rindy O. – 800 site sessions. 13% increase in new calls. 10% increase in returning calls. 82% up from Niceville. Second most visited site is the meeting list.

IG Breakfast Chair/Don H. – – October breakfast hosted by Primary Purpose. Krista did an awesome job. 25-30 in attendance, \$91 total, \$20 to rent, \$71 to IG. Deckhands to host November breakfast. Speaker TBD. Need groups to sign up for 2022 \$20 to rent, \$66 to IG. October breakfast to be hosted by Primary Purpose. Krista will be the speaker.

Eat & Speak Chair/Don H. – September E&S hosted by Mossyhead Group. Johnny C. & Laura G. were the speakers and did a good job. Suzie made BBQ chicken & ribs. Everyone went over and above. 45-55 in attendance, 50/50 \$87, 7th Tradition \$92.55, Book Raffle \$39, for a total of \$218.55. Saturday December 18th will be back at First Presbyterian Church and will be a GSR Workshop. Need groups to sign up for 2022.

OLD BUSINESS

Old computer is dead. **Motion to destroy information.** - *Motion tabled.* **Motion to post 65th Florida 2022 State Convention on our website, with GSR approval.** *Voted yes.* **Motion to pay for half of the cost of a tablet up \$200.** *Voted yes.*

NEW BUSINESS

Veronica to buy new tablet for District & Intergroup to use for Zoom.

GROUP REPORTS

Miracle Group Tuesday 8pm St. Mary's Church FWB. Speaker on 1st Tuesday of month. Todd A. – The group will be celebrating 43yrs on 11/16 with an Eat& Speak. Food at 6:30, speaker at 7pm.

Weekender's Sunday 5:30pm Wellness Center, FWB. Speaker 3rd Sunday of the month. Linda W. – Jamie L. celebrating 3yrs on 11/24.

Mossyhead Community Group Wednesday 7pm & Sunday 6pm. Johnny C. – Last Sunday of the month, they will have a Halloween meal and celebrate Debi G. 19yrs, Ali D. 6yrs.

Early Risers 6 days a week (no Sunday meeting) 7am St. Augustine's Church, Navarre. Scott K. – Waddell celebrating 34yrs on 10/27. Marilyn 3yrs, ? 3yrs, Kelly 1yr.

Unwind Your Mind Wednesday 7pm Alano Club, FWB. Step 11, meditation, candlelight meeting. Paul B. – Starts with a 20minute mediation. Up to 20 in attendance.

Straight Up Group M W F noon at Alano Club, FWB. Don H. – No birthdays. Nothing new to report.

Primary Purpose Thursday & Saturday 7pm Journey Pure, FWB. Rindy O. – meeting is going well. Nothing new to report.

Turning Point Tuesday, Thursday & Saturday, Triangle House, Crestview. Speaker on 2nd Saturdays of the month. Josh W. – No birthdays. Nothing new to report.

Young at Heart Tuesday 7pm, First Presbyterian Church, FWB. James S. – All is well. Nothing new to report.

Next meeting is Monday, November 15, 2021.

Meeting adjourned at 7:20pm.

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

MONDAY, OCTOBER 04, 2021

District 14 GSR Officers Present

DCM: Patrick McD. Alt. DCM: Dawn O. Treasurer: Sarah O. Secretary: Brad A.

SERVICE COMMITTEE CHAIRS PRESENT

Corrections: Vince M. Treatment: Web: Intergroup: Grapevine: PI/CPC: Archives: Literature:

MEETING

The meeting was opened with the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read.

19 attendees. 15 in person. 4 on Zoom.

DISTRICT 14 OFFICERS REPORT

New GSR's: Paul V.- Third Tradition Group / New Alt. GSR's: None/ New Service Positions: None

Secretary: Brad A. read the minutes from June. Eric V. motioned to accept. Jaime F. seconded. *The Secretary's report was accepted.*

Treasurer: Sarah O. delivered Treasurer's report from September. Jaime F. motioned to accept. Eric V. seconded. *The Treasurer's report was accepted*

DCM: Patrick M. reports attending IG Spiritual Breakfast. He is performing service answering the call hotline. He attended the IG committee meeting. He reports the Big Book Comes Alive Meeting registration. He submitted 5 years of meeting donations to Treasurer Sarah O. He reports Susan M. of Primary Purpose 1 group speaks Spanish and willing to communicate with non-English speaking alcoholics. He forwarded Area 1 correspondence to District GSR's. He reports Jeri S. feeling better and will be back in CO October 5th. He continues to encourage group service and for GSR's to get involved at the district level. He reports on behalf of GV chair Michelle that GV has a new podcast. Greg B. motion to accept. Paul V. seconded. *The DCM report was accepted.*

Alt. DCM: Dawn O. reports she will be attending Area and can give those interested a ride. District 14 will be hosting the Night Owl meeting. Jaime F. motion to accept. Jerome F. seconded. *The report was accepted.*

SERVICE COMMITTEE REPORTS

ARCHIVES: Suzie B. (Chairperson) No Report. **LITERATURE:** Need Chairperson. No Report. **PI/CPC:** (Chairperson) Need Chairperson. No Report.

CORRECTIONS: Vince M. (Chairperson) reports the Corrections meeting meet the fourth Tuesday of every month, 7pm at CO. OCJ started meetings. OCJ orientation is November 20th. He has flyers for info. Need women volunteers for OCJ meetings. Has plenty of men. He is in discussions regarding other five institutions and associated meetings. Walton County had orientation. See him for details.

WEB: Scott Cole (Chairperson) reports 3 inquiries last month one looking for meeting list, one looking for Florida State Convention info, and one looking for Ladies Convention info. 401 hits on site in last 30 days. IG and District have new combined website. New site is FORTWALTONBEACHAA.ORG old district website AAREA1DIST14.ORG will be deactivated November 22nd.

TREATMENT: (Chairperson) The Treatment Committee meets the second Saturday of every month, 10:30am at central office and on a zoom meeting online concurrently. New chair and co-chair needed.

DUI School (Bridgeway) – Jim C is bringing in meeting about once or twice a month. Bridgeway contact him when they have a class big enough. Jim explains AA to them and allows for questions at the end of meeting.

Twelve Oaks – Paul. S. Meetings are optional for residents. COVID procedure update – residents are not allowed to leave right now. Outsiders are allowed to take meetings in, no more than 4 outsiders at a time.

Twin Cities Pavilion – Dan W. –regular group at 1PM on Wednesdays, Ben C, Paul F and Dan W alternate bringing meetings in. Masks are required. 2-3 regular attendees.

Home of Grace – (on Lovejoy in FWB, Thursdays @6PM) Jerome F said 3 regulars usually attend. It is a men's only homeless shelter, they come straight from hospital, some have long term sobriety. Residents pay about \$200/month rent when they start working. Jerome looking for speakers to bring in, male or female. He has successfully done 2 video speakers and has noticed progress in the residents.

TC positions – Jerome F made motion to rotate chairperson each month until a permanent chair is elected. Jim C seconded, all in favor. Chair info: preferably not a GSR of a home group. Requirement of 1 year sobriety and person should identify as an alcoholic. Usually, the chair and one or two others assist in setting up/starting new meetings when opportunity presents.

Jerome attended District meeting and reports if a GSR or Chairperson want to go to Area Assembly in Auburn AL, a request for funds can be made to District in order to attend.

INTERGROUP: Jerri S (Chairperson), Co-chairperson- Linda W, Secretary- Diane C., Treasurer- James S, Breakfast Chairperson- Dan S., 1/4ly Eat & Speak, IG Breakfast Chairperson- Don H, Book Fund Chairperson- Paul B, Web- Open. Terry Stokes- ODAAT Editor & CO Hotline.

Many heartfelt thanks and best wishes go out to all our trusted servants that have faithfully been available to carry the message to our AA community, especially the newcomer who reaches out for help. We must all remember to practice AA's Spiritual principals in a changing world. IG reminds every one of the Responsibility statement and encourages members to consider serving on the IG committee. Due to Covid IG is looking into the church for the December Eat and Speak meeting. Zoom and in person IG meetings are currently being held. IG is requesting groups get an IG representative. Keep in mind the next 2-year term will be up and new officers, chairs, and representatives will take their new positions of service starting January 01, 2023 – December 31, 2024. Upcoming elections will be held October 17, 2022, 6:30 @CO.

Continued on next page

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

MONDAY, OCTOBER 04, 2021

...continued from page 7

Positions available include Chair, Co-Chair, Secretary, Treasurer, Web Chair, Eat and Speak Chair, IG Breakfast chair, and ODAT Newsletter chair. Committee chairs are expected to attend District 14's monthly meeting, the first Monday of every month at 6:30, in person or via zoom. Please talk to your sponsor or service sponsor before taking on this commitment.

Need CO trusted servants to help answer phones. Minimum 1 year sobriety. Still seeking back-up and regular shift workers. These are 4-hour shifts. Please call CO at 850-244-2421 if you would like to be a part of this valuable service work. Chairperson Jerri S. can be reached at 850-244-1182 and aadistrict14intergroupjs@gmail.com Co-chairperson Linda W. can be reached at 850-582-77004. Next IG meeting is October 18th.

OLD BUSINESS

Krista H motioned District 14 purchase tablet for committee representation in the amount of \$150. Tabled. Present to group for conscience. Vote 16- yes 0- no. 12 present, 4 Zoom. Approved. Additional information: IG and District will each pay half of the cost.

IG to discuss holding tablet at CO. Approved by CO.

Groups hold conscience regarding Website name change. Provide suggestions. EmeraldCoastAA suggested. An open question on cost to change the name was raised.

NEW BUSINESS

Florida State Convention web servant submitted a one-time request the convention be added to District website. IG voted yes. District vote 16- yes 0- no. 12 present, 4 Zoom. Approved.

Jerome F. motioned for a one-time stipend of \$200 to eligible GSR, Alternate GSR, and committee members who would like to attend the Area Assembly meeting October 15-17, 2021, if group is unable to afford. Ron M. seconded. Vote 16- yes 0- no. 12 present, 4 Zoom. Approved.

Sarah O. motioned Alternate DCM receive \$200 stipend (indefinitely) to attend Area Assembly. Jerome F. seconded. Vote 16- yes 0- no. 12 present, 4 Zoom. Approved.

Group reports omitted for space

Meeting closed with the Lord's Prayer.

Next meeting November 01, 2021.

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - BUDGET FOR 2021

DISTRICT 14 - APPROVED BUDGET (12/7/2020) FOR 2021; Voted to Add \$500 for Picnic/Service Fair and add \$26 for PO Box 6/7/2021

INCOME

	Monthly	Annual												
Grp Contributor	450.00	5,400.00	496.41	252.00	742.00	178.41	500.00	206.65	642.51	245.00	183.49	633.98		

EXPENSES

			JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	BUDGET REMAIN
<u>DCM Stipends</u>															
monthly gas	25.00	300.00													300.00
area assembly	200.00	800.00				(196.12)			(200.00)			(200.00)			203.88
ADCM		0.00											(200.00)		200.00
Archives		200.00													200.00
Corrections		500.00											(72.68)		427.32
Grapevine		200.00													200.00
Literature		200.00													200.00
PICPC		200.00													200.00
Treatment		200.00													200.00
IG Rent	118.00	1,416.00	(354.00)			(354.00)			(354.00)			(354.00)			0.00
Web Page		479.76													479.76
Secretary		120.00													120.00
Treasurer		120.00							(146.00)						(26.00)
Micellaneous	200.00		(62.06)						(76.00)						61.94
Scholar Area A	0.00											(400.00)			(400.00)
Picnic	0.00							(90.95)		(400.00)	126.00				(364.95)
Total Expenses	4,935.76		(416.06)	0.00	0.00	(550.12)	0.00	(312.95)	(554.00)	(400.00)	126.00	(1,026.68)	(200.00)	0.00	1,601.95
			464.24	0.00	80.35	332.35	1,074.35	702.64	1,202.64	1,096.34	1,184.85	1,029.85	1,339.34	946.64	

Sobriety Birthdays

Deckhands

Billy /1 Nov 2001/20 YEARS
Chris R./2 Nov 2020/ 1 YEAR
Jordan H./9 Nov 2020/1 YEAR
Brett C./11 Nov 2008/13 YEARS
John O./20 Nov 2008/13 YEARS
Steve H./22 Nov 2020/1 YEAR



BUSTERS

Chip B. November 22 - 34 Years

TURNING POINT

Jacob G / 3yrs
Debbie L / 6yrs



Intergroup Breakfast /FUNDRAISER

Am Vets Post 78

910 Valastics Ave. Valparaiso FL. 32580

next breakfast: **November 7th**

Hosted By **DECKHANDS GROUP**

Breakfast 9:30 to 11:00- \$6.00

SPEAKER @ 11am / TBA



*Experience
Strength
& Hope*

Rise and Shine Speaker Meeting

8AM - 52 Beal

Nov. 6: Leah S

Speakers

What it was like, what happened, and what it is like now.

Weekenders

Nov 21st 5:30pm TBA

POWERLESS MEETING

Saturdays 8pm/52 Beal

Nov 6

Nov 13

Nov 20

Nov 27

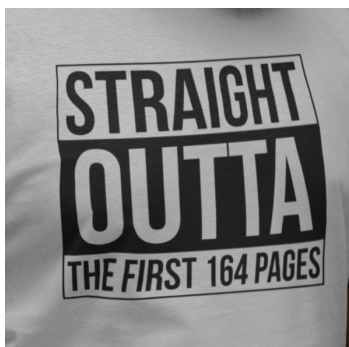
Primary Purpose-Saturdays 7pm

Nov 6: Lonny R-Crestview BB /Lisa P - Crestview BB

Nov 13: Beth H - Busters / Donnie - Deckhands

Nov 20: Susan M-Weekenders/ AJ - Deckhands

Nov 27: TBD



NEW MEETING

An A.A Group

Monday thru Saturday 8:00 am

Open discussion on Tuesdays, Thursdays and Saturdays.
Big Book study on Mondays, Wednesday, and Fridays.

480 north county highway 393 Santa Rosa Beach, FL 32459

We meet in the back of the church, plenty of parking. All are welcome.

Meet The Speakers...

Patrick G. - Lake Placid, FL

Saturday 2pm Speaker@ Gulf Coast Roundup / February 12th

What is your sobriety date? *May 16th, 1977*

What is your homegroup? When/where does it meet?

Keep It Simple group, Tues morn 10AM @ Faith Baptist Church, 660 Holmes Ave, Lake Placid Fl. My wife Linda and I started this group 5 yrs ago and I'm still making coffee! (I'm a tea drinker).

Do you currently hold any service positions?

Since I moved to Fla in 2014, I've been involved in jail/prison meetings for Highlands County and Avon Park State Correction facility. I highly recommend this to anyone who thinks their life has little or no meaning! This will give you a purpose real quick.

Did you ever relapse? What happened? What has changed?

Thankfully, I have never relapsed. I was taught early on that relapse is NOT a requirement for recovery and faith in a Higher Power and a program of action will prevent this unnecessary stumble.

What is the most important lesson you have learned in sobriety?

Impossible to say what is the most important lesson, but there are a few important things: You don't have to do this alone-and you shouldn't!! An alcoholic in his own mind is in terrible company! The 12 steps are the program of recovery, the fellowship of AA is one of the best ways to see the program in action.

What is your favorite line /phrase from the Big Book?

My favorite part of the Big Book is the end of Dr.Bob's Nightmare, pg. 181, last big paragraph. Read it !!

What is the best piece of advice you received from a "long-timer"?

Best suggestion from a long-timer... When you're in the middle of a mess and you don't know what to do, go help someone else, God will see you through.

What is the best thing you've ever heard in a meeting?

Impossible to identify the best thing i ever heard in a meeting. As we get older, you forget things easier and more often. That's why I keep going to meetings.

What step was the hardest for you? Why?

As I was going through the steps in early sobriety, 4 was scary for awhile, 5 was somewhat fearful based on some old religious misbelief and it took a bit for the simplicity of 6 & 7 to take root in my recovery.

What tradition means the most to you?

Tradition 10 is real important and it seems to have been dismissed summarily with the absurd change in the AA Preamble.

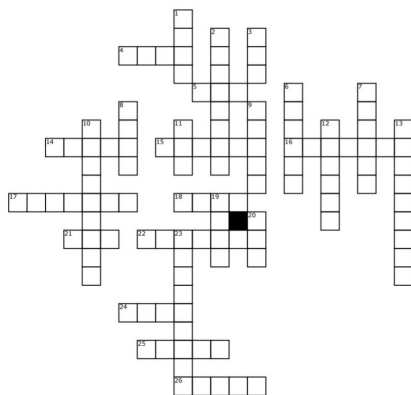
What would your sponsor say about you?

Not sure what my sponsor would say about me, and I don't find it necessary to ask him. We enjoy our individual and collective sobriety and I value his experience and his bold and sarcastic Irish sense of humor.

What advice would you give to a newcomer?

I don't give advice to folks unless I'm asked; I used to get terrible advice in bars. I ask for and give experience, for that is what I know. To any newcomer, I suggest they give themselves a chance at a much better life than the reasons that brought them into AA in the first place. I'd also remind them that after spending more than 20 minutes in an AA meeting that their drinking is ruined now anyway! If they are alcoholic, they might as well stay and learn more about the boundless benefits of sober living.

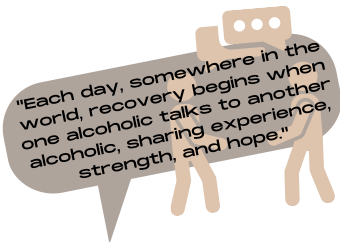
AA Trivia



- Across**
4. 90 meetings in 90
5. Read the _____ Book
14. First AA meeting held in this city
15. Bob's profession
16. Someone to help you in the AA Program
17. Unity, _____ Recovery
18. Who brought the message to Bill
21. Keep the plug in the

22. Step 11 Parayer St. of Assissi
24. Do this in the morning and night
25. Bob's last name
26. The "Y" in YPAA
Down
1. Saturday Evening Magazine
2. Spiritual principle of the steps
3. Group Service Representative (abbreviation)
6. Bill's last name

7. Two types of meetings open and
8. This program is for people who _____ it!
9. The "T" in HALT
10. Great + Attitude =
11. Honest, Openmindedness, Willingness
12. Popular AA beverage
13. AA Magazine
19. Keep coming
20. New York Office abbreviation
23. Spiritual foundation of all traditions



I am Responsible . . .

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.



65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th
www.FloridaStateConvention.com
Fort Lauderdale Harbor Beach Marriott Resort and Spa
Fort Lauderdale, Florida
www.MarriottHarborBeach.com

PROGRAM & ACTIVITIES



AA, Al-Anon, and Alateen Meetings and Workshops; LGBT, Spanish Speaking, and Young People's Meetings and Workshops; Friday and Saturday Banquets and Ice Cream Socials; Exclusive Convention Merchandise; Sports Activities including Golf, 2 Mile Beach Walk/Run, Beach Canoe/Kayak, and Beach Volleyball; Dance and Entertainment; Marathon Meetings and Old-timers Meeting; Gossipies, Archives and Out-of-State Archives Displays; Meditation on the Beach and Yoga.

Open Captions and ASL Interpretation at all Speaker Meetings.

GUEST SPEAKERS	
Paulette R. Miramar, FL	Carol "Dr. Fingers" G. ASL Interpreter
Jimmy A. Spring Lake Heights, NJ	Gail L. Akron, OH/Oxford, FL Workshops
Sandy H. Fort Charlotte, FL	Cheri F. Altona Speaker Puyallup, WA
Rich S. St. Louis, MO	Paul McQ. Belle Harbor, NY
El N. Greenville, SC	Victor V. Springdale, AR
Jerome S. Corona, CA	Ryan K. Bowling Green, KY
Chadwick C. Mt. Pleasant, SC	

HOSEY HOTEL INFORMATION	
FORT LAUDERDALE HARBOR BEACH MARRIOTT RESORT & SPA	
AAA Rated 4 Diamond Resort	
9030 Holiday Drive, Fort Lauderdale, FL 33316	
www.MarriottHarborBeach.com	
800-222-6543 / 954-525-4000	
Convention Code: 65th Florida State Convention	
HOTEL RESERVATIONS START ON AUGUST 5, 2021	
Hotel Reservation Link: https://book.psnr.com/ga/65thfla	

RATES:
Standard King/Double \$159.00
Queenview \$184.00
Suite/Florida Suite \$335.00

RESERVATIONS MUST BE RECEIVED BY THE HOTEL BEFORE 11:59 A.M. 2021

All rooms are subject to hotel and local taxes. THIS HOTEL IS NON-SMOKING.
Check-in 4 PM - Check-out 11 A.M.
On-site Parking Rates: \$10/day Self Parking \$10/day Valet Parking

Events



50TH "GULF COAST ROUNDUP"



February 11, 12, and 13, 2021



On the Gulf Coast of Okaloosa Island at "The Island" (reservations@mainsailhotels.com)
 1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, 850-337-9194 (Vanessa)
Hotel reservations must be made by Jan 10th to ensure these rates, and please state Gulf Coast Roundup.
 Standard \$95/night (2 dbl bds) Poolside \$125/night (2 Queens) Gulf Front \$135/night (2 Queens) ("Yes...it's only \$135...!!")
 0700-0800 Saturday and Sunday Morning Yoga Sessions with Mollie Densley of Lunar Serenity Yoga and Art

Web: www.GulfCoastRoundup.com Send questions to ChipBowdren54@gmail.com or Text them to 850-865-1660

4:30 Fri: Terry R. (AA) Lafayette, LA
 8:00 Fri: Barron R. (AlAnon) Atlanta, GA

7am Sat: Yoga with Mollie Densley
 8:15 Sat: Combined Discussion Meeting
 10:00 Sat: April & Dylan S. (AA) Miami, FL
 2:00 Sat: Patrick & Linda G (AA) Lake Placid, FL
 4:00 Sat: Julie C. (AA) Tujunga, CA
 8:00 Sat: Hilda F. (AA) Tujunga, CA
 9:40 Sat: **Terry Stokes...the Amazing Hypnotist...!!**

7am Sun: Yoga with Mollie Densley
 8:15 Sun: Combined Discussion Meeting
 9:30 Sun: Vivian Q. (AA) Bluffton, SC

ROUNDUP VOICE: "The Amazing Terry S."

SATURDAY NITE SPECIAL SHOW FROM TERRY STOKES...THE HYPNOTIST...!!

Recordings of the entire conference and many individuals by "New Life Productions"

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.

PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check

Register at www.GulfCoastRoundup.com or use form below

Gulf Coast Roundup – February 11-13, 2021 – Registration

Name(s) _____

Address _____

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6th Floor of the "The Island Resort." This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again...!!)



AA and AL ANON SPEAKERS
 John M (MN), Jennifer K (Plano, TX), Ruth C (Pensacola, FL), Alex P (Mobile, AL), Gail W (Olive Branch, MS), Rick & Rhoda M (Gulf Shores, AL) MORE TBA
 50/50 Raffle, Gift Baskets, plus the return of Terry Stokes Jr., AA Hypnotist!

ORANGE BEACH EVENT CENTER AT THE WHARF

SAVE THE DATE!

REGISTRATION INFO AND MORE WILL BE REVEALED

Crossword Answers

