

Alcoholics Anonymous



5th Step 5th Tradition 5th Concept

5th Step Principle - Integrity

IN THIS ISSUE:

MAY 2021

5th Step /Tradition/Concept
Wisdom From a Longtimer
Laughing Out Loud
Intergroup Minutes
Contribution Report
Speakers
Events
Birthdays



The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of **AAWS. AA and Alcoholics** Anonymous are registered trademarks of AA World Services,Inc.

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FROM THE DESK OF LINDA W. AND JERRI S.

We voted at the April, 2021 Intergroup meeting that we will be looking for AA members with 1 day up to 1 year of sobriety willing to volunteer to help our trusted servants with various duties around the office, please have their sponsor to approve being of service, if interested please give Jerri S. a call. It is important to get AA members in service asap for them to feel good about themselves and feel needed.

We still have open shifts at Central Office to answer the phones and various other duties, please call Jerri S. a call to set up an appt. for training, will need 1 year of sobriety and go through an orientation, attached is the updated schedule and all the open shifts needed still no one is working on Friday (3 shifts open), a lot of evenings shifts (4:00pm - 8:00pm) they not being covered. We are hoping these shifts can get covered, we don't want to have to close the central office due to people not being willing to be of service. The Hot Line is not supposed to come into effect until 8:00pm - 8:00am. This means the Hot Line is having to take over earlier than what this was set up for, please be of service and help out another person suffering from alcoholism.

We appreciate all the help we are receiving from our trusted servants working now; it means so much to all our members. It helps with your sobriety and you just might be one who helps a new member through the doors of an AA meeting and becoming a member of AA.

Thanks for allowing us to be of service,

Jerri S - Chair - 850-244-1182 Linda W - Co-Chair - 850-582-7704

"ADMITTED TO GOD, TO **OURSELVES, AND TO** ANOTHER HUMAN BEING THE EXACT NATURE OF **OUR WRONGS."**



EACH GROUP HAS BUT ONE PRIMARY PURPOSE - TO CARRY ITS MESSAGE TO THE ALCOHOLIC WHO STILL SUFFERS." (SHORT FORM)

-5th Step Prayer

MY INVENTORY HAS SHOWN ME WHO I AM, YET I ASK FOR YOUR HELP IN ADMITTING MY WRONGS TO ANOTHER PERSON AND TO YOU. ASSURE ME, AND BE WITH ME IN THIS STEP, FOR WITHOUT THIS STEP I CANNOT PROGRESS IN MY RECOVERY. WITH YOUR HELP, I CAN DO THIS, AND I WILL DO IT.

amen.

CONFERENCE STRUCTURE, WE OUGHT TO MAINTAIN AT ALL RESPONSIBLE LEVELS A TRADITIONAL "RIGHT OF PARTICIPATION, TAKING CARE THAT **EACH CLASSIFICATION** OR GROUP OF OUR **WORLD SERVANTS** SHALL BE ALLOWED A VOTING REPRESENTATION IN REASONABLE PROPORTION TO THE RESPONSIBILITY THAT **EACH MUST** DISCHARGE.

A THOROUGH 5th Step

A confession has to be part of your new life." Ludwig Wittgenstein

In over a decade I was a newcomer that had no sponsor. I heard many people talk about the 4th step as this big evil monster. I was less afraid of looking at myself than I was at sharing myself. I lived in so much self-judgment and self-contempt I was positive if I let my secrets be known I would be cast out of society. No one could ever accept me if they knew the things I had done. This grandiose and delusional thinking centers at the core of alcoholism. Guilt and shame are among the most potent weapons in the hands of my disease. I've heard it said that defects of character grow in the dark but die by the light of exposure. I know it's true because I and so many others have lived it. The way we translate that in the rooms is the saving that we are as sick as our secrets.

What Does Spirituality Have to do with AA?

Spirituality has been around long before AA. Although, Alcoholics Anonymous is not a religious organization many of their practices come from religion, mostly Christianity. A 5th step is a form of secular confession. Confession itself is not unique to Christianity. Jewish, Muslim, Hindu, and Buddhist traditions all practice it. So why is this a must? The big book goes into a more in-depth explanation on this starting with the chapter "Into Action." To summarize, they predict that if we don't do the 5th step, we will drink again. Some may last longer than others, but the rule seems to apply to all. It goes even further and warns the newcomer who does a 5th but still holds on to those "take to the grave" secrets that they will likely drink again as well. I have watched thousands in the last decade be unable to disprove this rule.

How to Make a Connection.

Why is a 5th step so important to recovery. The answer is simple. At the root of the disease is the "Spiritual Malady." This can loosely be defined as a disconnect from ourselves, others and a Higher Power. Everybody has things that happened to them or that they have done that they would not want to be publicized for fear of rejection.

"A Thorough 5th Step" continued on page 3



Harboring that fear and resentment has no place to go but inwards and leads to self-rejection and self-loathing. This internal discomfort or "dis – ease" makes room for drinking and drugging to work its temporary magic and allow us to be okay with ourselves, even for a moment. The chapter on the 5th step talks about the alcoholic who leads a double life, and he lives in fear that others will find out about his doings. This becomes a vicious cycle that feeds the obsession to drink.

How to Make a Connection.

What's the best defense? Transparency! The 5th step may be a singular event in the steps, but the spiritual tool picked up and used daily is transparency. Having no secrets is the key to freedom. I remember telling my first sponsor my "take it to the grave" secret about a sexual encounter that I had that had kept me from self-acceptance.

I'll never forget when he looked at me and said, "That's it?" almost as if I let him down because it wasn't bad enough. I had held that secret for over ten years, and he absolved me of it in less than ten seconds. His non-judgment opened a door. The 5th step opened a door in the wall I had placed between myself and humanity. It was a sponsor sized door. That was the missing piece to the equation.

When he walked out of the 5th step, he left the door and slowly I allowed others into it. Now I have a room full of friends that love me as I am faults, mistakes, defects and all. What could alcohol possibly do for me today? A connection was all I ever wanted and needed.

"A Thorough 5th Step" from: Gatehouse Recovery Community /Ludwig Wittgenstein





Once we have taken this step, withholding nothing, we are delighted.

We can look the world in the eye.

We can be alone at perfect peace and ease.

Our fears fall from us.

We begin to feel the nearness of our Creator.

We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly.

We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.



What is your sobriety date?

September 24, 2009

What is your homegroup?

When/where does it meet? "Busters at Callahans." Daily at 8am Destin, Florida.

Do you currently hold any service positions?

For the past 3 years I was the Asst. GSR. I volunteered for that position because we had a young lady who was willing to volunteer for GSR but she had the "fear of the unknown;" so I told her I would volunteer to 'guide her' as her assistant and show her the ropes.

Did you ever relapse? What happened? What has changed?

What is the most important lesson you have learned in sobriety?

To Love and allow people to be EXACTLY who and where they are cause that is EXACTLY where God has them at this time.

What is your favorite line /phrase from the Big Book?

Page 68....Just to the extent that we do as we think He would have us, and humbly rely on Him, does He enable us to match calamity with serenity.

What is the best piece of advice you received from a "long-timer?"

Upon awakening, "very first thing I do is ask God to get in my head before I do"

What is the best thing you've ever heard in a meeting?

Life is happening "for" me not "to" me

What step was the hardest for you? Why?

Step 2, letting go of lifelong ideas takes Plenty of Practice. I still play around in my head thinking of ways I might need to help God out with myself and some of His other kids. The huge difference today is I Pray asking God to help me Pause waiting for them to ask. Usually this helps me Perform the Purpose of His Plan through my EXPERIENCE ONLY.

What tradition means the most to you?

The only requirement for membership in Alcoholics Anonymous is a desire to stop drinking. ONE similarity we all have!!! We are ALL ONE in the eyes of God!!

What would your sponsor say about you?

I don't know. You would have to ask her.

What advice would you give to a newcomer?

HOW is your life going right now? Are you willing to go to any length? Ok, let's start by praying to God to help us listen and ask Lots and Lots of questions. Listening and Trusting the Process is where we get to watch the Miracles happen.



"I've noticed that all the meetings serve coffee, but not tea. Why is that?"

Old-timer: Alcoholics have a hard time with tea.

Really? A hard time with tea?

Old-timer: "Yes, you know...like humility, sanity, honesty, integrity, responsibility, dependability."

Definition of the infamous 13th step (hitting on a newcomer):

1st step plus the 12th step
My life is unmanageable and I want to share it with you!

Ask an alcoholic what time it is, and he'll tell you how to build a clock.



FROM THE EDITOR

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to: district14odaat@gmail.com by the 15th of each month.

In Love and Service, Terry S. (386)262–6810 district14odaat@gmail.com

a.a. acronyms.

Alcoholics Anonymous~ A Life Centered On Helping Others Live In Complete Sobriety Actions, Not Our Names, Yield Maintenance of Unity and Service.

SPONSOR~ Sober Person Offering Newcomer Suggestions On Recovery

HALT~ Hungry, Angry, Lonely, Tired

DENIAL ~ Don't Even Notice I Am Lying

SLIP ~ Sobriety Loses Its Priority

NUTS ~ **Not Using The Steps**

FEAR ~ False Expectations Appearing Real

FINE ~ Frustrated, Insecure, Neurotic, Emotional

INTERGROUP COMMITTEE MEETING - MARCH 2021

Meeting opened with Serenity Prayer, Traditions 2 and Tradition 9.

Attendance

5 via Zoom.: Kim, Rindy, James S., Michelle, Todd 12 In-person: Linda W., Jerri S., Svott C., Diana C., Nate W., Paul B., Jamie L., Johnny C., Don H., James S., Linda L., Patrick McD., Josh W., Greg S., Terry S., Scott K.

Committee Reports

Secretary's Report / Diana C.- Read and accepted **Treasurers Report / James S.** - \$1,000 transferred out of prudent reserve to cover any costs. Current balance \$2,173.10. Prudent reserve at \$814. Donations needed. Report accepted.

Book Fund Report / Jerry S. – Details of report read. February balance \$4,683.03. Current balance \$3,534.65. Report accepted.

Chairpersons Report / Jerri S. – Need a ODAT Chair, Breakfast Meeting Chair, IG Webservant, and Trusted Servants. Lost 2 trusted servants.

Co-Chairs Report/ Linda W. - Cox 3-year contract up on 8/23/2023.

DCM Report / Patrick McD. – Need Literature Chair & Corrections Chair. List of groups not in existence. Going to meetings and encouraging groups to get group meeting numbers. Report accepted.

AA Hotline Report/ Terry S. - 96 calls, 85 calls between 8-8. At 89% during office hours. Hoping to be fully staffed next month.

Old Business

- Do we want to continue having zoom as part of the Eat
 & Speak meeting? Tabled to June 30
- Do we want a circle triangle sign out front? Tabled for now, funds are low.
- Do we want to charge \$0.10 for printing for nonintergroup printing? Voted yes.
- Do we want to charge for printing?
- 1 copy of each report/flyer for IG meeting then those who need a copy, make a copy. **Voted yes.**
- 20 copies of the ODAT each month for distribution.
 Voted yes.

New Business

- Don H. nominated for Breakfast Chair & Josh nominated for Co-Chair. Voted yes on both. Busters to host in May.
- Terry S. nominated for ODAT. Voted yes.

New Business (cont.)

Rindy McD. nominated for IG Webservant.
 Voted yes.

Transfer of phones by Trusted Servants isn't working out well. Jamie to try to help those that don't know how.

Group Reports

Weekender's / Linda W. - Sunday 5:30pm FWB, inside. Deanne from Milton speaking on 3rd Sunday of this month.

Straight Up Group / Don H. – M W F 12pm Alano Club. Business meeting on Wednesday.

Mossyhead Community Group / Johnny C. -

Wednesday 7pm & Sunday 6pm. Celebration the last Sunday of month. Fellowship 5pm. Eating 5:30pm. Russ B. speaker at 6pm. Chocolate cake, chocolate covered strawberries and free parking!

Unwind Your Mind / Terry S. – Wednesday 7pm, Alano Club, Guided 11th Step Meditation Candlelight meeting.

Primary Purpose / Rindy McD. – Thu & Sat 7pm, Journey Pure, FWB, Back outside March 6th. Thursday step meeting/Saturday 2 speaker meeting.

Shoulder to Shoulder / Diana C. – M W Fat 6:30 am Clement Taylor Park, Destin.

Sparkle Meeting / Linda L. – Sunday 6:30pm Unity Church, FWB, inside, some masks, chairs spaced, separate zoom meeting.

Deck Hands / Phil - Meets 7 days a week at 8am at Niceville Skatepark.

Turning Point: Josh W. – Tuesday, Thursday & Saturday at the Triangle House in Crestview. 5-10 in attendance. 2nd Saturday of the month is an eat & speak.

Busters for Sobriety: Michelle M. – 7 days a week at 8am at Callahan's in Destin. 10-15 in attendance on weekdays, up to 40 on weekends.

Early Risers: Scott K. 6 days a week (no Sunday meeting) at 7am at St. Augustine's Church.

Hurlburt Field Meeting: Scott K. – M W F on Hurlburt, meeting back in person and zoom (hybrid).

Navarre Fellowship: Scott K. – 7 days a week at noon at St. Augustine's Church.

Stools & Bottles: Scott K. – 5pm Sunday at St. Augustine's Church.

Miracle Group: Todd – Tuesday at 8pm at St. Mary's Church. 10-15 in attendance. Speaker on 1st Tuesday of month.

Meeting adjourned at 8:04pm.

District 14 Intergroup Treasurer Report February 2021

District	1	4 Intergro	up Treasurer Report			
		March 202	21			
A summary of Central Office f	ina	nces for the	month is presented below:			
March 2021			March 2021			
Income			Group Contribu	tions		
Group Contributions	\$	740.71				
Intergroup Breakfast (After Rent)	Ť			-		
Quarterly Eat & Speak Income						
GSC/Dist Rent (2 months)						
Conf Room Rent	\$	20.00				
GSC Copier Use			Weekenders	\$	204	
Transfer from Book Fund			HFDL	\$	300	
Transfer from Prudent Reserve			Mossyhead Group	s	50	
Total income	\$	760.71	Turning Point Group	\$	136	
			There is a Solution group	\$	50	
Expenses						
Quarterly Eat & Speak Expenses			Total*	\$	740	
Bank Charges	\$	2.99				
Cable TV	\$	202.68	Quarterly Eat & Speak Summary		y	
Copier						
Electricity	\$	281.34		- 3		
Internet				9		
Office Supplies & PO Box Annual	\$	43.50	*			
Building Maintenance			Net Income**	\$	8	
Rent	\$	766.27				
Other Events (Traditions workshop)						
Total Expenses	\$	1,296.78				
Previous Balance (@ Bank Stmt)	\$	1,358.88				
Income - Expenses	\$	(1,296.78)				
New Checking Balance(as of 4/19/202	\$	3,001.29				
Prudent Reserve (Savings End Bal.)	\$	814.22				
Current Total	\$3,815.51					

March 2021					
Year-to	D-D	ate Gro	up Donations to InterGroup		
727466 (Group #)			Navarre Fellowship Group		
87 Stools "and" Bottles Group			Niceville Group		
Aaction Meeting			On Awakening Group	\$	540.00
Beautiful Downtown Baker Group		8	Page By Page Meeting		
Brown Baggers Group	\$	1,037.22	Powerless Meeting	\$	54.00
Buster's For Sobriety Group	\$	1,480.00	Promises Group		
But for Grace		0	Red Door Group		
Care Group	\$	200.00	Rise & Shine Group	\$	311.00
CAYA (Come As You Are)			Rule 62 Group	\$	50.00
Chain Gang AA Meeting			Sat Night Live Meeting		
Corpus Christy Group			Saturday Night Serenity		
Cover to Cover Group			Second Chance Group		
Crestview Mon Night BB			Serenity by the Sea		
Crestview Southside Group	4	- 7	Serenity Group (Friday night)	\$	50.00
Daily Reflections Group			Southside Group		
Deckhands Group	\$	400.00	Sparkle Group		
Dedication Group		7	Straight Up Group		
Destin Group		· ·	Sunday Sunrise Beach Meeting		
Destin Saturday Night Group			Sunday Sunset BB Study Group		
Early Risers - Navarre	\$	574.81	Third Tradition Group	1	
Faith Group of Crestview	\$	10.00	There is a Solution	\$	75.00
First Things First Meeting			Thursday Night Ladies 12 & 12		
Freeport Troublemakers Group			Traditional Group		
Group 488165			Turning Point Group	5	175.00
Happy Hour Group		9	Twin Cities Group		
Honesty Group			UBU Meeting		
Hurlburt Field, Chapel Group			Unity Group		
Ladies Drop the Rock Closed Mtg			Val-p Home AA Group 161944		
Ladies Friday Night Group (Candlelight)		2	Wed. Women in Recovery Group	5	132.75
Lakeview Group			Weekenders Group		
Lakeard Awakenings Meeting			Women's Meeting		
Living Sober Group (Candlelight Group)	\$	100.00	Women's Primary Purpose Group	\$	50.00
Lunch Bunch Group			Women's Spiritual Axiom Group		
Men's Group			Women's Sunshine Sisters Meeting		
Miracle Group			Young at Heart Meeting		
Mossy Head Community Group	\$	40.00	Totals	\$	5,279.78

•• Is your group represented? ••• Get involved and become "part of."!

Next Intergroup Meeting:

May 17th 6:30 PM

Central Office

and on Zoom

www.zoom.us

ID: 854 8645 8921

Password: service

Next GSR Meeting:

May 3rd 6:30 PM

Central Office

and on Zoom

www.zoom.us

ID: 8217 546 8660

Password: district

AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT

Date: April 05, 2021

District 14 GSR Officers Present

DCM: Patrick McD. Alt. DCM: Dawn O Treasurer: Sarah O Secretary: Brad A

SERVICE COMMITTEE CHAIRS PRESENT

Corrections: Vacant Treatment: Vacant Web: Diana C for Scott C Intergroup: Jerri S Grapevine: Not present PI/CPC: Paul B Archives: Jerri S for Suzie B Literature: Vacant MEETING

The meeting was opened with the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. 25 attendees. 19 in person. 6 on Zoom.

DISTRICT 14 OFFICERS REPORT

New GSR's: Jim D- Busters for Sobriety Adrian B- On Awakening

New Alt. GSR's: None

New Service Positions: Jasmine V (Rise & Shine)- Treatment Committee Don H (Straight Up)- IG Breakfast and 1/4ly Eat & Speak Terry S (Unwind Your Mind)- ODAT Editor and CO Hotline

Secretary: Brad A read the minutes from February. The report was accepted.

Treasurer: Sarah O delivered Treasurer's report from February. The report was accepted.

DCM: Patrick McD reports attending Area Conference, IG Breakfast, several local meetings. Presented group feedback pertaining to pre-conference literature at Area. Continues to encourage GSR's to get involved and those groups without, get a GSR. Area Committee Agenda reports as follows:

Literature- (Jamie L) Nothing approved regarding changes.

Archives- (Krista H) 2 items: 1. Booklets for archives: Asked for Oldtimers interview sheets. 2. Add AA history 1955- to date: Voted not to prudent use of funds. Recommended present to Literature committee in future.

Policy & Admissions- (Steven J) Meeting Site: Keep in Brooklyn. Online groups: GSO want brick and mortar registration building. Create virtual Area?

PI/CPC- (Linda W) CPC: Professionals to get resumes for trustees online. Create mental health pamphlet to professionals, agree there is a need. Create a virtual CPC kit along with a hard copy. Draft update on pamphlet good as is. PI: Public outreach chairs within Districts. Discussed digital updates to pamphlets, Apps, podcasts. Update pamphlet language create wallet card (something brief). PSAs deemed inclusive. Support surveys being more inclusive, keep surveys short, group to DCM to Area to GSO presentation.

Finance- (Tod W) Donation graph deemed confusing. Use suggested or create a watermark for donation graph. Increase one time maximum donation (upon death), currently \$10,000.00.

Increase annual maximum per person donation, currently \$5,000.00. Google- AA qualifies for grants for advertisement, would increase search results, free ads. Concerned violates

Traditions. Clubhouses donate to GSO? Declined, contrary to Traditions.

Agenda- (Jaime F) Name for AA platform on Zoom?

Trustees- (Chris R) Statement of concern from delegates regarding motion to censure in lieu of general manager's resignation and over budget spending (prudent reserve) on construction project. Motion to censure regarding funds transparency, management of funds. Review how things have changed since then. Create guidelines to restructure GSO, Board, etc. proposed, under review.

GSR report was accepted.

Alt. DCM: Dawn O reports attended Area Assembly via Zoom. Attended PI/CPC and Literature Committees. Area Literature Agenda report: Working on adapting conference approved literature to video for online presence. BB appendices and stories in the back of the book being updated. Like to update approximately every 20 years. Draft for 4th edition Spanish BB in process. Updating pamphlets (AA group, Service sponsorship, Spanish speaking women regarding existing cultural issues in print, etc.), Proposed illustrated 12 Traditions pamphlet. Dawn is seeking volunteers for ad hoc committee for review and revised version of District 14 Guidelines and Policies.

Alternate GSR report was accepted.

SERVICE COMMITTEE REPORTS

ARCHIVES: Jerri S for Suzie B (Chairperson) reports Continued work being performed on archives room. Interpretation of the Lord's Prayer available.

CORRECTIONS: No Report. Adrian B stood for Corrections chairperson position. Unanimous vote. Elected.

GRAPEVINE: (Chairperson) No Report. Need Chairperson.

LITERATURE: No Report. Need Chairperson.

PI/CPC: Paul B(Chairperson) PI/CPC has check for District.

TREATMENT: Jasmine V (Chairperson) reports: The Treatment Committee meets the second Saturday of every month, 10:30am at central office and on a zoom meeting online concurrently. Experiencing low attendance. Need for updated contact list. 12 Oaks up and running. Covid guidelines being explored. Getting the meeting figured out. Need volunteers to carry the message. Meeting on Sunday, Monday, Tuesday, and Wednesday. Chairperson plus three volunteers. April 10th is next meeting.

WEB: Diana C for Scott C (Chairperson) reports one inquiry on website seeking meeting schedule.

INTERGROUP: Jerri S (Chairperson), Co-chairperson- Linda W, Secretary- Diane C., James S Treasurer, Breakfast Chairperson- Dan S., Alkathon Chairperson- Don H., Book Fund Chairperson- Paul B, Web- Open. Jerri S reports The IGs main purpose is to help other alcoholics find AA meetings and assist newcomers in the recovery program of AA. Trusted servants needed. TS applications are available. Too many open shifts at CO. TS are not using the backup list to call if not coming in. No coverage, she will not continue to fill in. Low on money, CO may need to think about closing some days. The Faith Group hosted April IG breakfast. Good turnout with Donald speaking. Thanks to those who supported. See calendar for open shifts.

OLD BUSINESS

None.

NEW BUSINESS

Greg B motioned to accept Terry S proposal to include minutes from District 14 meeting in the monthly ODAT. Motion was approved. Terry S stated he will keep named individuals in the meeting minutes anonymous.

Patrick McD and Dawn O suggested service fair as part of District picnic with service committee representation. Would offer information about service commitments. Tradition meeting. 50th Annual Gulf Coast Roundup is February 11-13, 2022. "Golden Anniversary" info at www.GulfCoastRoundup.com

AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT

GSR REPORTS

Beautiful Downtown Baker: Rusty (GSR) Meets at Masonic Lodge 5822 Hwy. 189 N. Saturday 7pm. BB-OD. Average attendance. No Report.

Busters for Sobriety: Jim D reports Meetings daily at 8am. OD. Callahan's Restaurant, 791 Harbor Blvd., Destin. Attendance: 15-25 weekdays. 50+ Sat & Sunday. Masks encouraged but not required. Birthdays: He has one every year ② New GSR Jim D.

Deckhands: Louise B (GSR) Meets 8-9am OD. 365 days. 200 Campbell Dr. (Niceville Skatepark) Average attendance 15-20. Hosting Zoom meeting (info on Intergroup website) and live meetings 8-9am 7 days a week behind establishment. Meeting inside if raining for up to 12 people. Birthdays: None.

Early Risers: Greg B (GSR) Meets at St. Augustine's Episcopal Church Hwy 98, Navarre. Mon-Sat at 7:00am and Wednesday at 5:30 pm. M(GV)/W(BB)/F (12&12) are Literature meetings and Tues/Thurs/Saturday is Open Discussion. Zoom meeting info:Meeting ID 394585057. Passcode 991133. Avg. attendance 14. Birthdays: Larry 26. Mike 7. Homer 17. Sonya 4.

Faith: Jerome F. (GSR) Casey H. (Alt. GSR) Jeff M. (Treasurer) Jerome reports: Meets Sundays, Wednesdays, and Fridays at 8pm at the FEW Serenity Triangle House, 704 E. Robinson Avenue in Crestview. OD. First Friday is Eat(7pm) and Speak(8pm). Masks are optional per Board of Directors. Averaging 9-15 per meeting. Birthdays are celebrated the last Friday of the month with cake and ice cream. Birthdays: None. No Report.

Friday Night Lights: Steve J (GSR) Meets Friday 7-8 pm. at Christ the King Episcopal Church, 480 N. Co. Hwy 393, SRB. and Meeting on Zoom ID# 833-3031-8890 password 640436. Closed meeting. Conference approved literature-based discussion. 20-25 attendees. CCD guidelines are observed. If attending in room, please wear a mask. Social distancing being observed. Bring your own beverage. Birthdays: Tim A. 34. Justin B. 10

Men's Group: Wes P (GSR) meets Thursday 7 pm. Meeting inside. Average attendees. Mask optional. No Report.

Miracle Group: Jaime F (GSR) meets Tuesday at 8:00pm at St. Marv's Church 165 Coral Drive SW, FWB. Open Discussion from the BB.Speaker first Tuesday of every month. Birthdays celebrated last Tuesday of month. Birthdays: Meeting live and on Zoom meeting every Tuesday at 8pm. 15-20 average attendees in person. 2 on Zoom. Zoom Meeting ID 524833283.

Monday Night Big Book: 7pm.90-minute meeting. Birthdays: No Report.

Mossy Head Community Group: Chris R (GSR) (Alt. GSR.) Meets Wednesday at 7:00 and Sundays at 6pm. Mossy Head Community Center. Birthdays celebrated last Sunday of month. Business meeting/group conscious last Wednesday of the month. Wednesday and Sunday meeting in person. Masks suggested but not required. Last Sunday of the month 5pm dinner, cake, and 6 pm speaker. 8-15 attendance. Birthdays: No birthdays = No eat and speak.

On Awakening: Adrian B (GSR) Meets 8am daily. 7 days/week. OD. Camel Club, Santa Rosa Beach. 50 people avg. Reports monthly business meetings. New GSR Adrian B.

Primary Purpose: Krista H (GSR) Patrick McD (Alt. GSR) Meets every Saturday night at 7:00pm at Journey Pure, 348 Miracle Strip Pkwy. It is a (2) 30-minute speaker meeting. Meeting ZOOM ONLY until March dur to COVID-19 and weather. Avg. attendance 40. Thursday meeting 7pm. Step meeting. Speaker for 15 minutes then open discussion. Step Meeting is closed. Avg. attendance 10-15. Hybrid meeting. Good turnout for speakers Chip B. and Julie. Held business meeting.

Primary Purpose Women's Group: Closed meeting. Meets at John Horton Road. Tuesday 7pm Closed Discussion. Thursday 7pm Step Study/BB Study. Attendance Tuesday 8-10, Thursday 2-4. Birthdays: No Report.

Rule 62: Spike L (GSR) Meets 7 days/week 6:30am. Birthdays: No Report.

Second Chance: Robby F (GSR) OD> Meets Friday 8pm. 12381 US Hwy 98, Miramar Beach, Live Chapel next to Haven House Thrift Store. 30-40 avg. attendance. Last Friday is speaker meeting. Birthdays:No Report.

Serenity Group: Dilene S (GSR) Meets every Friday night at 8:00 pm at Trinity United Methodist church in Ft Walton Beach. Attendance avg. The birthday meetings are the last Friday of the month and they always have homemade cake. Birthdays: No Report.

Shoulder to Shoulder: Diana C. reports meeting MWF 6:30 -7:30 AM at Clement Taylor Park. Birthdays:

Sparkle Group: Veronica F. (GSR) (Alt. GSR) Meets Sunday 6:30 pm at Beachside Church, Racetrack Road. Average attendance: 10. Plenty of space. No mask required.

Hybrid meeting. Birthdays: No Report

Straight Up Group: Dan W (GSR) Jeri S (Alt GSR) Don H (IG) Rusty D. (Treasurer). meets at Alano Clubhouse, 52 Beal Pkwy., FWB. Monday, Wednesday, Friday, 12pm.

OD from BB. 20-25 attendance. Masks required. Birthdays: Dan W. Rusty. Don H. Randy. Performing group inventory

There Is a Solution: April Grounds (GSR) meets M/W 5:30 pm. 200 Campbell Drive (Skate Park), Niceville. OD. Birthdays celebrated last Monday of the month. Birthdays: No Report.

Third Tradition: Eric V (GSR) Meets at Shalimar United Methodist Church, 2 Meigs Drive, Shalimar FL. outdoors Monday and Wednesday at 8pm. Monday 12n12 study, Wednesday Big Book study. 10-15 attendees. Meeting inside now. New parking location behind the back of the building. Follow sign to meeting location.

Traditional Group: Paul (GSR) meets M_F 7pm at Presbyterian Church, 1063 Circle Drive, Defuniak Springs. OD. BB.Birthdays: No Report

Turning Point: Tod W. (GSR) Zach (alt. GSR) meets at the Tringle House 704 Robinson, Crestview, 8pm. Tuesday-BB, Thursday-12X12, and Saturday-OD. Meetings are both in-person and on Zoom. Attendance: 12-15. Saturday attendance 20s. Second Saturday of the month is Eat and Speak meeting. No birthdays.

Unity: CJ (GSR) Meets every Tuesday and Thursday at 12pm and Sunday night at 8:00pm at the Alano Club 52 Beal Pkwy. FWB. OD. Avg. att. 6-7 members. Birthdays: none. No Report.

Unwind Your Mind: Paul B (GSR) 52 Beal Pkwy. Wednesday 7pm. Open meeting/meditation. Candlelight. Step 11. 10-minute meditation followed by discussion.

Attendance: 5-6.

Weekenders: Jamie L (GSR), Linda W (Alt GSR) meeting inside Sundays at 5:30 pm at 333 E. Lewis St in Ft. Walton. Birthdays: None. Speaker meeting the third Sunday of the month at 5:30. Sarah Ospeaking.

Young at Heart: Scott (GSR) Diana (Alt. GSR). Meets at corner of Beal Pkwy. & 1st St. First Presbyterian Church, Tues 7pm. Open Meeting. Traditions/BB. Last Tuesday is birthday night. Birthdays: None. No report.

CLOSING

Meeting closed with the Lord's Prayer.



Turning Point Group Zach P. / 1 Year Dell B. 5 Years <u>Sparkle Group</u> Mary N. May 24, 1987 Jennifer R May 20, <mark>2019</mark> Weekenders
David W May 19, 1986
Marcia McK May 13 1991
Nate W May 22, 2019





Weekenders May 16th 5:30 PM

Brad A. (Miracle Group)

Primary Purpose
May 1st - 7pm

Pamela/Busters Martin/Weekenders

May 8th - 7pm
Natalie L./Busters
Clinton J./Friday Night Lights

May 15th - 7pm Jen Randy/Busters

May 22 - 7pm Nate/Weekenders TBA

> May 29 - 7pm TBA



Intergroup Breakfast/Speaker Meeting



HEAR YE! HEAR YE!

On June 6,2021

Our Area 1 Delegate - Ruth C.

Will be sharing the news about our area. So mark your calendars now.

ALL ARE WELCOME

AA members, GSR'S, ALT GSR'S, Officers and Committee Chairs.

Located at the AM Vet Post 78 910 Valastics Ave - Valparaiso Fl. 32580

Breakfast from 9:30-10:30 for only \$6.00

Hosted by District 14 Officers, GSRS and Committee Chairs.

Please come out and support your District 14 and Area 1.





PROGRAM & ACTIVITIES

Family Workshops ■ Young People Meeting ■ Golf Tournament ASL Interpreting ■ LGBTQ Meetings ■ 5k Run/Walk

Ice Cream Socials ■ Dances and Entertainment ■ Marathon Meetings

Spanish Speaking Meetings ■ Grapevine ■ Archives Room

Old Timers Meeting Meditation Meetings Al-Anon

Convention Merchandise ■ Photo ops with our CoFounders Bill & Dr. Bob ■ Yoga



Guest Speakers:

Steve V. - Jacksonville, FL

Heather G. - Louisville, KY

Polly P. - Jacksonville, FL

June G. - Los Angeles, CA

Robyn G. (AFG) - Winston-Salem, NC

Ron B. - Riverview, FL

Charlie C. - Los Angeles, CA

Ken D. - Los Angeles, CA

Host Hotel Information

Hvatt Regency Jacksonville Riverside 225 East Coastline Dr. Jacksonville, Florida 32202 (904) 588-1234 = 1-800-492-8804

https://www.hyatt.com/en-US/group Rates:

Standard King/Double \$134.00

Suites \$149.00 to \$259.00

Discount Rate Code: G-AAFL Rates will be honored 3 days before and 3 days after the convention dates, based on availability. All rooms are subject to state and local taxes.

This Hotel Is Non-smoking

Designated smoking areas will be provided

Advance Deposit of first night's room and tax are due at

Check-in 3 P.M. — Check-out 12 P.M.

Parking Rates: \$12/day Self Parking \$17/day Valet Parking



@ Hilton-Sandestin Beach and Golf Resort *

Sept. 3rd - Sept. 6th 2021

Friday September 3

6:30 a.m. Beach Meeting 4:00 p.m. Open Registration 7:30 p.m. Raffle Drawing

8:00 p.m. Paula P. Champaign, IL

Saturday September 4

6:30 a.m. Beach Meeting 10:00 a.m. Golf Scramble (paid participation)

11:00 a.m. Open AA Meeting

6:00 p.m. Linda S. Redondo Bch, CA. (AFG)

7:30 p.m. Raffle Drawing

8:00 p.m. Kurt Z. Manhattan Bch. CA. (AA)

Sunday September 5

6:30 a.m. Beach Meeting

9:45 a.m. Workshop TBA 12:00 p.m.BrownBagger's Meeting (Camel Club)

1:15 p.m. Speaker Appreciation Lunch (CC)

6:00 p.m. Lori G. Oklahoma City, OK (AFG) 7:20 p.m. Silent Auction Closes/ Golf Awards

Presentation

7:30 p.m. Raffle Drawing

7:50 p.m. Sobriety Countdown

8:00 p.m. Paul G. Brecksville, OH. (AA)

Monday September 6

10:00 a.m. Christina G. Brecksville, OH. (AA)

To register, visit www.summerserenityatthebeach.com or mail registration form and payment to P.O. Box 6176, Miramar Beach, FL 32550. Make checks payable to SSATB

> Registration Fee: \$50 single / \$90 couple \$55 single / \$100 couple after 8/1, Golf fee (\$60 per player)

Name:		
Name: Additional Registran	t:	
Address:		
City:	State:	Zip:
Email:	Additional Email:	

https://www.hilton.com/en/hi/groups/personalized/D/DESHIHF-SSB-20210903/index.jhtml?WT.mc.id=POG

A Step Poem

I took **Step One**, began to moan I can't do this one on my own. I took **Step Two**, began to pray Restore me God, please now, today. I took **Step Three**, gave up my will Maybe God could love me still. I took a **Fourth**. I looked inside Nothing more would I hide. And on the **Fifth**, I said aloud I've done some wrong, and I'm not proud. I took **Step Six**, and got prepared

To lose the defects, I was scared.

Now I am at **Seven**, take them away My God, for this I do pray. And on an **Eighth**, the list was long Amends to make for all the wrongs. I took **Step Nine**, put down my pride Amends made, I will not hide. **Step Ten** I take, each day I pray I make amends along the way. And on **Eleven** I pray to know Each day His will, which way to go. I take Step 12, I'm like a bird To others now, I spread the word.