

One day
at a
time



Area 1 District 14 Newsletter

MAY 2022

INTEGRITY

5TH STEP

ADMITTED TO GOD, TO OURSELVES AND TO ANOTHER HUMAN BEING THE EXACT NATURE OF OUR WRONGS.

5TH TRADITION

EACH GROUP HAS BUT ONE PRIMARY PURPOSE – TO CARRY ITS MESSAGE TO THE ALCOHOLIC WHO STILL SUFFERS.

5TH CONCEPT

THROUGHOUT OUR STRUCTURE, A TRADITIONAL "RIGHT OF APPEAL" OUGHT TO PREVAIL, SO THAT MINORITY OPINION WILL BE HEARD AND PERSONAL GRIEVANCES RECEIVE CAREFUL CONSIDERATION.

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men." -- Bill W.

INTEGRITY

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MAY 2022

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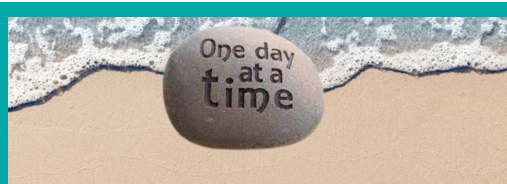
Birthdays

5th Step Prayer

GOD, I thank you from the bottom of my heart that I know you better. Help me become aware of anything I have omitted discussing with another person. Help me to do what is necessary to walk a free man at last. AMEN

"Each day, somewhere in the world, recovery begins when one alcoholic talks to another alcoholic, sharing experience, strength, and hope."





The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

Area 1 District 14 Intergroup
24 Hollywood Blvd. SW, Suite 7
Fort Walton Beach, FL. 32548
(850) 244-2421
www.fortwaltonbeachaa.org



FROM THE EDITOR

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to :
district14odaat@gmail.com
by the 15th of each month.

In Love and Service,
Terry S.
(386)262-6810
district14odaat@gmail.com

"carrying the Message is the basic service that our fellowship gives, this is our principal aim and the main reason for our existence.

Therefor A.A. is more than a set of principles, it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. Hence an A.A. service is anything whatever that helps us to reach a fellow sufferer - ranging all the way from the 12 Step itself to a 10 cent cup of coffee and to A.A.'s General Service Office for National and International action. The sum total of all the services is our Third Legacy of service."

Bill W. - A.A.'s Legacy of Service



*Is your group represented?
Get involved and become "part of."!*

Next Intergroup Meeting:

May 16th 6:30 PM

Central Office

and on Zoom

www.zoom.us

ID: 854 8645 8921

Password: service



Next GSR Meeting:

MAY 2nd 6:30 PM

Central Office

and on Zoom

www.zoom.us

ID: 8217 546 8660

Password: district

**TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
EMAIL : DISTRICT14ODAAT@GMAIL.COM**



***"We admitted to God, to ourselves,
and to another human being the exact nature of our wrongs."***

The 5th Step is essential to the fundamental change of personality required to overcome alcoholism. In its simplest form, the fifth step is basically a confession of personal wrongdoings and the beginnings of your spiritual housecleaning. Although in step four we admitted the exact nature of our wrongs, the process of clearing away the wreckage of the past will not be completed until we have shared those wrongs with another person in step five. Including a well-chosen person to be part of this healing process helps us to become aware of our own self-delusion, where we have not been totally honest and where there are patterns of destructive thoughts and behaviors.

Sometimes painful but always rewarding, the incredible emotional and mental relief you will feel (coupled with profound personal insight) makes the fifth step a valuable exercise. Successful completion of step 5 marks a return to sanity, and a much clearer recognition of who and what we are. *jasonwahler.com*

"Having taken my personal inventory in step 4, I am now ready to share that inventory. I share it with my God, with myself and with another human being. This allows my history to become more real with me. It begins to become in my mind what it truly is, namely "my history". By sharing it with another person, I begin to pull down the fake truths of my life - the facades and the games - and I begin to be who I truly am and build my life with others on the basis of honesty and truth."

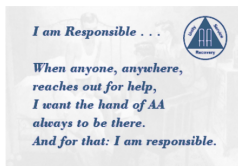
12Step.org

"All of A.A.'s Twelve Steps ask us to go contrary to our natural desires ... they all deflate our egos. When it comes to ego deflation, few Steps are harder to take than Five. But scarcely any Step is more necessary to longtime sobriety and peace of mind than this one."

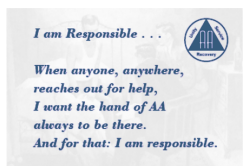
-Twelve Steps and Twelve Traditions, p. 55

"We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only thought they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story."

-Alcoholics Anonymous, pg. 72-73



FROM THE DESK OF LINDA W. AND JERRI S.



We appreciate all our trusted servants; we couldn't do the office without you. Please remember to announce in your groups and meetings that we still need help to answer the phones, you need 1 year sobriety for trusted servants to answer phones, but we also offer service with AA members who only have 1 day sobriety we always have odd jobs at central office (call to make a appt. with Jerri S. (850) 244-2421, she will walk you through what you need to do while you are being of service for central office. This would help you learn what service is about, when you do service, you grow in your own recovery. We have purchased a new copier; it is on order and please remember the only people who get free printing is intergroup rep's and officers for intergroup business. The people who come into central office and want a copy or copies they are supposed to pay .10 a copy (District- DCM, Officers, Committee Chairs and AA members – it is not free). We have a CPA who will be completing our taxes the meeting is May 3, 2022, which we will be getting completed more than 1 year at this point we do not know the cost for the taxes it was not done in the past years which means we might have penalties that will be owed, we will keep you informed as soon as we know more information. We have paid our Central Office insurance for the building & liability insurance due for central office the cost \$608.76 due 05/19/22. Please remember we no longer have a P.O. Box, please mail all checks only to Central Office address: 24 Hollywood Blvd, NW, Suite 3, Fort Walton Beach, FL 32548, if you have any questions please call (850) 244-2421. We thank all groups and meetings who give to our intergroup, we couldn't continue staying open without your support and all the trusted servants who help us out daily.

Please keep in mind we will be having elections Oct. 17, 2022, 6:30pm at Central Office, please announce this in your groups and meetings. We will be needing to vote for Chair, Co-Chair, Secretary, Treasurer, ODAAT, Newsletter chair, Hot Line Chair, Breakfast Chair, Eat and Speak Chair, Web Chair and Book Fund Chair -the positions will be effective Jan. 1, 2023, for a 2-year term. We need people to come to the meeting on election night who are interested to be of service for intergroup and remember your groups need to vote for a intergroup rep., we still have a lot of groups not being represented (we are still doing in person and zoom), traffic is not a reason for groups not having a intergroup rep. Don't forget our next meeting is May 16, 2022, 6:30pm at Central Office – we would be very happy if we had all District 14 groups Intergroup rep at the next Meeting in person or zoom, that would be amazing. It is a true honor to be of service this past year, this is our last year for our 2 year term, we need AA members to step up and be of service for the next 2 year term. Thanks for giving us the honor to be of service.

aadistrict14intergroupjs@gmail.com
Jerri S. (Chair Intergroup) - 850-244-1182
Linda W. (Co-Chair Intergroup)- 850-582-7704

Any changes to your group's meeting should be emailed to:
AAdistrict14@outlook.com

Laughing Out Loud



"Please, Lord, teach us to laugh again:
but God don't let us Forget that we cried."

Good News!
I was able to remove your ego.
It turns out that's what was clogging
your reality this whole time.



I had no idea you could buy this, I've been
just using alcohol



A preacher was completing a temperance sermon: with great expression he said, " if I had all the beer in the world, I'd take it and throw it in the river." With even great emphasis he said, " And if I had all the wine in the world, I'd take it and throw it in the river." And then finally he said, "and if I had all the whiskey in the world, I'd take it and throw it in the rive." He sat down, the song leader stood very cautiously and announced with a smile. "For our closing song, let us sing hymn #365 "Shall We Gather At The River."

Heard in a meeting...



"The chief thing that separates us from God is the thought that
we are separated from God."

**I USED TO BELIEVE THAT PRAYER CHANGES THINGS,
BUT NOW I KNOW THAT PRAYER CHANGES US, AND WE CHANGE THINGS."**

We don't get run over by the train, we get hit by the engine.

"SPONSORING YOURSELF IS LIKE USING UNSKILLED LABOR."



Wanna Go To Jail?

We can help you with that!



Carry the message to inmates at OCI Mens Prison, in Crestview
Men and Women Welcome !
Book Study, Open Discussion, and Speakers

Contact Tod W/ 850-517-0566, / jtwebster1965@gmail.com
for more information !

This a great opportunity, to do some awesome service work !
The link below, will start the application process.

<https://apps.fdc.myflorida.com/VolunteerApplication/volunteer/create>





Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9. **ATTENDANCE:** 15 In-Person 3 Zoom:

COMMITTEE REPORTS

Secretary's Report/Linda W. – Read and accepted. **Treasurer's Report/James S.** – Read and accepted.

Book Fund Report/Paul B. – Report read and accepted.

Chairperson's Report/Jerry S. – New Trusted Servants being trained. Request to order Service Manuals. Two new applications for new meetings, Dave from Chicago and a guy in Louisiana.

Co-Chair's Report/Linda W. – No report. **DCM Report/Patrick M.** – No report.

AA Hotline Report/Linda W. – Hotline is doing good. Looking for more people to get involved.

ODAAT Report/Linda W. – Continue to email ODAAT submissions to district14odaat@gmail.com.

Web Servant Report/Jamie L. – 833 site sessions. Biggest jump from Destin. Biggest drop from FWB. Traffic from Google then Direct. 80% new visitors 20% returning. 2 from Canada and 1 from UK. Most popular page is the meeting guide then printable meeting list. Newsletter down 40%. Please continue use the form on the website to update and make changes to your meetings or email changes to aadistrict14@outlook.com.

IG Breakfast Report/Don H. – AMVETS cancelled April's breakfast due to the Poker Run changing from Saturday to Sunday. May 1st breakfast will be hosted by the Sparkle Group and Linda L. will be the speaker. Breakfast is \$6 and starts at 9:30am. Speaker at 11:00am.

Eat & Speak Report/Don H. – March's E&S was hosted by the Young at Heart Group with 70 in attendance and a total of \$353 raised and \$303 ending balance after donating \$50 to the church. June's E&S will be hosted by Unwind Your Mind and word is, the AA speaker will be coming from Las Vegas. Alanon speaker TBD. Terry will be sending out flyers.

OLD BUSINESS

Jerry S. – An appointment is scheduled on May 3rd at 9:00am to resolve our expired tax-exempt status. James provided info for large copier with service agreement black and white only. Abbey presented info for stand alone, no service agreement, color copier at \$704, \$50-60 for toner. Voted yes on the stand alone.

NEW BUSINESS

Jerry S. – Liability insurance with Hull Insurance will be \$608 for 6mnths. Voted yes.

GROUP REPORTS

Sparkle Meeting FWB Beachside Church 6:30pm Sunday.

Linda L. – All is well. Many April birthdays. No May birthdays.

Weekender's FWB Wellness Center 5:30pm Sunday. Speaker 3rd Sunday of the month.

Linda W. – 15-20 in attendance. It's a good oldtimers meeting. No birthdays in April and 3 birthdays in May.

Mossyhead Community Group 7pm Wednesday & 6pm Sunday. Johnny C. – No birthdays for April or May. Johnny will be the speaker for the Sunshine Convention May 13-15. There will be a fish fry on Saturday, May 14.

Straight Up Group FWB Run With It 12pm M W F.

Don H. – Attendance is about 10-15. For April, Rusty will be celebrating 5yrs and Don H. 12yrs!

Unwind Your Mind FWB Grace Church 7pm Wednesday and online. Step 11 Meditation meeting

Paul B. – They are loving their new location and attendance is good.

Primary Purpose FWB Journey Pure 7pm Thursday Step Study (closed) & 7pm Saturday 2 Speaker meeting.

Abbey K. – For April Pat M. will be celebrating 22yrs and Rindy 15yrs. They are growing, up to 30 on Thursdays and up to 50 on Saturdays. This Thursday will be on Step 10.

Busters for Sobriety Destin Callahan's 8am daily.

Michelle M. – Busters is now meeting at Jackacuda's in Destin. For April, Mark is celebrating 32yrs!

Miracle Group FWB St. Mary's Church Tuesday 8pm. Speaker on 1st Tuesday of month. No report.

Rule 62 FWB Helen Back 6:30am daily.

Scott C. – Canoe trip coming up. No April birthdays. Still at Helen Back.

Jaywalkers FWB NW FL Fairgrounds 12pm Saturday (BB) & 12pm Sunday (12&12).

Amber – All is going well, about 20 in attendance.

Turning Point Group Crestview Triangle House 8pm Tuesday, Thursday & Saturday.

Jacob G. – All is going well. Last Saturday of the month food begins at 6pm and the speaker will be from 8-9.

Next meeting is Monday, May 16, 2022.

Meeting adjourned at 7:25pm.

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

MONDAY, APRIL 4, 2022



District 14 GSR Officers Present

DCM: Patrick McD. Alt. DCM: Dawn O. Treasurer: Sarah O. Secretary: Brad A.

SERVICE COMMITTEE CHAIRS PRESENT

Archives: Suzie B. Corrections: Grapevine: Literature: PI/CPC: Treatment: Technology: Scott C. I
Intergroup: Jerri S. 1/4ly Eat & Speak, Am-Vets Breakfast:

MEETING

The meeting was opened with the Serenity prayer. The step, tradition, and concept corresponding with the month was read. 25 voting attendees. 15 in person. 10 on Zoom.

DISTRICT 14 OFFICERS REPORT

New GSR's: Jim K., Brownbaggers New Alt. GSR's: Grace A., Brownbaggers Sandra C., Deckhands
New Service Positions:

Visitors: Susan M., Primary Purpose II James, Turning Point

Secretary: Brad A read the minutes from February. Patrick McD. motioned to accept Jerome F. seconded.
The Secretary's report was accepted.

Treasurer: Sarah O delivered via email. Treasurer's report from March amounts as follows:

Opening Balance: \$9,434.18, Income: \$370.00, Expenses: \$462.24, Ending Balance: \$9,341.94.

Jim D. motioned to accept. Bill S. seconded. The Treasurer's report was accepted.

DCM: DCM: Patrick M reports attending meetings throughout District 14 and is working with the Corrections Committee. He attended Area. There were 163 participants. While at Area he attended Literature committee. Reports Literature will update Three Legacies pamphlet. Discussion was held regarding producing a Big Book written at "3 rd grade level". He continues to encourage group service and for GSR's to get involved at the district level. Jerome F. motion to accept. Mike L. seconded. The DCM report was accepted.

Alt. DCM: Dawn O reports attending Area. She attended the Literature Committee meeting and hosted the virtual portion of the event. The Conference report is expected mid-summer. District 14 is hosting the early workshop meeting at Area in June. The workshop is on "How to reach anyone, anywhere". District 24 provided a list of Spanish speaking meetings for Area 1. Jerome F. motion to accept. Sarah O. seconded. The Alt DCM report was accepted.

SERVICE COMMITTEE REPORTS

ARCHIVES: Suzie B (Chairperson) reports Archives distributed District 14's extra literature at Area in April. Archives is currently working on display for Area 1 officers.

CORRECTIONS: Tod W. (Chairperson) meets third Tuesday of every month. Patrick McD. reports encouraging attendance at Men's and Women's meetings at OCJ and OCI. Corrections is looking for a co-chairperson.

GRAPEVINE: Michelle G. (Chairperson) Michelle can be reached at 850-543-9149 for info. No Report.

LITERATURE: Need Chairperson. No Report.

PI/CPC: Krista H (Chairperson) reports PI/CPC will meet the 3rd Sunday of the month @2pm. Hybrid meeting information: Meeting ID: PEDNING PW: PENDING. No Report.

TREATMENT: CJ (Chairperson) Jerome F. reports The Treatment Committee will meet the second Saturday of Every month, 10:00am at central office. Meetings are also being held virtually. Meeting ID: 84372038669. Password: Treatment. Notable changes to the meeting date and time are meeting every month now at 10:00 rather than 10:30. Treatment needs a co- chairperson. Journey Pure is having Open House on April 5 th , 11-12pm. Next meeting will be April 9th at 10:30AM at Central Office.

TECHNOLOGY: Scott C (Chairperson) reports virtual meetings are available for Corrections and Treatment, will update others.

INTERGROUP: Jerri S (Chairperson) reports the lease for PO Box 838 has been canceled. The April Am Vets breakfast was canceled. CO copier is broken. IG has history of the first Area 1 Preconference. H & R Block is no longer handling tax dilemma. IG is perusing other avenues. Sherry R. passed away. Shifts available Wednesday 12-4 shift. Friday 4-8, Saturday 12-4 pm and 4-8 pm, Sunday 4-8pm.

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

MONDAY, APRIL 4, 2022

OLD BUSINESS :None

NEW BUSINESS: Corrections spent 2022 budget. \$500 is current budget. Have group conscience regarding increasing the budget and report back. Grace with Brownbaggers stated their group brings literature to WCJ women's meeting. Patrick McD. proposes District host traditions workshop or speaker/picnic/service fair. Have group conscience and report back. Veronica F. (Sparkle Group) motions to reimburse up to \$225 validated with receipts for Area attendance. Approved. Dawn O. motions the process for Area Attendance Scholarship be pre-approved with District14. Approved.

GSR REPORTS

Beautiful Downtown Baker: Ron M(GSR) Gary W. (Alt. GSR) Meets at Masonic Lodge 5822 Hwy. 189 N. Saturday 7pm. BB-OD. Attendance: 10-15. Fellowship following meeting at Gator's restaurant. Birthdays: Syd P. 24 yrs.

Brownbaggers: Jim K. (GSR) Grace A. (Alt. GSR) meets every day at 12pm. They are establishing group structure and report they have a group secretary and treasurer.

Busters for Sobriety: Jim D reports meets Wednesday at Jackacuda's, 8am. Birthdays:

Deckhands: Ken V. (GSR) Sandra C. (Alt. GSR) Meets 8-9am OD. 365 days. 200 Campbell Dr. (Niceville Skatepark) Attendance: 25-30 weekdays, 35-40 weekends. Hosting Zoom meeting (info on Intergroup website) and live meetings 8-9am 7 days a week behind establishment. Sandra C. is new alt. GSR. Birthdays: Dwight

Early Risers: Greg B (GSR) Scott K. reports Meets at St. Augustine's Episcopal Church, 7810 Navarre Parkway Mon – Sat 0700; Wed 1730 (attendance not taken); Sunday 0630 at the Sea Turtle Pavilion (attendance not taken), we also have two Zoom meetings 0600 and 1800 daily (attendance not taken). February birthdays: Jay 2/13/76, 46 years; Len G 2/24/96, 26 years; Scott K 2/15/18 4 years: total years 76 years. Early Risers had a monthly total of 366 in attendance, 24 in person meetings with a daily average of 15.25 and conducted 56 zoom meetings.

Faith: Jerome F. (GSR) Casey H. (Alt. GSR) Jeff M. (Treasurer) Jerome reports: Meets Sundays, Wednesdays, and Fridays at 8pm at the FEW Serenities Triangle House, 704 E. Robinson Avenue in Crestview. OD. The Wednesday night meeting will be a Traditions meeting for the next 12 weeks. Group will host AM VETS breakfast June 5 th , 2022. Attendance: 10-15. Birthdays: Donald B. 14 yrs.

Friday Night Lights: Steve J (GSR) (phone: 813-334-9430, email: Stevenjackson18@gmail.com) Meets Friday 7-8 pm. at Christ the King Episcopal Church, 480 N. Co. Hwy 393, SRB. Closed meeting. Conference approved literature-based discussion. 20-30 attendees. 2 new members. 22 total. Birthdays: Justin B. 11 yrs.

Friday Night Lights: "Treehouse meeting" located in back building at Christ the King Episcopal Church, 480 N. Co. Hwy 393, SRB. 8am. MWF, BB study. No Report.

Jaywalkers: Chloe L. (GSR) Meets Saturday & Sunday 12 pm at the NWFL Fairgrounds, 1958 Lewis Turner Boulevard. Saturday is BB study. Sunday is 12X12 study. Attendance: 20-30.

Men's Group: Vince M. (Alt. GSR) reports Meets at corner of 134 Beal Pkwy. at the First Presbyterian Church, Thursday 7pm. Attendance: 6-12. Birthdays: No Report.

Miracle Group: Jaime F (GSR) meets Tuesday at 8:00pm at St. Mary's Church 165 Coral Drive SW, FWB. Open Discussion from the BB. Speaker first Tuesday of every month. Birthdays celebrated last Tuesday of month. Meeting live and on virtual meeting every Tuesday at 8pm. Meeting ID 524833283, password is 8675309. Attendance: 20-30.

Monday Night Big Book: 7pm. 90-minute meeting. Birthdays: No Report.

Mossy Head Community Group: Chris R (GSR) Suzy B. (Alt. GSR.) Meets Wednesday at 7:00pm and Sundays at 6pm. Mossy Head Community Center. Birthdays celebrated last Sunday of month. Business meeting/group conscious last Wednesday of the month. Potluck dinner last Sunday of the month: 5pm fellowship, 5:29 eat dinner, cake, and 6 pm speaker. 50/50 raffle provided by fellowship. This month is 24yr. group anniversary. Birthdays:

Navarre Fellowship: Monday-Saturday 12 pm. Attendance. No Report.

On Awakening: Adrian B (GSR) Meets 8am daily. 7 days/week. OD. Camel Club, Santa Rosa Beach.

Primary Purpose II: Matthew (GSR) Meets every Saturday night at 7:00pm at Journey Pure, 348 Miracle Strip Pkwy. Speaker meeting. OD. (2) 30-minute speaker meeting. Attendance 25- 30. Upcoming speakers: Thursday meeting 7pm. Step Meeting. CD. First Thursday of the month is a Tradition meeting. Speaker for 15 minutes then open discussion. Birthdays: Patrick McD. 22 yrs., Rindi 15 yrs.

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

MONDAY, APRIL 4, 2022

Primary Purpose Women's Group: Closed meeting. Meets at Christ the King Episcopal Church Tuesday 7pm Closed Discussion. Birthdays: No Report.

Rule 62: (GSR) Meets 7 days/week 6:30am at Helen Back Pizza. 10-15 in attendance. Hosting some newcomers. Birthdays:

Second Chance: Robby F (GSR) OD> Meets Friday 8pm. 12381 US Hwy 98, Miramar Beach, Live Chapel next to Haven House Thrift Store. 30-40 avg. attendance. Last Friday is speaker meeting. Birthdays: No Report.

Serenity by the Sea: (GSR) Shantelle H (Alt. GSR) meets at St. Andrews Church, 307 Harbor Blvd. Destin on Wednesday at 6:30pm. BB format/OD. Read one chapter at a time and discuss. Fellowship following at Callahan's Restaurant. Attendance: 8-10. Birthdays: No Report.

Serenity Group: Dilene (GSR) Meets every Friday night at 8:00 pm at Trinity United Methodist church in Ft Walton Beach. Attendance avg. The birthday meetings are the last Friday of the month, and they always have homemade cake. Birthdays: No Report.

Sparkle Group: Veronica F. (GSR) (Alt. GSR) Meets Sunday 6:30 pm at Beachside Community Church, Racetrack Road. Take right at entry, inside café. Closed meeting. OD. Tradition meeting last Sunday of the month. Average attendance: 15-20. Birthdays:

Spiritual Axiom Women's: (GSR) Liza S (Alt GSR) Lily H meets in person Monday 6-7 pm at the Camel Club in Santa Rosa Beach. Women's discussion meeting. Open. Last Monday is shared speaker meeting with birthday celebrants. Average attendance: 18. Birthdays: No Report.

Straight Up Group: Dan W(GSR) Jeri Shelley (Alt GSR) Don H(IG) Rusty D. (Treasurer). meets at Run With It, Downtown FWB. Monday, Wednesday, Friday, 12pm. OD from BB. Attendance: 18-25. Birthdays: No Report.

There Is a Solution: April G (GSR) meets M/W 5:30 pm. 200 Campbell Drive (Skate Park), Niceville. OD. Birthdays celebrated last Monday of the month. Birthdays: No Report.

Third Tradition: Paul V (GSR) Meets at Shalimar United Methodist Church, 2 Meigs Drive, Shalimar. Monday and Wednesday at 8pm. Monday 12n12 study, Wednesday Big Book study. 12-35 attendees. Birthdays celebrated last Wednesday of the month. Birthdays:

Traditional Group: Chad R. (GSR) meets M & F 7pm at Presbyterian Church, 1063 Circle Drive, Defuniak Springs. OD. BB. Monday is open discussion; Friday is BB study. Attendance: 8-12 Birthdays celebrated last Friday of the month. Birthdays: Ray 6 yrs.

Turning Point: Josh W. (GSR) (alt. GSR) meets at the Tringle House 704 Robinson, Crestview, 8pm. Tuesday-BB, Thursday-12X12, and Saturday-OD. Attendance: 10-20. Saturday attendance 20. Second Saturday of the month is Eat and Speak meeting. Food 6pm, Speak 8pm.

Unity: CJ (GSR) Meets every Tuesday and Thursday at 12pm at the NWFL Fairgrounds and Sunday night at 8:00pm at Maas Coffee Shop, FWB. OD. Avg. att. 5-7. Birthdays:

Unwind Your Mind: Paul B (GSR) Meets t But for Grace Church Wednesday 7pm. Open meeting/meditation. Candlelight. Step 11. 10-minute meditation followed by discussion. Meditations being taken from the book "Dear Friend" by Sandy B. Attendance: 25

Weekenders: Jamie L (GSR), Linda W (Alt GSR) meeting inside Sundays at 5:30 pm at 333 E. Lewis St in Ft. Walton. Attendance: 15. Speaker meeting the third Sunday of the month at 5:30. Speaker is unknown. Birthdays: None

Young at Heart: Mike Libby(GSR) Meets at corner of 134 Beal Pkwy. at the First Presbyterian Church, Tues 7pm. Open Meeting. OD. Traditions/BB. First Tuesday is a speaker meeting. Last Tuesday is birthday night. Now serving regular and decaf coffee. Attendance: 20 avg. Birthdays:

CLOSING

Meeting closed with the Lord's Prayer. Next meeting May 02, 2022.

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - TREASURER'S REPORT Mar-22

CHECKING ACCOUNT	Mar-22	10,841.18	
PRUDENT RESERVED	Mar-22	1,515.65	
TOTAL CASH		12,356.83	
District 14 Funds		9,434.18	
CHECKING ACCOUNT DISTRICT 14	Feb 28, 2022		9,434.18
Group Contributions	DATE	AMOUNT	
Faith Group	3/1	50.00	
On Awakening Camel Club ZOOM	3/31	320.00	
Total Group Contributions		370.00	370.00
Expenses			
Corrections Committee BB's Chk #1586	3/31	(462.24)	
Total Expenses		(462.24)	(462.24)
Net change for March			(92.24)
District 14 Funds Cash Balance		9,341.94	
Synovus Bank Balance 3/31		9,804.18	
Difference		(462.24)	
Check 1586 Not cashed yet			

NEW!



Sobriety Birthdays

Deckhands

Angie H./13 May 2016/6 Years
Gus G./14 May 2019/3 Years
Joy A./15 May 2019/3 Years
Tom B. 25 May 2019/3 Years

Tim B./27 May 2020/2 Years
Russ W./28 May 2021/1 Year
Tim K./29 May 2019/3 Years
Mathew/30 May 2011/11 Years



Turning Point
Zach P. - 2yrs
Dell B. - 6yrs

Please submit birthdays/anniversaries to district14odaat@gmail.com

Experience
Strength
& Hope

Speakers

What it was like, what happened, and what it is like now.

Rise and Shine Speaker Meeting

1st Sat 8AM

POWERLESS MEETING

Saturdays 8pm

Weekenders

April 8th 5:30pm TBA

Primary Purpose-Saturdays 7pm

MAY 7: DJ O./YAH & Annette W./Straight Up

MAY 14: Jessica S. / YAH & CD / Rise and Shine

MAY 21: Jen D. /Straight Up & Anita S. / Busters

MAY 28: Bennet E/Tuscaloosa Group & Crystal E. / Tuscaloosa Group

INTERGROUP BREAKFAST



June 5th

InterGroup Breakfast & speaker meeting.
Am-Vets Post 78 / 910 Valastics Ave.
Valparaiso Fl.

Breakfast starts at 9:30am / \$6.00.

The meeting and speaker @ 11am

Speaker : Jerome

The Intergroup is in need of AA groups to be hosts for the Intergroup fund raising monthly Sunday breakfast. Held at the Am-Vets post in Valparaiso Fl. The breakfasts are on the first Sunday of the month starting at 9:30am and the meeting starts at 11:00am. The host group it is provide a speaker and run the meeting.

For more information contact Don H. at (308)258-0764
This is your Intergroup and needs everyone's support.



The Alano Club Picnic

May 28th Noon
Liza Jackson Park

- 50/50 Raffle and Books
- Alano Club will provide burgers and hotdogs
- Please bring a side dish

Meeting @ Noon

Cookout @ 1:15pm

Raffle @ 2pm



Eat and Speak



The UNWIND YOUR MIND GROUP will be hosting the

June 25th Eat and Speak @ 5:30pm

AA Speaker / Charlie H. (Las Vegas)

Alanon Speaker / TBA

First Presbyterian Church 134 Beal Parkway, FWB



Events

"10th Annual"
Sunshine Convention
"Three Pertinent Ideas"
May 13 - 15, 2022
 Defuniak Springs Civic Center - 761 North 10th Street, Defuniak Spgs., FL 32435
AA & AL-ANON SPEAKERS'

FRIDAY:-
 4:00 PM = AA TEXT BOOK MEETING
 6:00 PM = TERRY S. AA Fort Walton Beach, FL.
 8:00 PM = JAMES L. AA Tallahassee, FL.

SATURDAY:-
 10:00 AM = HERB W. (AA) Cherokee, NC.
 1:00 PM = SPEAKERS WORKSHOP.
 3:00 PM = DIANE A. (AFG) Nashville, TN.
 6:00 PM = MIKE A. (AA) Nashville, TN.
 8:00 PM = MARI G. (AA) Ontario, CANADA
 10:00 PM = "TERRY S. COMEDY HYPNOSIS SHOW"
SUNDAY:-
 10:00 AM = JANE D. L. (AA) Tallahassee, FL.
 VOICE = CHRIS R. AA of Defuniak Springs, FL.
 Recording by TERRY R.
 ENTERTAINMENT := "TERRY STOKES COMEDY HYPNOSIS SHOW"

ALL MEALS PROVIDED
SATURDAY DINNER "FISH FRY"
BY LARRY B.
Raffle and 50/50
"Seating limited"

FOR MORE INFORMATION PLEASE CONTACT SUZIE B. (850-758-1321)
 OR GO TO Sunshineconvention2@gmail.com

Hotel: Econo Lodge (850-520-4691) (MENTION SUNSHINE CONVENTION
90 Business Park Rd., DFS, FL. FOR SPECIAL RATE of \$79.00 PLUS TAX.)

Registration:- please mail the form with your Check to :- Sunshine Convention< P.O. BOX 837, DeFuniak Spring, FL. 32432

Sunshine Convention - May 13 - 15, 2022 - Registration

Name : _____
 Address: _____
 City _____ State _____ Zip _____
 Name(s) on Badge(s) _____ (AA) _____ (AFG) _____

Registration \$30.00 till May 6, 2022, then \$35.00 after and at the door all your meals included.

Make Check payable to Sunshine Convention. Registration: _____
 Donation: _____

RULE 62
FLCOT TRIP
CANOE KAYAKS
AND ONE DUDE ON A BOOGIE BOARD

Saturday May 21, 2022
Meet @ Livery 9:30 AM
Econfina Creek Canoe Livery
5641 Porter Pond Rd. Youngstown, FL 32466
(850) 722-9032 Contact Debbie

Single Kayaks \$45
Canoes \$55
Scholarships Available

Double Kayaks \$55
RESERVE IN ADVANCE

Questions? Contact Jennifer G. 850.240.0318

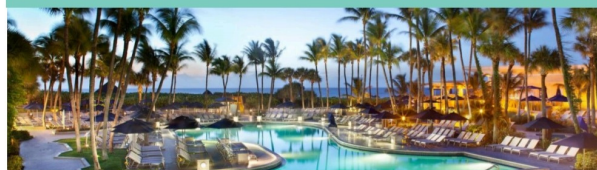


65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th
www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach Marriott Resort and Spa
 Fort Lauderdale, Florida
www.MarriottHarborBeach.com

PROGRAM & ACTIVITIES



AA, Al-Anon, and Alateen Meetings and Workshops; LGBT Spanish Speaking; and Young People's Meetings and Workshops; Friday and Saturday Banquets and Ice Cream Socials; Exclusive Convention Merchandise; Sports Activities including Golf, 2 Mile Beach Walk/Run, Beach Cornhole, and Beach Volleyball; Dances and Entertainment; Marathon Meetings and Old-timers' Meeting; Grapevine, Archives and Out-of-State Archives Displays; Meditation on the Beach and Yoga.

Open Captions and ASL Interpretation at all Speaker Meetings.

GUEST SPEAKERS

Paulette R. Miramar, FL	Carol "Dr. Fingers" G. ASL Interpreter
Jimmy A. Spring Lake Heights, NJ	Gail L. Akron, OH/Oxford, FL Workshops
Sandy H. Port Charlotte, FL	Cheré F. AlAnon Speaker Puyallup, WA
Rich S. St. Louis, MO	Paul McQ. Belle Harbor, NY
El N. Greenville, SC	Victor V. Springdale, AR
Jerome S. Corona, CA	Ryan K. Bowling Green, KY
Charlene C. Mt. Pleasant, SC	



HOST HOTEL INFORMATION

FORT LAUDERDALE HARBOR BEACH MARRIOTT RESORT & SPA

AAA Rated 4 Diamond Resort
 3030 Holiday Drive, Fort Lauderdale, FL 33316

www.MarriottHarborBeach.com
 800-222-6543 • 954-525-4000

Convention Code: 65th Florida State Convention
 HOTEL RESERVATIONS START ON AUGUST 3, 2021

Hotel Reservation Link:
<https://book.passkey.com/go/65thflorida>

RATES:
 Standard King/Double
 \$159.00
 Oceansview
 \$184.00
 Sunrise/Florida Suite
 \$335.00

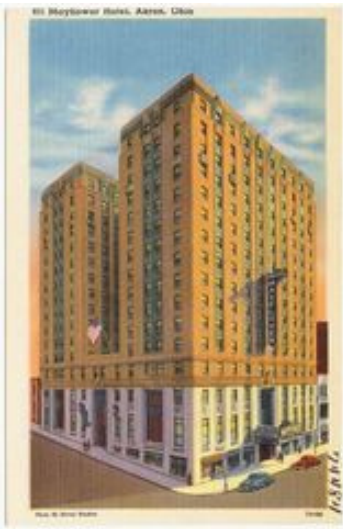
Rates will be honored 3 days
 before and 3 days after the
 convention dates, based on
 availability.

All rooms are subject to state and local taxes.
 THIS HOTEL IS NON-SMOKING.

Check-in 4 PM - Check-out 11 A.M.
 Onsite Parking Rates: \$9/day Self Parking \$19/day Valet Parking



RESERVATIONS MUST
 BE RECEIVED BY THE
 HOTEL BEFORE JULY 8, 2022



On May 11, 1935, Bill W. encountered a threat to his newfound sobriety. During a business trip to Ohio, he found himself standing in the lobby of a hotel, craving a drink. With growing anxiety he contemplated his options. Bill narrowed his choices to two: order a cocktail in the hotel bar or call another recovering alcoholic and ask for help in staying sober.

Bill knew that this choice came with high stakes. As an alcoholic who had nearly drunk himself to death, he'd endured four hospital stays for "detox." During his last visit he'd hit bottom and cried out for divine mercy: "If there be a God, let him show himself." At that moment, Bill felt a white light blaze through his hospital room. He was seized with "an ecstasy beyond description" and concluded that he was free from any need for alcohol.

But there was no divine blaze in the lobby of the Mayflower Hotel in Akron – only the dim lights of the bar and the lure of a drink. Pacing through the lobby, Bill passed the bar and found a church directory. Within minutes he was on the phone with a local minister. A series of calls put him in touch with an alcoholic surgeon named Dr. Bob. Bill arranged to visit the doctor at home. Dr. Bob initially agreed to see Bill for only 15 minutes, but their meeting lasted for hours. Bill simply told of his drinking history and Bob identified with it immediately. Bill thanked Bob for hearing him out – for his fellowship. "I know now that I'm not going to take another drink," Bill said, "and I'm grateful to you."

But the relationship did not end there. Bill stayed with Dr. Bob for the next three weeks. Through their friendship, Dr. Bob also gained sobriety. The surgeon never took another drink after June 10, 1935. That day – Dr. Bob's "dry date" – is officially counted as the start of Alcoholics Anonymous.

Bill and Bob began working with other alcoholics, helping them achieve sobriety one day at a time. Four years later, they published the book Alcoholics Anonymous, which explained their Twelve Step program of recovery.

Articles about AA started appearing in the popular press, and the group's membership swelled. In 1950, the year of AA's first International Convention, there were about 3,500 member groups.

Today, over 98,000 groups across the world are registered with AA's General Service Office; AA's international membership stands at nearly two million.

