



SEPTEMBER 2021

Area 1 District 14 Newsletter

LOVE

9TH STEP

“MADE DIRECT AMENDS TO SUCH PEOPLE WHEREVER POSSIBLE, EXCEPT WHEN TO DO SO WOULD INJURE THEM OR OTHERS.”

9th Step Promises

“If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.” Alcoholics Anonymous page 83

9TH TRADITION

“A.A., AS SUCH, OUGHT NEVER BE ORGANIZED; BUT WE MAY CREATE SERVICE BOARDS OR COMMITTEES DIRECTLY RESPONSIBLE TO THOSE THEY SERVE.”

9TH CONCEPT

GOOD SERVICE LEADERSHIP AT ALL LEVELS IS INDISPENSABLE FOR OUR FUTURE FUNCTIONING AND SAFETY. PRIMARY WORLD SERVICE LEADERSHIP, ONCE EXERCISED BY THE FOUNDERS, MUST NECESSARILY BE ASSUMED BY THE TRUSTEES.

FORGIVENESS

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God, I pray for the right attitude to make my amends, being ever mindful not to harm others in the process. I ask for Your guidance in making indirect amends. Most important, I will continue to make amends by staying abstinent, helping others, and growing in spiritual progress.

National Recovery Month 2021

National Recovery Month (Recovery Month) is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

Area 1 District 14 Intergroup
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(850) 244-2421
www.fortwaltonbeachaa.org



FROM THE DESK OF LINDA W. AND JERRI S.

Needed Central Office Trusted Servants

(minimum of 1 year sobriety required.) When a suffering alcoholic picks up the telephone you can be there to lighten the load. Back up and regular shift workers are needed. There are 4-Hour shifts: 8a-12pm, 12p-4p, and 4p-8p. Applications are available at the Central Office. Please help us by adding your name to the list. For further information call the Central Office at (850) 244-2421 if you would like to be a part of this valuable service work. Whatever service you do will help your recovery.

OPEN SHIFTS: Sunday 8a-12p, Monday 12p-4p, Every other Tuesday 4p-8p, Saturday 12p-4p and 4p-8p.

Eat and Speak: August 1st we had a great turnout for the speaker meeting at AmVets. Thank you, Straight Up Group for hosting. Special thanks to all involved.

SIGN that reads DISTRICT 14 CENTRAL OFFICE was placed on the marquee at the end of the parking lot. The sign will be visible from both sides. Flat rate of \$400 one-time only.

Thanks for allowing us to serve you.
Thanks to everyone for all the service to our district.

aadistrict14intergroups@gmail.com

Jerry S. (Chair Intergroup) - 850-244-1182
Linda W. (Co-Chair Intergroup)- 850-582-7704

**TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
EMAIL : DISTRICT14ODAAAT@GMAIL.COM**



Step 9



“MADE DIRECT AMENDS TO SUCH PEOPLE WHEREVER POSSIBLE, EXCEPT WHEN TO DO SO WOULD INJURE THEM OR OTHERS.”

So what is Step Nine of AA Alcoholics Anonymous? Step Nine is that biggie step, the one we likely have created some anxiety over because it involves making amends. It is suggested that we make direct amends to people whenever possible. What does that mean?

There are three kinds of amends:

Direct Amends – taking personal responsibility for your actions and confronting the person who you would like to reconcile with.

Indirect Amends – finding ways to repair damage that cannot be reversed or undone by doing things like volunteering and helping others.

Living Amends – when you show others as well as yourself that you have made a genuine lifestyle change and are making a commitment to yourself and those that you have hurt that you will & have discarded your previous destructive behaviors.

We have already begun making amends to ourselves by changing some of our behaviors, attitudes and beliefs. The part of the amends process whereby we change ourselves has an effect on everyone around us and goes on long after we've spoken directly to someone we have harmed. When it comes to making amends to others, there are usually a lot of fears and expectations involved. We may be afraid about making financial amends, or afraid of rejection, retaliation and a host of other doubtful outcomes. However, making amends doesn't always have to be a nerve-racking, dreadful or joyless experience. In fact, maybe you'll find that you feel excited about the possibility of healing a relationship or happily anticipating the relief you will feel after having made a particularly scary amends or even paying off a debt. There is freedom that is gained by cleaning up the past, a freedom to live peacefully in the present.

To keep things as simple as possible, you can get your head in the game by focusing on the purpose of the Ninth Step. Keep in mind the three concepts or “The Three R's” of the Ninth Step that are associated with making amends:

Restoration, Resolution and Restitution.

Restoration means bringing something back to its former state, usually things that have been damaged. This can mean restoring our reputations, and even restoring trust in a relationship.

Resolution as recovering addicts, means we likely have past experiences that plague us or disturb us in some way. Finding a resolution to these problems means coming up with answers and solutions and laying them to rest.

Restitution as it relates to the Ninth Step is the act of returning something material (or abstract) to its rightful owner.

Our sponsors can help us explore each of these concepts so that we gain perspective on the nature of our specific amends and stay focused on what we're supposed to be doing. The key is that we keep the focus on ourselves and our “side of the street,” so to speak.

Even though we may be eager to rip the Band-Aid off and get an amend over and done with, it's important that we are not impulsive or careless as we attempt to make amends! Some thought and planning needs to go into it for the best possible outcome. On the flipside of the same AA coin, it is equally important that you don't procrastinate making amends. Why? Because, based on experience, many recovering individuals have relapsed when they allowed their fears to keep them from doing Step Nine. Dr. Bob, one of our original founders could not stay sober until he went around town and made amends to all those he had hurt. (jasonwahler.com)

“The readiness to take the full consequences of our past acts, and to take responsibility for the well-being of others at the same time, is the very spirit of Step Nine.”

– Twelve Steps and Twelve Traditions, p. 83

“HUMILITY LEADS TO STRENGTH AND NOT TO WEAKNESS. IT IS THE HIGHEST FORM OF SELF-RESPECT TO ADMIT MISTAKES AND MAKE AMENDS FOR THEM.”

– JOHN. J. MCCLOY–

Laughing Out Loud



AA is the biggest 'Lost and Found' department in the world.

A drunk goes in a bar and asks for a shot of whiskey. The bartender pours it and the drunk pushes it aside and asks for another shot of whiskey. The bartender pours it and the drunk drinks it. The bartender says, "I watched what you did and I don't understand why you pushed the first one away and drank the second one!" The drunk stated, "I've been going to those AA Meetings, and they said **WHATEVER YOU DO, DON'T TAKE THAT FIRST DRINK!!!!**"

AA is like an adjustable wrench. It fits every nut.

***How many members of Alcoholics Anonymous does it take to change a light bulb?
Only one, but the bulb has to want to change.***

Heard in a meeting...



In recovery, life can be as bad as I make it...
or as good as I let it be.

ADMITTING I WAS POWERLESS OVER ALCOHOL WAS THE SINGLE MOST EMPOWERING THING I HAVE EVER DONE.

AA has given me the life I never knew I always wanted!

"IN EXCHANGE FOR A BOTTLE AND A HANGOVER, I HAVE BEEN GIVEN THE KEYS TO THE KINGDOM."



FROM THE EDITOR

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to : district14odaat@gmail.com by the 15th of each month.

In Love and Service,
Terry S.
(386)262-6810
district14odaat@gmail.com



What is your sobriety date?

June 26, 1988

What is your homegroup? When/where does it meet?

Busters for Sobriety at Callahan's - Callahan's Restaurant in Destin - 7 days a week at 8:00am

Do you currently hold any service positions?

Not currently - I do chair my home group every 2 or 3 months, and try to take a coffee commitment as well.

Did you ever relapse? What happened? What has changed?

No - I did what I think of as "drive by AA" from 1983 to 1988 (going to treatment to get out of trouble, etc) but never participated in recovery - so I don't consider relapses to be part of the story, because there was never any recovery to begin with. I don't think you can relapse from something you never had in the first place. I never expected to see age 30 - at 29 1/2 I realized I probably wasn't going to die any time soon - and living another 40 or 50 years the way I had been living scared me. I realized that whatever the AA people were doing was working, and "AA as modified by Beth" was not - so on June 26, 1988 I made a conscious decision to try doing EVERYTHING that AA suggested - I have been sober ever since.

What is the most important lesson you have learned in sobriety?

To "be where my hands are" - God is in the present - if I am in worry (fear about the future) or remorse (guilt about the past) I am not in the present - I can't be in two places at once - the book says it best - we have to be careful not to drift into remorse or worry, or we squander time that might otherwise have been worthwhile. I try to carry the sense of God's presence with me always.

What is your favorite line /phrase from the Big Book?

One of the promises after Step 5: We can be alone at perfect peace and ease - I was never able to do that before I got sober.

What is the best piece of advice you received from a "long-timer"?

I was wrestling with a decision in early sobriety - my great-grandsponsor asked me "do you need to know right now?" - "if not, why don't you keep doing what you're doing, and see what it looks like when you get there" - that was a completely foreign idea to me - it changed the way I looked at things - it's really another way to say "be where your hands are"!

What is the best thing you've ever heard in a meeting?

Too many to count - I got sober in a meeting that read a whole chapter of the Big Book every day - preface/forwards one day, the Doctors Opinion the next, Chapters 1 thru 11, then start over - so I HEARD the first 164 pages of the book every 13 days - and was surrounded by people who read it and did what it said. I DO have one favorite quote though - Scott R used to say "I have to remind myself that most of my problem areas WEREN'T EVEN AREAS when I got sober!!"

What step was the hardest for you? Why?

Probably steps 6 and 7 - I heard an old timer say "character defects never go away, they just go off stage and change costumes!" - I have found that to be true! And Harry Tiebout said "never underestimate the power of the ego to regenerate itself" - which tells me that steps 6 and 7 are a lifetime process.

What tradition means the most to you?

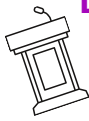
Tradition 12 - the long form says "And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all." That tells me to stay grateful and remember that the messenger can never be more important than the message.

What would your sponsor say about you?

*I have a home group, a job in my home group, and a sponsor - and I sponsor other women. That is what my sponsor refers to as "an AA member in good standing" - high praise indeed!
What advice would you give to a newcomer?*

What advice would you give to a newcomer?

Don't just attend meetings, get a sponsor and work the steps! You can starve to death in a kitchen while studying a cookbook.... there are actions we MUST take. And... don't keep coming back - just STAY! It is way easier to stay than it is to come back.



District 14 Picnic, Speaker Meeting, and Service Fair

(Dawn O., Alt. DCM).



We had a great time on August 21 at the District 14 Picnic, Speaker Meeting, and Service Fair at Clement Taylor Park. There were approximately 125 people present at the beginning, with about 75 still in attendance for the speaker (after hours of continuous rainfall). Special Thanks to Terry S., who secured our speaker, Hillary H. from Las Vegas

The Service Fair had beautiful displays packed with information about service opportunities available through our District's Service Committees. I'd especially like to thank Jerome F., who served as Co-Chair for the event. He did a great job working with the service committee representatives and adapting an alternative presentation when the rain washed away our original "Fair" plan. Special thanks to Jerri S. for all of the beautiful displays, brochures, and archive material. And thanks to all the volunteers who made sure that we had information for each service position.

We had a fantastic committee that worked very hard on this event including: Zach P. and Dan W. who managed the herculean task of set-up and clean-up, Krista H. helmed the welcome table, and Hannah B. created our flyers. Veronica F. chaired hospitality, including food prep and saving the cooks (Steve C. and Jason) and the food from the rain. Thanks to all the volunteers who helped with each of the committees.

Personally, I was overwhelmed with gratitude to see the program in action as so many worked to produce a wonderful event meeting really challenging conditions with an abundance of ingenuity, patience and tolerance. All in all, I think it was a success and hope we do it again next year!



AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT



Date: August 02, 2021

District 14 GSR Officers Present

DCM: Patrick McD. Alt. DCM: Dawn O. Treasurer: Sarah O. Secretary: Brad A.

SERVICE COMMITTEE CHAIRS PRESENT

Corrections: Vince M. Treatment: Web: Intergroup: Jerri S. Grapevine: Michelle G. PI/CPC: Archives: Literature:

MEETING

The meeting was opened with the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. 22 attendees. 17 in person. 5 on Zoom.

DISTRICT 14 OFFICERS REPORT

New GSR's: Zach P. - Turning Point **New Alt. GSR's:** None **New Service Positions:** None

Secretary: Brad A. read the minutes from June. Sarah O. motioned to accept. Jaime F. seconded. The Secretary's report was accepted.

Treasurer: Sarah O. delivered Treasurer's report from June. Steve J. motioned to accept. Michelle G. seconded.

The Treasurer's report was accepted.

DCM: Patrick McD. reports attending IG Spiritual Breakfast, Corrections meeting, and Area. He volunteered to chair meeting at Area representing District 14. He continues to encourage group service and for GSR's to get involved at the district level. He has been announcing Service Fair and encouraging participation. He reported groups that have separate in person and zoom meetings can obtain a service number from GSO. He also contacted the registrar at Area regarding outstanding GSR information and packets. Discussion was had regarding the voting results at Area. Ruth C. can provide the voting results. The DCM report was accepted.

Alt. DCM: Dawn O reports the Service Fair and Picnic plans are progressing well. Flyers are available. Thank you to Jerome F. for the chairs. There will be a Service Fair meeting following District meeting tonight. Seeking those with committee experience willing to serve at the Fair to please contact Jerome F. or herself. Sub-committee

Chairs/groups as follows:

Set-up: Zach P (Turning Point) and Dan W (Straight-up Group). Need volunteers.

Hospitality Chair (Food): Veronica F (Sparkle)

Hospitality Chair (Greetings): Krista H (Primary Purpose Group)

Service Fair: Jerome F. and Dawn O.

Games: Steve J. (Friday Night Lights)

Speaker/Meeting: Terry S (Unwind your mind) Introduce the speaker, Dawn will chair

Flyer: Hannah B.

Clean up volunteers are needed.

She attended Area and made dinner reservations for those who were interested. She requested plans/contingencies for potential Service Fair cancellation be addressed in New Business. The Alternate DCM report was accepted.

SERVICE COMMITTEE REPORTS

ARCHIVES: Suzie B (Chairperson) Jerri S. reports Archives needs help, for those interested come to CO on Saturday. Asks groups to update their histories. Forms and questionnaires are available to assist. The Archives report was accepted.

CORRECTIONS: (Chairperson) Vince M. standing for position this evening. No Report.

GRAPEVINE: (Chairperson) Michelle G. standing for position this evening. Jerri S is willing to mentor. No Report.

LITERATURE: Need Chairperson. Louise B. will contact Dwight of Deckhands Group regarding Chair position.

PI/CPC: Paul B (Chairperson) No Report.

TREATMENT: Jasmine V (Chairperson) Dan W. reports: The Treatment Committee meets the second Saturday of every month, 10:30am at central office and on a zoom meeting online concurrently. Treatment continues taking meetings into 12 Oaks, Home of Grace Men's Shelter, and Twin Cities Pavilion. Treatment will be participating in the Service Fair. Jennifer L. is new secretary.

WEB: Scott C. (Chairperson) reports 3 inquiries last month one looking for meeting list, one looking for Facebook site, and one looking for agnostic meeting. 471 hits on site in last 30 days. IG and District plan to combine website. See new business.

INTERGROUP: Jerri S. (Chairperson), Co-chairperson- Linda W., Secretary- Diane C., James S.- Treasurer, Breakfast Chairperson- Dan S., 1/4ly Eat & Speak, IG Breakfast Chairperson- Don H., Book Fund Chairperson- Paul B., Web- Open. Terry S.- ODAAT editor & CO Hotline. Need CO trusted servants. Minimum 1 year sobriety. When a suffering alcoholic picks up the telephone you can be there to lighten up the load! Still seeking back-up and regular shift workers. These are 4 hour shifts from 8am-12pm, 12-4pm, and 4-8pm. Coverage is needed for Sunday 8am-12pm, Monday 12-4pm, Tuesday 4-8pm (every other week starting June 6), and Saturday 12-4pm, 4-8pm. Thank you to Sandra for stepping in to help every other week. For further information call CO at 850-244-2421 if you would like to be a part of this valuable service work. It will help your recovery. The next Eat and Speak is September 25, 2021, hosted by the Mossy Head Group. Thank you to the Straight Up Group for hosting the August 1st event and all if those who helped. CO received a new double-sided sign that reads "District 14 Central Office". It is displayed on the marquee at the end of the parking lot.

The cost of the sign was \$400.

OLD BUSINESS - None

NEW BUSINESS

Jerome F. motioned to nominate Michelle G. for Grapevine representative. Sarah O. motion to accept. Dan W. seconded. Approved.

Ron M. motioned to increase the Service Fair food line item \$100, totaling \$500. Sarah O. motioned to accept. Michelle G. seconded. Approved.

Dawn O. motioned to continue picnic unless State guidelines change prohibiting the event. Jerome F. motioned to accept. Greg B. seconded. Approved.

Krista H. motioned District 14 purchase laptop/tablet for committee representation. Motioned Tabled. Present to group for conscience.

Krista H. requests input from groups regarding Web committee name change to Technology Committee to make more encompassing. Present to group for conscience.

Krista H. requests input from groups regarding compiling a list of foreign language speaking AA members to facilitate calls from non-English speaking hotline phone callers. Present to group for potential service members.

Jerome F. motioned to nominate Vince M. for Corrections chairperson. Sarah O. motion to accept. Veronica F. seconded. Approved.

Vince M. reports Corrections meets 4th Tuesday of every month at 7 pm. Corrections is restarting meetings August 7th in Okaloosa County Jail. Need women volunteers and a few men. Jail meeting times are Saturday 8:45am (men) 1:00pm (women). Jail orientation is slated for late September. Need DL along with email and phone number to apply. Walton County allowing AA meetings. Need men volunteers and a few women. Next meeting is August 24 at CO.

Terry S. reported scheduled Service Fair speaker is unavailable. Motions Hillary H. (Las Vegas) as new speaker. Dan W. motioned to accept. Jerome F. seconded. Approved.

AREA 1 DISTRICT 14 GSR MEETING W/SERVICE COMMITTEE REPORT

continued from page 6

GSR REPORTS

- Beautiful Downtown Baker: Ron M. (GSR) Gary W. (Alt. GSR) Meets at Masonic Lodge 5822 Hwy. 189 N. Saturday 7pm. BB-OD. Attendance: 20. Fellowship following meeting at Gator's restaurant. Birthdays: No Birthdays.
- Busters for Sobriety: Jim D. reports Meetings daily at 8am. OD. Callahan's Restaurant, 791 Harbor Blvd., Destin. Attendance: 15-25 weekdays. 50+ Sat & Sunday. Masks encouraged but not required. Birthdays: Deckhands: Louise B. (GSR) Meets 8-9am OD. 365 days. 200 Campbell Dr. (Niceville Skatepark) Attendance: 20. Hosting Zoom meeting (info on Intergroup website) and live meetings 8-9am 7 days a week behind establishment. Meeting inside due to heat. Birthdays:
- Early Risers: Greg B. (GSR) Meets at St. Augustine's Episcopal Church Hwy 98, Navarre. Mon-Sat at 7:00 am, Wednesday at 5:30 pm and Sunday at 6:30 at Sea Turtle Pavilion. M(GV)/W(BB)/F (12&12) are Literature meetings and Tues/Thurs/Saturday is Open Discussion. Zoom meeting daily 7am & 7 pm. Meeting ID 394585057. Passcode 991133. Attendance: 15. Birthdays- Howard (07/27/15) 6 yrs., Deanna (07/13/18) 3 yrs. Group will assist with set-up and tear-down at Service Fair.
- Faith: Jerome F. (GSR) Casey H. (Alt. GSR) Jeff M. (Treasurer) Jerome reports: Meets Sundays, Wednesdays, and Fridays at 8pm at the FEW Serenity Triangle House, 704 E. Robinson Avenue in Crestview. OD. Wednesday night meeting is a step study meeting with hosted by Eddie B. Attendance: 10-15. Birthdays are celebrated the last Friday of the month with cake and ice cream. Birthdays: Henry G. 3 yrs., Patrick E 3 yrs., and Brody J. 2yrs., Scott F. 2 yrs., and Peter C. 1 yr.
- Friday Night Lights: Steve J.(GSR) Meets Friday 7-8 pm. at Christ the King Episcopal Church, 480 N. Co. Hwy 393, SRB. Closed meeting. Conference approved literature-based discussion. 25-35 attendees. Birthdays: Steven J. (8/13/13) 8 yrs., Kim H. (8/14/15) 6 yrs.
- Men's Group: Wes P. (GSR) meets Thursday 7 pm. Meeting inside. Attendance: Mask optional. No Report.
- Miracle Group: Jaime F. (GSR) meets Tuesday at 8:00pm at St. Marv's Church 165 Coral Drive SW, FWB. Open Discussion from the BB. Speaker first Tuesday of every month. Birthdays celebrated last Tuesday of month. Meeting live and on Zoom meeting every Tuesday at 8pm. Attendance: 20. 2 on Zoom. Zoom Meeting ID 524833283. Birthdays: Clyde R. 29 yrs. James S. is August speaker. Monday Night Big Book: 7pm. 90-minute meeting. Birthdays: No Report.
- Mossy Head Community Group: Chris R. (GSR) (Alt. GSR) Meets Wednesday at 7:00 and Sundays at 6pm. Mossy Head Community Center. Birthdays celebrated last Sunday of month. Business meeting/group conscious last Wednesday of the month. Wednesday and Sunday meeting in person. Masks suggested but not required. Last Sunday of the month 5pm fellowship, 5:29 eat dinner, cake, and 6 pm speaker. 50/50 raffle provided by fellowship. 8-12 attendance. No birthdays = No eat and speak. Birthdays: No Report.
- On Awakening: Adrian B. (GSR) Meets 8am daily. 7 days/week. OD. Camel Club, Santa Rosa Beach. Attendance: No Report.
- Primary Purpose II: Krista H. (GSR) Patrick McD. (Alt. GSR) Meets every Saturday night at 7:00pm at Journey Pure, 348 Miracle Strip Pkwy. Speaker meeting. OD. (2) 30-minute speaker meeting. Attendance 30-40. Upcoming speakers for August: 8/7/21- Mark V.-Into Action & Carol V. Morning View (her story will be August's Grapevine); 8/14-Michael M. Miracle Grp & Lauren M. Navarre Fellowship; 8/21- Suzy S. Busters & Mark C Busters; 8/28-Anne S. Crestview BB & Charlie Crestview BB. Thursday meeting 7pm. Step Meeting. CD. Speaker for 15 minutes then open discussion. Attendance 9. Birthdays: Deidre R. has her 4 yr. anniversary 8/27.
- Primary Purpose Women's Group: Closed meeting. Meets at John Horton Road. Tuesday 7pm Closed Discussion. Thursday 7pm Step Study/BB Study. Attendance Tuesday 8-10, Thursday 2-4. Birthdays: No Report.
- Rule 62: Spike L. (GSR) Meets 7 days/week 6:30am. Birthdays: No Report.
- Second Chance: Robby F. (GSR) OD> Meets Friday 8pm. 12381 US Hwy 98, Miramar Beach, Live Chapel next to Haven House Thrift Store. 30-40 avg. attendance. Last Friday is speaker meeting. Birthdays: No Report.
- Serenity by the Sea: Hannah B. (GSR) Shantelle H. (Alt. GSR) meets at St. Andrews Church, 307 Harbor Blvd. Destin on Wednesday at 6:30pm. BB/OD. Read one chapter at a time and discuss. Fellowship following at Callahan's Restaurant. Attendance: 12-15. Birthdays: No Report.
- Serenity Group: Dilene S. (GSR) Meets every Friday night at 8:00 pm at Trinity United Methodist church in Ft Walton Beach. Attendance avg. The birthday meetings are the last Friday of the month and they always have homemade cake. Birthdays: No Report.
- Shoulder to Shoulder: Diana C. (GSR) Scott C. (Alt. GSR) reports meeting Tuesday and Thursday 6:30 -7:30 AM at Clement Taylor Park (outside). Birthdays: No Report.
- Sparkle Group: Veronica F. (GSR) (Alt. GSR) Meets Sunday 6:30 pm at Beachside Church, Racetrack Road. Average attendance: 15. Plenty of space. No mask required. Hybrid meeting. Birthdays: Veronica V. 2 yrs.
- Spiritual Axiom Women's: (GSR) Liza S. (Alt GSR) Lily H. meets in person Monday 6-7 pm at the Camel Club in Santa Rosa Beach. Women's discussion meeting. Last Monday is shared speaker meeting with birthday celebrants. Average attendance: 15-20. Birthdays: No Report.
- Straight Up Group: Dan W. (GSR) Jeri S. (Alt GSR) Don H. (IG) Rusty D. (Treasurer). meets at Alano Clubhouse, 52 Beal Pkwy., FWB. Monday, Wednesday, Friday, 12pm. OD from BB. Attendance 20-25. Will be participating in the Service Fair August 21st. Special thanks to with Brenda L. for speaking at the Am-Vets Breakfast on Sunday August 1. Next business meeting 08/18 following meeting. Birthdays: None.
- There Is a Solution: April G. (GSR) meets M/W 5:30 pm. 200 Campbell Drive (Skate Park), Niceville. OD. Birthdays celebrated last Monday of the month. Birthdays: No Report.
- Third Tradition: Eric V. (GSR) Meets at Shalimar United Methodist Church, 2 Meigs Drive, Shalimar FL. outdoors Monday and Wednesday at 8pm. Monday 12n12 study, Wednesday Big Book study. 25 attendees. New location on same property. Corner of Meigs and 3rd St. with parking located behind the back of the building. Follow sign to meeting room location. Birthdays:
- Traditional Group: Paul (GSR) meets M_F 7pm at Presbyterian Church, 1063 Circle Drive, Defuniak Springs. OD. BB. Birthdays: No Report
- Turning Point: Zach P. (GSR) (alt. GSR) meets at the Tringle House 704 Robinson, Crestview, 8pm. Tuesday-BB, Thursday-12X12, and Saturday-OD. Meetings are both in-person and on Zoom. Attendance: 10-15. Saturday attendance 20s. First and third Saturday of the month is Eat and Speak meeting 8pm. 1st Saturday Speaker Krista H. (Primary Purpose II) 2nd Saturday Speaker David D. (Faith). Birthdays: No Report.
- Unity: CJ (GSR) Meets every Tuesday and Thursday at 12pm and Sunday night at 8:00pm at the Alano Club 52 Beal Pkwy. FWB. OD. Avg. att. 6-7 members. Birthdays: none. No Report.
- Unwind Your Mind: Paul B. (GSR) 52 Beal Pkwy. Wednesday 7pm. Open meeting/meditation. Candlelight. Step 11. 10-minute meditation followed by discussion. Meditations being taken from the book "Dear Friend" by Sandy B. Attendance:
- Weekenders: Jamie L. (GSR), Linda W. (Alt GSR) meeting inside Sundays at 5:30 pm at 333 E. Lewis St in Ft. Walton. Attendance: 15. Birthdays: None. Speaker meeting the third Sunday of the month at 5:30 with Steve T. (Miracle) speaking.
- Young at Heart: Mike L. (GSR) Diana (Alt. GSR). Meets at corner of 134 Beal Pkwy. at the First Presbyterian Church, Tues 7pm. Open Meeting. OD. Traditions/BB. First Tuesday is a speaker meeting. Last Tuesday is birthday night. Attendance: 10. Birthdays: Stacey H. 13 yrs.

CLOSING

Meeting closed with the Lord's Prayer.

Is your group represented?

Get involved and become "part of."!

Next Intergroup Meeting:

1st Monday 6:30 PM

Central Office
and on Zoom

WWW.ZOOM.US

ID: 854 8645 8921

Password: service



Next GSR Meeting:

3rd Monday 6:30 PM

Central Office
and on Zoom

WWW.ZOOM.US

ID: 8217 546 8660

Password: district

INTERGROUP COMMITTEE MEETING

Monday, August 16, 2021

Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9. ATTENDANCE 2 Via Zoom: Sue S. 802-377-8073 smallthinksbig@gmavt.net James S. 678-603-8549 jfs2469@gmail.com Todd A. 850-218-1327 toddjam@hotmail.com Terry S. 386-262-6810 stokes happens@gmail.com Todd A. 850-830-3649 toddericallen@cox.net Kim 850-585-7603 letgoandletgod226@gmail.com Michelle 850-226-1250 meekomckain@gmail.com 15 In-person: Jerry S. 850-244-1182 aadistrict14intergroupjs@gmail.com Linda W. 850-582-7704 lcw061687@hotmail.com Scott C. 757-218-0338 scottcole0822@gmail.com Diana C. 757-593-5687 dianacole0822@gmail.com Jaime L. 509-599-9338 digsydotrubby@hotmail.com Johnny C. 850-217-1809 jcniceville@gmail.com Don H. 308-258-0764 djhuldt@gmail.com Patrick McD. 646-334-3496 patmcdonough@live.com Linda L. 850-865-4200 arabdresge@aol.com Josh W. 850-398-2160 jsweekley850@gmail.com Scott K. 850-496-1157 scottkinzey@gmail.com Pamela A. 845-866-1346 pamanne42@gmail.com Nate W. 850-621-8930 nathanwhittlesay1@gmail.com Veronica F. 520-265-2280 veronica.fondren@gmail.com Greg S. 850-240-4814 Rindy O. 201-415-4967 rindyo@me.com Kierstyn O. 850-420-3440 owenskierstyn@gmail.com Paul B. 850-240-0416 bondp@cox.net Lynn B. 850-797-7076 lynnbrey@hotmail.com

COMMITTEE REPORTS:

Secretary's Report/Diana C. – Read and accepted. **Treasurer's Report/Linda B.** – Report read. Ending balance \$2917.46. Report accepted. **Book Fund Report/Paul B.** – No report. **Chairperson's Report/Jerry S.** – Calendar of open shifts at Central Office available. Call the office before coming in to be sure someone is here. To send Certificate of Insurance requested by NBI. **Co-Chair's Report/Linda W.** – Unpaid taxes still in the process of getting resolved. DCM Report/Patrick McD. – Attended District meeting, IG Breakfast, Corrections and Treatment committee meetings. Hillary H. from Las Vegas will be the speaker for the 8/21 Service Fair. **AA Hotline Report/Terri S.** – No report. **ODAA Report/Terri S.** – No report. **Webservant/Rindy O.** – 738 site sessions hits on the website. 84% new visits. Mostly for meeting guide. 31% from Niceville. When googled District comes up first, a rehab second and Intergroup third. A page has been added for a printable meeting list. New email address created to answer questions AADistrict14@outlook.com. Scott to check and answer. **IG Breakfast Chair/Don H.** – 21 in attendance at August breakfast, \$51 total collected, \$20 for rent, \$31 to IG. September breakfast to be hosted by Shoulder to Shoulder and Scott C. will be the speaker. **Eat & Speak Chair/Don H.** – September 25th to be hosted Mossyhead Community Group. Johnny C. AA speaker and Laura G. Alanon speaker at Liza Jackson Park. Need a host for December E&S. OLD BUSINESS Motion to continue zoom for IG meeting. Voted yes. Motion to continue zoom for E&S. Voted no.

NEW BUSINESS

Old computer needs cleaned up for Archives to use. Scott volunteered to clean up.
Copies at \$0.10 for Non-Intergroup business policy updated.

GROUP REPORTS

Navarre Fellowship 12pm 7 days a week at St. Augustine's Church, Navarre. Scott K. – All is going well. Sparkle Meeting Sunday 6:30pm Beachside Church, FWB. Linda L. – Celebrated Veronica's 2 years. Weekender's 5:30pm, Sunday at Wellness Center, FWB. Speaker 3rd Sunday of the month. Nate – Steve spoke last night. All is well, nothing new to report. Turning Point Tuesday, Thursday & Saturday at the Triangle House, Crestview. No report. Mossyhead Community Group 7pm Wednesday & 6pm Sunday. Johnny C. – No birthdays. September Desiree W. will have 2 years. Straight Up Group 12pm, M W F at Alano Club. Don H. – Straight Up Group going through a Group Inventory. Unwind Your Mind 7pm Wednesday at FWB Alano Club, meditation step 11, candlelight meeting. No Report. Primary Purpose 7pm Thursday & Saturday at Journey Pure, FWB, hybrid. Rindy O. All is well, nothing new to report. Shoulder to Shoulder T & TH, 6:30am @ Clement Taylor Park in Destin. Scott C. – We could use some support. Please join us. Busters for Sobriety 8am 7 days a week at Callahan's in Destin. Michelle M. – 25-30 in attendance. Nothing new to report. Early Risers 7am 6 days a week (no Sunday meeting) at St. Augustine's Church, Navarre. Scott K. – All is well, nothing new to report. Hurlburt Field Meeting 12pm M W F on Hurlburt, hybrid. No report. Stools & Bottles 5pm Sunday at St. Augustine's Church, Navarre. No report. Miracle Group 8pm Tuesday at St. Mary's Church, FWB. Speaker on 1st Tuesday of month. Todd A. – 15-20 in attendance. Clyde R. celebrating 28 years. Young at Heart 7pm Tuesdays at First Presbyterian Church, FWB. Kierstyn O. – Stacey H. to celebrate 13 years at on 8/31. ANNOUNCEMENTS Service fair Saturday, August 21st. Intergroup to have a table set up. Please add Sunday 6:30am Navarre Beach meeting to list. Next meeting is Monday, September 20, 2021.

Meeting adjourned at 7:11pm

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - TREASURER'S REPORT

AREA 1 ALABAMA NORTHWEST FLORIDA
DISTRICT 14 - TREASURER'S REPORT
Aug-21

CHECKING ACCOUNT	Aug-21	10,109.02	
PRUDENT RESERVED	Aug-21	1,515.48	
TOTAL CASH		11,624.50	
<hr/>			
District 14 Funds		10,109.02	
CHECKING ACCOUNT DISTRICT 14	31 Jul		10,109.02
<hr/>			
Group Contributions	DATE	AMOUNT	
Destin Big Book group	8/3	220.00	
Serenity by the Sea Destin	8/24	25.00	
Total Group Contributions		245.00	245.00
<hr/>			
Expenses			
District Picnic & Service Fair	8/2	(400.00)	
Total Expenses		(400.00)	(400.00)
<hr/>			
Net Change for August			(155.00)
District 14 Funds Cash Balance		9,954.02	
Synovus Bank Balance		9,954.38	
Difference		0.36	(0.36)

Contributions can be mailed to: District 14 General Svc Committee PO Box 4022 Shalimar, FL 32579

AREA 1 ALABAMA NORTHWEST FLORIDA													
DISTRICT 14 - GROUPS MONTHLY CONTRIBUTIONS 2021													
Contributions can be mailed to: District 14 General Svc Committee PO Box 4022 Shalimar, FL 32579													
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTALS
3rd Tradition Group Shalimar													40.00
Beautiful Downtown Baker Group													-
Brown Baggens Camel Club													-
Busters For Sobriety Destin													400.00
But for Grace FWB													-
Coee Group FWB													-
Crestview Big Book Group													900.00
Dicklands Group of Niceville													25.00
Dedication Group FWB													25.00
Destin Big Book group													180.65
Early Risers Grp of Navarre													30.00
Faith Group of Crestview													52.00
Friday Night Lights SRB													100.00
Happy Hour Group S2 Beal													-
Honely Group FWB													-
Ladies 12412 FWB													-
Lakewood Grp Defunisk Springs													60.00
Miracle Group FWB													45.00
Mossy Head Community Group													200.00
Navarre Fellowship													40.00
On Awakening Camel Club													25.00
Primary Purpose WO's Group SRB													-
Rule S2 S2 Beal													-
Second Chance Group Miramar Bch													50.00
Serenity by the Sea Destin													-
Serenity Group of FWB													-
Shoulder to Shoulder Destin													-
SCS Big Niceville													-
Sparkle Group of FWB													-
Straight Up Group S2 Beal													-
Sunday Sunset BB Study Crestview													50.00
There is a Solution Group Niceville													37.00
Tuesday Night Men's Group SRB													116.33
Turning Point Grp of Crestview													-
Unity Group S2 Beal													-
Wednesday Women in Recovery FWB													272.00
Weekenders FWB													-
Women's Spiritual Avom SRB													-
Monthly Contributions	496.41	252.00	742.00	178.41	500.00	206.65	642.51	245.00	0.00	0.00	0.00	0.00	3,042.96
Budget over/under budget	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	5,400.00
	46.41	(198.00)	292.00	(271.59)	50.00	(243.35)	192.51	(205.00)	(450.00)	(450.00)	(450.00)	(450.00)	(2,137.02)

8/29/2021 Page 2 of 4

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - APPROVED BUDGET (12/7/2020) FOR 2021; Voted to Add \$500 for Picnic/Service Fair and add \$26 for PO Box 6/7/2021

INCOME													
	Monthly	Annual											REMAINING BUDGET
	450.00	5,400.00	496.41	252.00	742.00	178.41	500.00	206.65	642.51	245.00			
													REMAIN
Group Contributions													300.00
EXPENSES													403.88
<u>DCM Stipends</u>													
monthly gas		25.00											300.00
area assembly 4x year		200.00											403.88
Archives		200.00											200.00
Corrections		500.00											500.00
Grapevine		200.00											200.00
Literature		200.00											200.00
PCIP		200.00											200.00
Treatment		200.00											200.00
Inter-Group Rent - \$118/month		1,416.00	(354.00)	0.00	0.00	(354.00)	0.00	0.00	(354.00)				354.00
Web Page		479.76											479.76
Secretary		120.00											120.00
Treasurer		120.00											(26.00)
Micellaneous		200.00	(62.06)										61.94
District Picnic & Service Fair		500.00											9.05
Total Expenses		5,435.76	(416.06)	0.00	0.00	(550.12)	0.00	(312.95)	(554.00)	(400.00)			3,202.63
Total Expenses to Date		(1,279.13)	(416.06)	(416.06)	(416.06)	(966.18)	(966.18)	(1,279.13)	(1,833.13)	(2,233.13)			
Gain/(Loss)		1,029.85	80.35	252.00	742.00	(371.71)	500.00	(106.30)	88.51	(155.00)			

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - BUDGET FOR 2021
DISTRICT 14 - APPROVED BUDGET (12/7/2020) FOR 2021; Voted to Add \$500 for Picnic/Service Fair and add \$26 for PO Box 6/7/2021

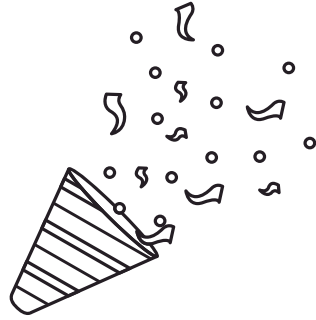
INCOME														
	Monthly	Annual											BUDGET REMAIN	
	450.00	5,400.00	496.41	252.00	742.00	178.41	500.00	206.65	642.51	245.00				
Grp Contributor														
EXPENSES														
<u>DCM Stipends</u>														
monthly gas	25.00	300.00											300.00	
area assembly -	200.00	800.00											403.88	
Archives		200.00											200.00	
Corrections		500.00											500.00	
Grapevine		200.00											200.00	
Literature		200.00											200.00	
PICPC		200.00											200.00	
Treatment		200.00											200.00	
IG Rent	118.00	1,416.00	(354.00)			(354.00)			(354.00)				354.00	
Web Page		479.76											479.76	
Secretary		120.00											120.00	
Treasurer		120.00											(26.00)	
Micellaneous		200.00	(62.06)										61.94	
Picnic		500.00											9.05	
Total Expenses		5,435.76	(416.06)	0.00	0.00	(550.12)	0.00	(312.95)	(554.00)	(400.00)	0.00	0.00	0.00	3,202.63
		(35.76)	0.00	80.35	332.35	1,074.35	702.64	1,202.64	1,096.34	1,184.85	1,029.85			

Sobriety Birthdays

Deckhands

Josh W. 9/9/16

Kevin C. 9/28/20



Spiritual Axiom

Womans Meeting

Christy H. 11

Suzy S. 12

Liza S. 7

Shadow D. 2

Karen G 1



*Experience
Strength
& Hope*

Speakers

What it was like, what happened, and what it is like now.

Rise and Shine Speaker Meeting

52 Beal

Primary Purpose-Saturdays 7pm

POWERLESS MEETING

Saturdays 8pm/52 Beal

Sept. 4th Sara O/3rd Tradition

Sept. 11th Amber H./ Happy Hour

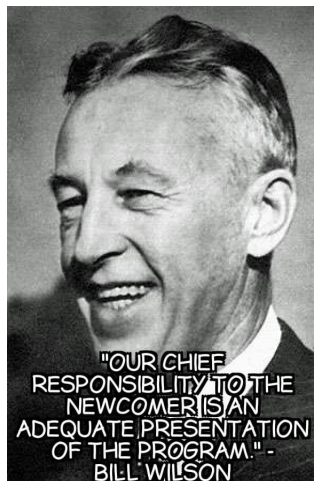
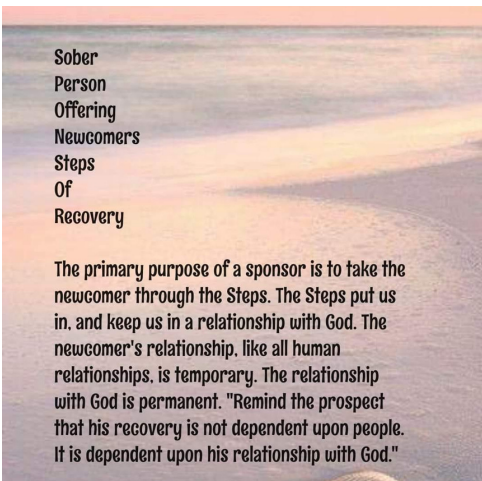
Sept. 18th Sarah C

Sept. 25th Abbey K.

Weekenders

Sept 19th Dave M.

5:30pm



Events

50TH "GULF COAST ROUNDUP"

February 11, 12, and 13, 2022



50th Golden Anniversary



On the Gulf Coast of Okaloosa Island at "The Island" (reservations@mainsailhotels.com)

1500 Miracle Strip Pkwy SE (Hwy 98E.), Fort Walton Beach, FL 32548, 850-243-9161 or 1-800-874-8962

Hotel reservations must be made by Jan 10th to ensure these rates, and please state Gulf Coast Roundup.

Standard \$95/night (2 dbl bds) Poolside \$125/night (2 Queens) Gulf Front \$135/night (2 Queens) ("Yes...it's only \$135...!!")

0700-0800 Saturday and Sunday Morning Yoga Sessions with Mollie Densley of Lunar Serenity Yoga and Art

Web: www.GulfCoastRoundup.com Send questions to ChipBowdren54@gmail.com or Text them to 850-865-1660

Scheduled speakers:

4:30 Fri: Terry R. (AA) Lafayette, LA

8:00 Fri: To Be Announced (AIAnon)

7am Sat: Yoga with Mollie Densley

8:15 Sat: Combined Discussion Meeting

10:00 Sat: April & Dylan S. (AA) Miami, FL

2:00 Sat: Patrick & Linda G (AA) Lake Placid, FL

4:00 Sat: Julie C. (AA) Tujunga, CA

8:00 Sat: Hilda F. (AA) Tujunga, CA

9:40 Sat: **Terry Stokes..the Amazing Hypnotist...!!**

7am Sun: Yoga with Mollie Densley

8:15 Sun: Combined Discussion Meeting

9:30 Sun: Lillie H. (AA) Portland, ME

You are invited to spend the weekend on the beach with us to enjoy the fellowship our roundup provides. Meeting Room holds 350 people on the 6th Floor of the "The Island Resort." This spectacular view also has the famous and very large hospitality area with plenty of tables and chairs, Food Items, snacks, coffee, and soft drinks, to accommodate fellowship between events. The beautiful Gulf Beach on the South...with the Choctawhatchee Bay to the North will be the backdrop for this wonderful conference...!! Enjoy Heated Swimming Pool and Exercise facility...(and yes...we have requested our famous Dolphins to appear again...!!)

VOICE: Terry S. from "Unwind Your Mind Group"

SATURDAY NITE SPECIAL SHOW FROM TERRY STOKES...THE HYPNOTIST...!!

Recordings of the entire conference and many individuals by Terry's Tapes and CD's

\$25 registration fee per person includes admission to all meetings and events. Alateens admission is free.

PRE-REGISTRATION Payments by PayPal (go to website) or mail check...OR at the door with cash or check

Register at www.GulfCoastRoundup.com or use form below

Gulf Coast Roundup – February 11-13, 2022 – Registration

Name(s) _____

Address _____

City _____ State _____ Zip _____

Name(s) on Badge(s) _____

SATURDAY SEPTEMBER 25, 2021

AT LIZA JACKSON PARK PAVILLION B

FROM 5:00 pm to 9:00PM

JOIN US FOR THE INTERGROUP

EAT AND SPEAK

HOSTED BY THE MOSSY HEAD GROUP

AND THE LET IT BEGIN WITH ME

AL-ANON GROUP

THE AA SPEAKER WILL BE JOHNNY C.

THE AL-ANON SPEAKER IS LAURA G.

IT WILL BE GREATLY APPRECIATED

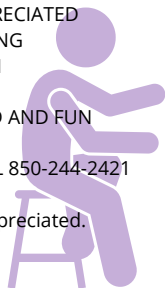
IF YOU WOULD BRING

A COVERED DISH

FELLOWSHIP, GREAT FOOD AND FUN

FOR MORE INFORMATION CALL 850-244-2421

Your support is greatly appreciated.



Intergroup Breakfast

Am Vets Post 78

910 Valastics Ave. Valparaiso FL. 32580

next breakfast: October 3rd

TBA

Breakfast 9:30 to 11:00- \$6.00

SPEAKER TBA