

One day
at a
time



Area 1 District 14 Newsletter

MARCH 2022

FAITH

3RD STEP

"MADE A DECISION TO TURN OUR WILL AND OUR LIVES OVER TO THE CARE OF GOD AS WE UNDERSTOOD HIM."

3RD TRADITION

"THE ONLY REQUIREMENT FOR A.A. MEMBERSHIP IS A DESIRE TO STOP DRINKING."

3RD CONCEPT

"TO INSURE EFFECTIVE LEADERSHIP, WE SHOULD ENDOW EACH ELEMENT OF A.A.—THE CONFERENCE, THE GENERAL SERVICE BOARD AND ITS SERVICE CORPORATIONS, STAFFS, COMMITTEES, AND EXECUTIVES—WITH A TRADITIONAL "RIGHT OF DECISION."

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men." -- Bill W.

FAITH

IN THIS ISSUE:

MARCH 2022

3rd Step /Tradition/Concept

Laughing Out Loud

Intergroup Minutes

Contribution Report

Speakers

Events

Birthdays

3rd Step Prayer

God, I offer myself to Thee — to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!

"Each day, somewhere in the world, recovery begins when one alcoholic talks to another alcoholic, sharing experience, strength, and hope."



The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

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FROM THE EDITOR

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to : district14odaat@gmail.com by the 15th of each month.

In Love and Service,
 Terry S.
 (386)262-6810
district14odaat@gmail.com

"carrying the Message is the basic service that our fellowship gives, this is our principal aim and the main reason for our existence.

Therefore A.A. is more than a set of principles, it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. Hence an A.A. service is anything whatever that helps us to reach a fellow sufferer - ranging all the way from the 12 Step itself to a 10 cent cup of coffee and to A.A.'s General Service Office for National and International action. The sum total of all the services is our Third Legacy of service."

Bill W. - A.A.'s Legacy of Service

.....
 Is your group represented?
 Get involved and become "part of.!"

Next Intergroup Meeting:
 March 21st 6:30 PM
 Central Office
 and on Zoom
www.zoom.us
 ID: 854 8645 8921
 Password: service



Next GSR Meeting:
 March 7th 6:30 PM
 Central Office
 and on Zoom
www.zoom.us
 ID: 8217 546 8660
 Password: district

**TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
 EMAIL : DISTRICT14ODAAAT@GMAIL.COM**



“Made a decision to turn our will and our lives over to the care of God as we understood Him.”

When we've taken steps one and two we have learned and accepted that our lives are unmanageable, we are alcoholics and a power greater than ourselves can restore us to sanity. What if we were to surrender the manageability part? We can surrender a lifetime of self-will run amok by making the decision to turn it all over to a Higher Power and allow someone and something to care for us. We can stop wearing ourselves out trying to make and force everything to happen as if we were in charge of everything in the world.

Recovery is a spiritual process and step three is when the doors of hope, faith and trust are opened allowing us to once again take a deep breath and feel the serenity: a gift of sobriety. The essence of step three is turning over your will, getting out of the way, and being restored to reality, honesty, balance and peace of mind.

jasonwahler.com



“HOPE IS PRAYING FOR RAIN, BUT FAITH IS BRINGING AN UMBRELLA.”

PRACTICING Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: “This is the way to a faith that works.” In the first two Steps we were engaged in reflection. We saw that we were powerless over alcohol, but we also perceived that faith of some kind, if only in A.A. itself, is possible to anyone. These conclusions did not require action; they required only acceptance.

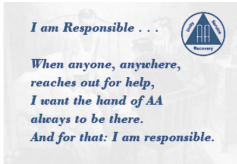
12x12, pg. 34

***“Without help it is too much for us.
But there is one who has all power-that one is GOD.
May you find him now.”***

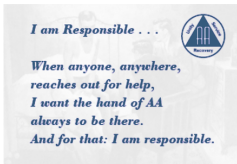
The third spiritual principle behind step three of Alcoholics Anonymous is the principle of faith. Faith, along with the first two principles of honesty and hope, forms the perfect trifecta of a functional foundation for spiritual recovery. The first three principles work together and form a synergistic connection that is necessary to help us on our sober journey. Life in a spiritual program of “Discovery” is miraculous, and the more time we spend taking good orderly direction or trusting God, the more we experience a higher level of faith.

jasonwahler.com

**I CAN'T
GOD CAN
I THINK I'LL LET HIM**



FROM THE DESK OF LINDA W. AND JERRI S.



March 2022, Intergroup/Central Office Report

Monthly Breakfast Meeting Coordinator

Contacts host group approximately one month prior to scheduled meeting and confirms group will indeed serve as host group. Provides breakfast meeting guidelines to host group – can do this via telephone or email. Prepares and distributes flyers announcing upcoming breakfast meeting. Picks up about 25 new ODATs newsletters and 25 new meeting schedules from the Central Office to distribute at breakfast meeting. Also, picks up copy of breakfast meeting guidelines (with script) to carry to meeting. Arrives at breakfast meeting early (about 9:30am), assures back door to meeting room is unlocked, sets up tables, chairs, podium, and public address sound system in meeting room as necessary. Places copy of guidelines on podium and places ODATs newsletter and meeting schedules on tables. Early arrivals will help with these tasks. Collects 7th tradition contributions. From 7th tradition contributions, places \$20.00 donation (rent) in envelope (marked as a contribution to Am Vets from District 14 Intergroup) and hand delivers this envelope to the Am Vets bartender. Places remaining 7th tradition money in another envelope (marked for Intergroup treasurer) and returns this remaining 7th tradition money to Central Office. At close of meeting when announcements called for, thank speaker and host group and gives a 7th tradition report – that is how much money received, how much donated to Am Vets, and how much will be sent to Intergroup Treasurer. Assures meeting room is left tidy and clean. Attends the Intergroup Meeting monthly (3rd Monday, 6:30pm) at central office to inform in the meeting the treasurer report on the Intergroup Breakfast.

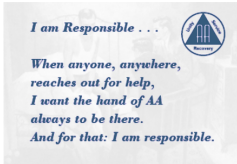
Quarterly Eat and Speak Coordinator

Contacts host AA group approximately one month prior to scheduled meeting and confirms group will indeed serve as host group. Obtains name of AA speaker for Eat and Speak meeting. Contacts Al-Anon liaison and obtains Al-Anon speaker for the Eat and Speak meeting. Provides copy of Eat and Speak meeting guidelines to AA host group. Prepares and distributes flyers announcing upcoming Eat and Speak Meeting. Picks up copy of Eat and Speak meeting guidelines to carry to meeting so that guidelines will be available in the event the host group forgets to bring their copy. Picks up and signs for a church key and a microphone from 1st Presbyterian Church in Fort Walton Beach a few days before the scheduled Eat and Speak. This action can be arranged by calling the church secretary, Pam, at 243-3732 during regular daytime working hours. Arranges to meet representatives from the host group at the Central Office about 3:30pm on the Saturday afternoon of the Eat and Speak so that Eat and Speak supplies and books for the book raffle can be picked up and delivered to the church. Shows the host group members where the books and supplies are in the Central Office and which supplies and books go to the Eat and Speak. Arrives at 1st Presbyterian Church about 3:45pm - 4:00pm to unlock the church and to meet host group members. Sets up Public Address sound system, and coordinates with host group member the set and preparation of the meeting room and kitchen for the Eat and Speak. Collects 7th tradition contributions/raffle ticket funds in separate envelopes for (for record keeping purposes), and returns these envelopes to the safe at the Central Office marked for the Intergroup treasurer. After the meeting is over, assures meeting room is left tidy and clean, lights are turned off, and all exterior doors are locked and secured. Accompanies members of the host group to the Central Office to return coffee pots, and other supplies. During daylight working hours on Monday or Tuesday of the following week, returns the church key and the microphone to the church secretary. Reminds IG treasurer to pay \$50.00 donation/rent to the church. Attends the monthly Intergroup meeting (3rd Monday, 6:30pm) at Central Office and does the report to the voting members of Intergroup.

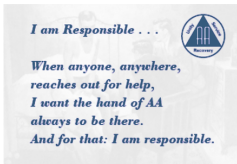
(continued on page 4)

aadistrict14intergroupjs@gmail.com
Jerri S. (Chair Intergroup) - 850-244-1182
Linda W. (Co-Chair Intergroup) - 850-582-7704

Any changes to your group's meeting should be emailed to:
AAdistrict14@outlook.com



FROM THE DESK OF LINDA W. AND JERRI S.



March 2022, Intergroup/Central Office Report
(Continued from Page 3)

Intergroup Web Servant (Current role and responsibilities)

1. **Maintain and update as needed the Intergroup web site fortwaltonbeachaa.org, update current local events - Eat and Speak, IG breakfast, and any events submitted for posting and "approved" if needed by intergroup, *all meeting lists data, committee meeting information, as well as design updates as needed to the site**
2. ***Respond to web site user requests and interactive forms (forwarded to my personal email from Wix-hosting and cloud server for our Intergroup)**
3. ***Maintain and update as need the printed meeting lists which reside on the intergroup web site and update- monthly. This list is in word/pages format and must be converted to pdf and uploaded to web site. There it is viewed/saved/printed by users of the web site and Central Office/Intergroup for bulk printing**
4. ***Maintain and update as needed the Meeting Guide app with attendant google sheets data which feeds both the app and searchable meeting list on our web site; maintain communication as needed with Meeting Guide app tech support (appsupport@aa.org)**
5. **Intergroup Facebook Co-Admin duties (currently with Intergroup chair and some others) to ensure compliance with 12 Traditions and posting guidelines**
6. ***Maintain and update Google sheets meeting data for our district/intergroup which feeds (12-hour updates) Meeting Guide app and web site searchable list (immediate update).**
7. **Atten monthly Intergroup Meetings (3rd Monday, 6:30pm) and report stats for web site usage provided by web site host (wix.com), as well as any meeting list issues**
8. **Respond to position-relative emails received by Intergroup office from local AA groups (aadistrict14@outlook.com)-mostly meeting list updates**
9. **Provide web site or meeting change updates to ODAT editor on an as-needed basis**

Items are * are time sensitive and I try to address these within 24 hours of request

Submitted to Intergroup Chair and copied to secretary (Diana C) by Rindy O, current Web Servant for Intergroup on February 21, 2022

The elections for the next two-year term will be held on Oct. 17, 2022 Intergroup Meeting at Central Office 6:30pm, each month we are putting the description of positions that will be open that will be voted on. We appreciate all the time our IG Rep. Committee Chairs, Officers and Trusted Servants for all your hard work you give Intergroup. We are still needing help to answer the phones at Central Office. Please let us know if you would like to help with the still suffering alcoholic and help with your own journey in recovery. We have closed the Central Office some shifts due to not having trusted servants during the 4 hours shifts. It is an honor to serve and hope there are some members that will step up and be part of this rewarding service for recovery. If you have any questions call Central Office and Jerri will train you so you understand the rewarding feeling of being of service as a trusted servant for Intergroup.

aadistrict14intergroupjs@gmail.com
Jerri S. (Chair Intergroup) - 850-244-1182
Linda W. (Co-Chair Intergroup)- 850-582-7704

Laughing Out Loud



*"Please, Lord, teach us to laugh again;
but God don't let us forget that we cried."*

Definition of the infamous 13th step (hitting on a newcomer): 1st step plus the 12th step – My life is unmanageable and I want to share it with you!

You know you're in AA if:
Emails from your friends say HALT in the subject line.
Your idea of a smooth opening line is
"I really like what you shared."
You don't know most of your friends last names.

Alcoholics have three types of memory loss:
short-term, long-term, and convenient.

If drinking is interfering with your work, you're probably a heavy drinker.
If work is interfering with your drinking, you're probably an alcoholic.

Heard in a meeting...



"Thoroughly have we seen those fail who rarely follow the path."

"HAPPINESS IS THE SPIRITUAL EXPERIENCE OF LIVING EVERY MINUTE WITH LOVE, GRACE, AND GRATITUDE."

In A.A. we meet thousands of friends and one stranger.
That stranger is our true self."

"DON'T BE AFRAID TO LOOK AT YOUR WEAKNESSES.
IN THEM YOU'LL FIND SOME OF YOUR GREATEST POTENTIAL."



Y12SR meetings include fellowshiping preceded by an intentional, themed yoga class. They are open to all individuals who are working to overcome all manifestations of addiction and alcoholism – as well as those impacted by the addictive behavior of others.

**Camel Club
Thursday's
5:00 pm**

MEETINGS ARE LED BY YOGI MOLLIE
Certified Y12SR Leader & Certified Yoga Instructor: RYT-200
Owner of Lunar Serenity
WWW.LUNARSERENITYYOGAANDART.NET
WWW.Y12SR.COM

YOGA OF 12-STEP RECOVERY
Y12SR

NEW MEETING!

Woman's Book Study

Wednesdays @ 9:30am

Helen Back Pizza
1826 Lewis Turner Blvd.

UNWIND YOUR MIND
Guided 11th Step Meditation

Wednesdays 7pm CST
In Person
Grace Church
216 Eglin Pkwy NE, FWB

ZOOM
Meeting ID 885 9688 8270
Password: LETGOD

IN PERSON AND NOW VIRTUAL TOO!



INTERGROUP COMMITTEE MEETING

MONDAY, JANUARY 21, 2022

Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9. **ATTENDANCE:** 4 Zoom, 14 In-Person:

COMMITTEE REPORTS

Secretary's Report/Diana C. – Read and accepted.

Treasurer's Report/James S. – Previous balance \$6458.835. Current balance \$77502.02. Prudence reserve \$1814.22. Report accepted.

Book Fund Report/Linda W. – Previous balance \$3599.62. Current balance \$4279.43. Report accepted. Meeting in a Pocket will arrive any day now. Sales tax is now 7%, used to be 6.5%. Please keep this in mind when making sales.

Chairperson's Report/Jerry S. – Central Office still needs trusted servants for open shifts and for backups shifts. The schedule is posted on the bulletin board. 1yr of sobriety is required. Some shifts have had to close. Please call Central Office at 850-244-2421 if you can assist.

Co-Chair's Report/Linda W. – Because Terry came in late as the ODAAT and Hotline Chair, he will be allowed to be re-elected in October's elections. The March newsletter to the Web servant for posting.

DCM Report/Patrick M. – He is going to meetings and encouraging meetings to get involved. Be sure the treasurer of your group knows how to distribute money and how. Vince resigned as Corrections Chair. Todd webster is standing for this position and needs a co-chair. He is the only one going into the men's prison. Please contact him if you want to volunteer for this service position or there are applications online to go to the Walton men's prison. There's a group in the Walton prison called the No Joke Group. Veronica provided numbers to all committees to be able to have online meetings. Krista has stepped in for PICPC, CJ for Treatment Chair, and Scott for Technology Chair. We still need a Literature Chair.

AA Hotline Report/Terry S. – Still filling up the schedule with 6 shifts left.

ODAAAT Report/Terry S. – No change but he will be mostly out of town starting Thursday until May. Please try to get meeting minutes out by Thursday. Please email any inputs for the ODAAT to district14odaat@gmail.com

Web Servant/Rindy O. – 6 meetings have been updated on the web and meeting app as of 2/20. For January, site sessions up 7%, returning visitors up 9%. Website is well optimized for Google searches. The highest visited page is the newcomers page, up 25%. There is a form on the website that allows you to update and make changes to your meetings. Thank you, Scott. You can also email your changes to aadistrict14@outlook.com.

IG Breakfast Chair/Don H. – February's breakfast had 22 in attendance, with a total of \$44 raised. Sandy was sick to Jimmy was the speaker. March 6th breakfast will be hosted by the Turning Point Group. Jacob G. will be the speaker. Please attend. November 6 is still open.

Eat & Speak Chair/Don H. – Saturday, March 26th will be hosted by the Young at Heart Group. James S. will be the AA speaker and Katina W., from Pace, will be the Alanon speaker. If you want to help set-up, please show up at 4pm at Central Office. September's E&S was open but Rule 62 stepped up for that month.

OLD BUSINESS

Paul B - Motion to have Unwind Your Mind meeting at Central office when Clubhouse closes for renovations. Tie Vote. -Motion to table until next meeting. Voted yes 6 to 5.

NEW BUSINESS

Jerry S. – H&R Block has not done anything about revoked tax exemption. Jerry is going to pick up taxes and get someone else to do them. Now 5 years behind. James will ask his tax person.

Jerry S. – To keep or not keep Central Office PO Box at \$212/yr. Voted no. We will use street address only.

Jerry S. - Meetings at central office are not doable due to insurance/fire hazard.

Linda W. - Motion to fund IG Chair and Co-Chair to go to Area Assembly at \$450 quarterly. Voted yes.

Don – Motion to purchase PA system for E&S up to \$150. Voted yes.

GROUP REPORTS

Sparkle Meeting FWB 6:30pm Sunday Beachside Church. Linda L. – All is well. No March birthdays.

Weekender's FWB 5:30pm Sunday Wellness Center. Speaker 3rd Sunday of the month.

Linda W. – Marin has 12yrs and they will celebrate at the end of the months.

Mossyhead Community Group 7pm Wednesday & 6pm Sunday.

Johnny C. – For March, the group will be celebrating 24yrs and Russ B. will celebrate 37yrs! They will celebrate on the last Sunday of the month w/food & speaker meeting.

Straight Up Group FWB noon M W F at NW FL Fairgrounds.

Jerry S. – They are meeting at the Fairgrounds now. Jerry S. celebrated 38yrs in February. They are doing fine.

Unwind Your Mind FWB 7pm Wednesday Grace Church. Step 11, meditation, candlelight meeting.

Paul B. – About 25-30 in attendance. All is well.

INTERGROUP COMMITTEE MEETING

MONDAY, JANUARY 21, 2022

GROUP REPORTS

Primary Purpose FWB 7pm Thursday & Saturday Journey Pure. Abbey K. – They are doing great. No birthdays.

Busters for Sobriety Destin 7 days a week 8am at Callahan's. Michelle M. – Nothing new to report. All is well. No birthdays.

Miracle Group FWB Tuesdays 8pm St. Mary's Church. Speaker on 1st Tuesday of month.

Todd A. – Birthdays: Allen 32yrs and Sarah 1yr.

Young at Heart FWB 7pm Tuesdays at First Presbyterian Church. No Report.

Rule 62 FWB 6:30am daily at Helen Back. Scott C. – Meeting now at Helen Back and doing great.

Early Risers Navarre, 7am 6 days a week, except Sunday & 5:30pm on Wednesday@St. Augustine's Church, and 6:30am Sunday at Navarre Beach.

Scott K. – Nothing new to report. All is well. Attendance is picking up. They are unmasked, happy, joyous, and free.

Friday Night Lights Santa Rosa Beach 7pm Friday Christ the King Episcopal Church.

Sue S. – They have fellowship dinner after the meeting and Lena celebrated 6yrs.

Jaywalkers FWB Saturday (BB) & Sunday (12&12) at noon at NW FL Fairgrounds.

Diana C. – Attendance is 20-30 and looks to be growing. The new location is awesome.

Announcement: Area preconference beginning in April.

Next meeting is Monday, March 21, 2022.

Meeting adjourned at 7:47pm.



INTERGROUP COMMITTEE MEETING

TREASURER REPORT



District 14 Intergroup Treasurer Report			
January 2022			
January 2022		January 2022	
Income		Group Contributions	
Group Contributions	\$ 3,036.44	Busters for Sobriety	\$ 1,219.40
Intergroup Breakfast (After Rent)	\$ 56.00	Happy Hour	\$ 150.00
Quarterly Eat & Speak Income		Mossy Head	\$ 25.00
GSC/Dist Rent (2 months)		Early Risers	\$ 492.04
Conf Room Rent	\$ 20.00	Turning Point	\$ 100.00
GSC Copier Use	\$ 6.00	Destin Group	\$ 1,050.00
Transfer from Book Fund			
Transfer from Prudent Reserve			
Total income	\$ 3,118.44		
Expenses			
Quarterly Eat & Speak Expenses		Total*	\$ 3,036.44
Bank Charges		Quarterly Eat & Speak Summary	
Cable TV	\$ 200.98	Eat & speak (after rent)	
Copier			
Electricity	\$ 165.77		
Office Supplies & PO Box Annual			
Rent	\$ 766.27		
Intergroup breakfast (rent)	\$ 20.00		
Other Expenses (zoom)and ODAAT	\$ 14.99		
Total Expenses	\$ 1,168.01		
Income	\$ 3,118.44		
Expenses	\$ 1,168.01		
New Checking Balance	\$ 7,755.02		

Friday Night Lights		Traditional Group	
Happy Hour Group	\$ 150.00	Turning point	\$ 100.00
Honesty Group		UBU Meeting	
Hurlburt Field, Chapel Group		Unity Group	
Ladies Drop the Rock Closed Mtg		Val-p Home AA Group	161944
Ladies Friday Night Group (Candlelight)		Wed. Women in Recovery Group	
Lakeview Group		Weekenders Group	
Lakeard Awakenings Meeting		Women's Meeting	
Living Sober Group (Candlelight Group)		Women's Primary Purpose Group	
Lunch Bunch Group		Women's Spiritual Axiom Group	
Men's Group		Women's Sunshine Sisters Meeting	
Miracle Group		Young at Heart Meeting	\$ 30.00
Mossy Head Community Group	\$ 25.00	Totals	\$ 3,036.44
If there are any questions about, or clarification needed on, any items in this report, please feel free to contact me by text or voice on my cell 678-603-8549 or by email at jfs2469@gmail.com			
Respectfully Submitted, James Sutton			

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

FEBRUARY 7, 2022

District 14 GSR Officers Present

DCM: Patrick McD. Alt. DCM: Dawn O. Treasurer: Sarah O. Secretary: Brad A.

SERVICE COMMITTEE CHAIRS PRESENT

Archives: Corrections: Grapevine: Michelle G. Literature: PI/CPC: Treatment: Technology: Scott C Intergroup: Jerri S. 1/4ly Eat & Peak, Am-Vets Breakfast:
MEETING

The meeting was opened with the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. 13 attendees. 8 in person. 5 on Zoom.

DISTRICT 14 OFFICERS REPORT

New GSR's: None

New Alt. GSR's: None

New Service Positions:

Secretary: Brad A read the minutes from January. Jerome F. motioned to accept. Ron M. seconded. The Secretary's report was accepted.

Treasurer: Sarah O delivered Treasurer's report from November. November amounts as follows: Opening Balance: \$9,223.33, Income: \$629.65, Expenses: \$384.80, Ending Balance: \$9,468.18. Jerome F. motioned to accept. Paul V. seconded. The Treasurer's report was accepted.

DCM: Patrick M reports attending Area Assembly. District 14 had 5 GSRs, 1 Committee chair, and 1 DCM representing. Literature voted an increase of \$403 for service manuals, \$650 was allotted for Spanish interpreter. Districts 4 & 10 will send Archives material to Area Convention. GSO is 4 to 6 months behind on prudent reserve. He also reports the use of the term "virtual" is being suggested in lieu of corporate names such as Zoom. AA does not want to be affiliated. He continues to encourage group service and for GSR's to get involved at the district level. Michelle G. motion to accept. Jerri S. seconded. The DCM report was accepted.

Alt. DCM: Dawn O reports she and Hannah B. attended Area Assembly. She attended workshops and committee meetings. She reports the following motions:

Registrar reported 98 voting members present (7 were virtual). 2/3 = 65

Motions: (summary, not verbatim)

1. to place as a floor action at GSC: Area 1 objects to the recent changes to page 66 (step 6) of the Twelve Steps and Twelve Traditions and wishes to reverse that Advisory Acton.

Motion carried

2. to place as a floor action at GSC: (original motion was revised on the floor) Area 1 objects to any proposed changes that would bowdlerize the book Twelve Steps and Twelve

Traditions. Motion failed

(The above motions came from a District, I think 20, didn't note it)

3. Literature Committee motion for funds of \$403.04 to purchase 120 English and 10 Spanish Language Service Manuals @ \$4 each. (Motion had been reviewed by Finance Committee) (Motion had been reviewed by Finance Committee) Motion carried [Discussion notes: The manuals will be for sale at Area and the funds returned to Area].

4. Structures and Procedures motion (reviewed by Finance Committee) to remove the current stipend and instead pay for the Spanish interpretation services as a special worker at a rate of \$660/assembly (\$2,640 annually) and include a complimentary hotel room. Motion carried

5. Web Committee moves to implement a Technology Coordinator to the Web Committee that will require an Area Stipend (\$200/Assembly) (Finance Committee reports that this was built into the proposed budget). Motion carried

6. Web Committee motion to change the name of the Committee to the "Technology Committee." Motion carried

7. Finance Committee motion to increase the stipends for Area Officers from \$200 to \$225 per Assembly (This will be a \$2,000/year increase to the budget). Motion carried

8. Finance Committee motion to increase the funds for the Delegate to attend the GSC from \$1,800 to \$3,000 per Conference. [Discussion note: actual cost in 2019 was \$7,700]. Motion carried

9. Finance Committee motion to approve the 2022 Budget as presented [includes the items passed at this Assembly]. Motion carried.

Dawn raised the question to host our own pre-conference workshop or attend District 23's?

Paul V. motion to accept. Michelle G. seconded. The Alternate DCM report was accepted.

SERVICE COMMITTEE REPORTS

ARCHIVES: Suzie B(Chairperson) No Report.

CORRECTIONS: Vince M. (Chairperson) No Report.

GRAPEVINE: Michelle G. (Chairperson) reports the GV meets the last Saturday of the month, 11am @ CO. GV is seeking group representatives. She is promoting GV reps get involved. GV is looking for writers. Suggested topics are Sober Travel, Young & Sober, Experience, Strength, and Hope. GV also seeking cartoons. Michelle can be reached at 850-543-9149 for info.

LITERATURE: Need Chairperson. No Report.

PI/CPC: Krista H(Chairperson) No Report.

TREATMENT: CJ (Chairperson) The Treatment Committee meets the second Saturday of every month, 10:30am at central office.

Next meeting will be February 12th at 10:30AM at Central Office.

No Report.

TECHNOLOGY

Scott C (Chairperson) reports virtual meetings are available for all committees. Will pass out dates, times, and logins to District attendees. If you are a meeting affected by the ALANO Club renovation, please give info to Technology for update.

INTERGROUP: Jerri S(Chairperson) reports IG is working on job descriptions for the 2022 service positions elections. February IG Breakfast hosted by Weekenders Group was well attended. Jimmy was the speaker.

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

FEBRUARY 7, 2022

...continued from page 8

OLD BUSINESS

Krista H. moved to table the purchase of committee kits pending more research and reports the following information gathered from aa.org/information-for-trusted-servants

Most Kits cost 14.40 with several on back order 2-5months

Accessibility Kit SKU: M-48 \$14.40

Treatment Facility Kit SKU: M-40 \$14.40 [OOS (out of stock 2-5months)]

Corrections Kit SKU: M-45 \$14.40 (OOS)

Archive Workbook SKU: M-44 \$2.00 & AA Guidelines for Archives SKU: MG-17 \$0.12

Public Information Kit SKU: M-27 \$14.40 (OOS) & Public Info Workbook SKU: M-27i \$2.00

CPC Kit SKU: M-41 \$14.40 (OOS) & CPC Workbook SKU: M-41i \$2.00

Public Info Package #2 SKU: P-72 \$60.00 (includes 2,020 pamphlets, 100 Anonymity Wallet Cards, Catalog & 2 order form)

Krista plans to reach out to current committee chairs to get them registered at WSO and see if they can get the kits for their committee for free and donate them to District or include in each committee budget every 2 years to purchase if needed.

NEW BUSINESS

Veronica F. motion to transfer committee virtual information responsibilities to the Technology Committee.

Ron M. seconded. Passed.

Updates for committee information to Scottcole94@gmailcom

Sarah O. motion to increase the annual budget for DCM and Alt DCM for a total of \$200. Michelle G. seconded. Passed.

Jerri S. suggests CO provide virtual access to Area Assembly for non-voting members. Tabled.

Scott C. motion District 14 join District 23 pre-0conference workshop. Dawn O. seconded. Passed.

District 23 Workshop is February 26, 12 central to 1pm. In-person- Daphne, AL. or virtually. Flyer will go out.

AREA 1 DISTRICT TREASURER REPORT

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - TREASURER'S REPORT Feb-22			
CHECKING ACCOUNT	Feb-22	9,822.18	
PROFIT RESERVED	Feb-22	1,515.83	
TOTAL CASH		11,337.91	
DISTRICT 14 FUNDS			
CHECKING ACCOUNT DISTRICT 14	Jan 31, 2022	9,822.18	
Group Contributions			
	DATE	AMOUNT	
Beautiful Downtown Baker Group	2/24	40.00	
Primary Purpose Group II	2/24	80.00	
Deacon group	2/24	266.00	
Total Group Contributions		416.00	
Expenses			
Pat M DCM attend Area Assen	Jan 2022	2/24	(225.00)
Dawn O ACDM attend Area Assen	Jan 2022	2/24	(225.00)
Total Expenses		(450.00)	(450.00)
Net change for February			(34.00)
District 14 Funds Cash Balance		9,788.18	
Synovus Bank Balance 2/24/22		1,195.18	
Difference			
Checks not cashed for expenses \$450 and			(1,457.00)
Checks out for Dist n group cash \$296981			

Page 1 of 4

EXPENSES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	BUDGET REMAIN
DCM Stipends													
monthly gas	25.00	300.00											300.00
area assembly 4x year	200.00	800.00											800.00
ADCM Stipend		800.00											800.00
Archives		200.00											200.00
Corrections		500.00	(30.80)										469.20
Grapevine		200.00											200.00
Literature		200.00											200.00
PICPC		200.00											200.00
Treatment		200.00											200.00
IG Rent	118.00	1,416.00	(354.00)										1,062.00
Web/Tech		479.76											479.76
Secretary		120.00											120.00
Treasurer		146.00											146.00
Miscellaneous		200.00											200.00
Picnic		500.00											500.00
Total Expenses	6,261.76	(384.80)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(384.80)

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - GSR MONTHLY CONTRIBUTIONS 2022													
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTALS
3rd Tradition Group Strategic													40.00
Beautiful Downtown Baker Group		40.00											40.00
Bremen Baptist Church													40.00
But for Group PWS													40.00
Care Group PWS													40.00
Charlotte Baptist Church													40.00
Deacons Group of Nocatee													416.00
Deacon group													266.00
Early Riders (op of Nocatee		88.40	266.00										354.40
Faith Group of Nocatee													88.40
Friday Night Lights SSB													40.00
Harvesters Group of Nocatee													40.00
Hill Country PWS													40.00
Lakeland Baptist Church													40.00
Lakeland Baptist Church													40.00
Mission West Community Group													40.00
Nocatee Fellowship													40.00
Old American Church Club													40.00
Primary Purpose Group SSB													80.00
Rain 62 St Basil													80.00
Second Chance Group Mission Bk													40.00
Service by the Sea Nocatee													40.00
Service Group of PWS													40.00
Shrouds to Shrouds Nocatee													40.00
St. Paul's Church													40.00
Sunday School (op of PWS													40.00
Sunday School (op of PWS													40.00
Thursdays Night Lights Group													40.00
Thursdays Night Lights Group													40.00
Tuesday Night Lights Group SSB													40.00
Tuesday Night Lights Group SSB													40.00
Unity Group of Nocatee													40.00
Unity Group of Nocatee													40.00
Worshippers Home in Nocatee PWS													40.00
Worshippers PWS													40.00
Worshippers Home in Nocatee SSB													40.00
Worshippers Home in Nocatee SSB													40.00
Monthly Contributions	629.85	476.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,105.85
Budget	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	5,400.00
Over/Under Budget	179.85	(24.00)	(450.00)	(450.00)	(450.00)	(450.00)	(450.00)	(450.00)	(450.00)	(450.00)	(450.00)	(450.00)	(4,294.15)

EXPENSES	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	MEMBERSHIP BUDGET
DCM Stipends													
monthly gas	25.00	300.00											300.00
area assembly 4x year	200.00	800.00		(225.00)									575.00
ADCM Stipend		800.00		(225.00)									575.00
plus \$25 per AA Guidance 12/022		200.00											200.00
Archives		200.00											200.00
Corrections		500.00	(30.80)										469.20
Grapevine		200.00											200.00
Literature		200.00											200.00
PICPC		200.00											200.00
Treatment		200.00											200.00
Inter-Group Rent - \$118/month	1,416.00	(354.00)											1,062.00
Web Page		479.76											479.76
Secretary		120.00											120.00
Treasurer		146.00											146.00
Miscellaneous		200.00											200.00
District Picnic & Service Fair		500.00											500.00
Total Expenses	6,261.76	(384.80)	(450.00)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	5,426.96
Total Expenses to Date	(534.80)	(384.80)	(450.00)	(834.80)	(834.80)	(834.80)	(834.80)	(834.80)	(834.80)	(834.80)	(834.80)	(834.80)	(834.80)
Gain/(Loss)	(534.80)	(384.80)	(450.00)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

The Lamplighter

The Lamplighter

In London, England in the late 1800's the major streets were illuminated with gas lamps, and it was the lamplighter's job to light them as night drew near. He would climb his ladder, light the lamp and go onto the next one, and the next one, and the next one, etc. If you were up high enough you could lean out a window overlooking the city below and although you couldn't see the lamplighter you would be able to see where he had been...by the trail made up of all the lights that were turned on.

To me, God is much like that. Often for me it is very difficult to see where God is, however if I am willing to look it's easy to see where God has been.

Wearing Life Like a Loose Garment

Wear Life Like a Loose Garment

"Wear the world like a loose garment, which touches us in a few places and there lightly". St Francis of Assisi.

This AA saying is the only one that conjures up a physical release, a change in sensation of the body and mind. It allows us to create a peaceful space for ourselves, separated from the incessant incoming arrows of uncertainty, fear, anger, unmet needs and other painful perceptions. For this what is painful—perceptions. To wear the world as a loose garment is to perceive things as something the world and life will always press at us and around us, but do not have to touch us but "lightly". Most things are either outside our control or ultimately unimportant. We do not need to grasp, manage, dwell on or react to everything that happens to us, but can choose to keep the "world" at an emotional distance as we do the next right thing. It is an attitude that can relax the body and relieve the mind of poisonous emotions when confronted with people, places or things that beset us.

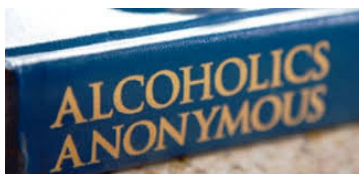
To be in the world but not of it, to live and move through life without being emotionally attached to everything that happens, is to wear the world lightly and be at peace.

"Wearing the world as a loose garment is a metaphor for holding the balance between embrace and detachment, intimacy and autonomy, the present moment and impermanence. In striving for this balance, you discover withinall the help you ever wanted and all the comfort you ever desired."

from Deepak Chopra...

In detachment lies the wisdom of uncertainty . . . in the wisdom of uncertainty lies the freedom from our past, from the known, which is the prison of past conditioning. And in our willingness to step into the unknown, the field of all possibilities, we surrender ourselves to the creative mind that orchestrates the dance of the universe.

Corrections Committee
Tuesday 3/15/22 @ 7pm
Central Office
& Virtual
Zoom ID 847 9072 0153
Password: Correction



Treatment Committee
Saturday 3/12/22 @ 10am
Central Office
& Virtual
Zoom ID 843 7203 8669
Password: treatment

Sobriety Birthdays

Deckhands

Randy T. / 2 Years



Serenity By The Sea

Hannah B. / March 16 / 1 year

Please submit birthdays/anniversaries to district14odaat@gmail.com

Experience
Strength
& Hope

Speakers

What it was like, what happened, and what it is like now.

Rise and Shine Speaker Meeting

1st Sat 8AM

POWERLESS MEETING

Saturdays 8pm

Mar 5

Mar 12

Mar 19

Mar 26

Weekenders

March 13th 5:30pm Mike W. / Deckhands

Primary Purpose-Saturdays 7pm

Mar 5: Jimmy P. / 3rd Tradition & Katie J. / Friday Night Lights

Mar 12: Pat C. / Friday Night Lights & Paul S. / Living Sober

Mar 19: Elizabeth P / PPG & Nate W. / Weekenders

Mar 26: Mason H. / Rule 62 & TBA

INTERGROUP BREAKFAST



The Turning Point Group will be hosting the March 6th

InterGroup Breakfast & speaker meeting.

Am-Vets Post 78 / 910 Valastics Ave.

Valparaiso Fl.

Breakfast starts at 9:30am / \$6.00.

The meeting and speaker @ 11am

UNWIND YOUR MIND
Guided 11th Step Meditation

Wednesdays 7pm CST
In Person
Grace Church
216 Eglin Pkwy NE, FWB

ZOOM
Meeting ID 885 9688 8270
Password: LETGOD

IN PERSON AND NOW VIRTUAL TOO!

The Intergroup is in need of AA groups to be hosts for the Intergroup fund raising monthly Sunday breakfast. Held at the Am-Vets post in Valparaiso Fl. The breakfasts are on the first Sunday of the month starting at 9:30am and the meeting starts at 11:00am. The host group it is provide a speaker and run the meeting.

For more information contact Don H. at (308)258-0764
This is your Intergroup and needs everyone's support.

Eat and Speak



The Young At Heart Group will be hosting the

March 19th Eat and Speak .

AA Speaker / James S.

Alanon Speaker / TBA

First Presbyterian Church 134 Beal Parkway, FWB

The Unwind Your Mind Group will be hosting the June 25th Eat and Speak

AA Speaker / Charlie H. (Las Vegas)

Events

"10th, Annual"
Sunshine Convention
"Three Pertinent Ideas"
May 13 - 15, 2022
 Defuniak Springs Civic Center - 761 North 10th, Street, Defuniak Spgs., FL 32435
AA & AL-ANON SPEAKERS'

FRIDAY:-
 4:00 PM = AA TEXT BOOK MEETING
 6:00 PM = TERRY S. AA Fort Walton Beach, FL.
 8:00 PM = JAMES L. AA Tallahassee, FL.

SATURDAY:-
 10:00 AM = HERB W. (AA) Cherokee, NC.
 1:00 PM = SPEAKERS WORKSHOP.
 3:00 PM = DIANE A. (AFG) Nashville, TN.
 6:00 PM = MIKE A. (AA) Nashville, TN.
 8:00 PM = MARI G. (AA) Ontario, CANADA
 10:00 PM = "TERRY S. COMEDY HYPNOSIS SHOW"
SUNDAY:-
 10:00 AM = JANE D. L. (AA) Tallahassee, FL.
 VOICE = CHRIS R. AA of Defuniak Springs, FL.
 Recording by TERRY R.
ENTERTAINMENT := " TERRY STOKES COMEDY HYPNOSIS SHOW"

ALL MEALS PROVIDED
SATURDAY DINNER "FISH FRY"
BY LARRY B.
Raffle and 50/50
"Seating limited"

FOR MORE INFORMATION PLEASE CONTACT SUZIE B. (850-758-1321)
OR GO TO Sunshineconvention2@gmail.com

Hotel: Econo Lodge (850-520-4691) (MENTION SUNSHINE CONVENTION FOR SPECIAL RATE OF \$79.00 PLUS TAX.)
90 Business Park Rd., DFS, FL.

Registration- please mail the form with your Check to :- Sunshine Convention< P.O. BOX 837, DeFuniak Spring, FL 32432

Sunshine Convention - May 13 - 15, 2022 - Registration

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Name(s) on Badge(s) _____ (AA) _____ (AFG) _____
 Registration \$30.00 till May 6, 2022, then \$35.00 after and at the door all your meals included.
 Make Check payable to Sunshine Convention. Registration: _____ Donation: _____

Country Round-Up
 (25th Annual)
 "Thy Power, Thy Love, and Thy Way of Life."
April 22nd, 23rd, 24th 2022

For more information call: (850) 769-1929; (678) 643-9444.
 E-mail: lynwilkins@gmail.com Mail: 412 Triton St, Port St Joe, FL 32456
 Ag Center 1424 Jackson Avenue (Hwy 90), Chipley, FL
 Registration \$20.00 per person (Due by Fri. 4/1/22) \$25.00 at the door
 Children 12 and under \$5.00

Registration Opens at 3 P.M. Friday

Friday, April 22nd
 4:00 pm Open Discussion Meeting on Bleachers
 6:30 - 7:30 pm. "Pickin & Grinnin"
 8:00 pm. Speaker

Saturday, April 23rd
 6:00 am. Ag center opens
 7:00 am. Early Bird OD Meeting on Bleachers
 9:00 am. Speaker
 10:30 am Old Timers Panel - "Is There Life after Sobriety?"
 1:00 pm. Workshop - "Fear of People and of Economic Insecurity Will Leave Us"
 2:30 pm. Speaker
 4:00 pm. "Pickin & Grinnin"
 5:30 pm. Meal
 6:30 pm. **Raffle**
Amazon Fire Smart TV 55" 4-Series. 4K
 8:00 pm. Speaker
50/50 Raffle to follow speaker

Sunday, April 24th
 6:30 am. Ag center opens
 7:00 am. Early Bird OD Meeting on Bleachers
 9:00 am. Speaker

Speakers:
 Beth H. AA of Destin, FL
 Chuck H. AA of Destin, FL
 Luke B. AA of Dothan, AL
 Darin H. AA of Albany, GA
 Scotty K. AA of USA
 Voice - Patsy W. AA of Dothan, AL

Service Dogs ONLY With Papers!!
 As per Ag Center Rules.
 Thank you for your cooperation.

Super 8 @850-638-8530
 Days Inn @850-415-6484
 *Comfort Inn & Suites @850-415-1111

"pickin' and grinnin'" - Throughout the weekend ya'll come join in.
 Bring your noise makers and join in. All Pickers Welcome!
 Donations of snacks and baked goods would be greatly appreciated.
 Registration Badges are required for entry to all functions. Ag Center closes at 11:00 pm Fri and Sat Evenings

Name: _____ Address: _____ City/State/Zip: _____ Email address: _____ Badge to Read: _____
 AA: Al-Anon; Alateen; AA: Al-Anon; Alateen:

Would you like to include funds for a sponsorship registration?
 Yes
 No
 Sponsorship Registrations are included.

Make checks payable to & mail Registration form to:
Country Round-up, 412 Triton St, Port St Joe, FL 32456 (Due by Fri. 4/1/22)



65th Florida State Convention 2022

Wednesday, August 3rd — Sunday, August 7th
www.FloridaStateConvention.com
 Fort Lauderdale Harbor Beach Marriott Resort and Spa
 Fort Lauderdale, Florida
www.MarriottHarborBeach.com



AA, Al-Anon, and Alateen Meetings and Workshops; LGBT, Spanish Speaking, and Young People's Meetings and Workshops; Friday and Saturday Banquets and Ice Cream Socials; Exclusive Convention Merchandise; Sports Activities including Golf, 2 Mile Beach Walk/Run, Beach Cornhole, and Beach Volleyball; Dances and Entertainment; Marathon Meetings and Old-timers' Meeting; Grapevine, Archives and Out-of-State Archives Displays; Meditation on the Beach and Yoga.

Open Captions and ASL Interpretation at all Speaker Meetings.

GUEST SPEAKERS	
Paulette R. Miramar, FL	Carol "Dr. Fingers" G. ASL Interpreter
Jimmy A. Spring Lake Heights, NJ	Gail L. Akron, OH/Oxford, FL Workshops
Sandy H. Port Charlotte, FL	Cheré F. AlAnon Speaker Puyallup, WA
Rich S. St. Louis, MO	Paul McQ. Belle Harbor, NY
El N. Greenville, SC	Victor V. Springdale, AR
Jerome S. Corona, CA	Ryan K. Bowling Green, KY
Charlene C. Mt. Pleasant, SC	

HOST HOTEL INFORMATION
FORT LAUDERDALE HARBOR BEACH MARRIOTT RESORT & SPA

AAA Rated 4 Diamond Resort
 3030 Holiday Drive, Fort Lauderdale, FL 33316
www.MarriottHarborBeach.com
 800-222-6543 • 954-525-4000

Convention Code: 65th Florida State Convention
 HOTEL RESERVATIONS START ON AUGUST 5, 2021
Hotel Reservation Link:
<https://book.passkey.com/go/65florida>

RATES:
 Standard King/Double \$159.00
 Oceanview \$184.00
 Sunrise/Florida Suite \$335.00

Rates will be honored 3 days before and 3 days after the convention dates, based on availability.

RESERVATIONS MUST BE RECEIVED BY THE HOTEL BEFORE JULY 8, 2022



All rooms are subject to state and local taxes.
THIS HOTEL IS NON-SMOKING.
 Check-in 4 P.M. - Check-out 11 A.M.
 Onsite Parking Rates: \$9/day Self Parking \$19/day Valet Parking