



NOVEMBER 2022

Area 1 District 14 Newsletter

SPRITUALITY

11TH STEP

11TH TRADITION

11TH CONCEPT

“SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD AS WE UNDERSTOOD HIM, PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT.”

“OUR PUBLIC RELATIONS POLICY IS BASED ON ATTRACTION RATHER THAN PROMOTION; WE NEED ALWAYS MAINTAIN PERSONAL ANONYMITY AT THE LEVEL OF PRESS, RADIO, AND FILMS.

“THE TRUSTEES SHOULD ALWAYS HAVE THE BEST POSSIBLE COMMITTEES, CORPORATE SERVICE DIRECTORS, EXECUTIVES, STAFFS, AND CONSULTANTS. COMPOSITION, QUALIFICATIONS, INDUCTION PROCEDURES, AND RIGHTS AND DUTIES WILL ALWAYS BE MATTERS OF SERIOUS CONCERN.”

“In AA we have found that the actual good results of prayer are beyond question. They are matters of knowledge and experience. All those who have persisted have found strength not ordinarily their own. They have found wisdom beyond the usual capability. And they have increasingly found a peace of mind which can stand firm in the face of difficult circumstances.” – Bill W

FAITH

IN THIS ISSUE: NOVEMBER 2022

11th Step / Tradition / Concept

Speaker Spotlight

Laughing Out Loud

Intergroup Minutes

Contribution Report

Speakers

Events

Birthdays

11th Step Prayer

(Prayer of Saint Francis of Assisi)

“Lord, make me an instrument of thy peace! That where there is hatred, I may bring love. That where there is wrong, I may bring the spirit of forgiveness. That where there is discord, I may bring harmony. That where there is error, I may bring truth. That where there is doubt, I may bring faith. That where there is despair, I may bring hope. That where there are shadows, I may bring light. That where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted. To understand, than to be understood. To love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen.”



The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

Area 1 District 14 Intergroup
24 Hollywood Blvd. SW, Suite 7
Fort Walton Beach, FL. 32548
(850) 244-2421
www.fortwaltonbeachaa.org



FROM THE DESK OF LINDA W. AND JERRI S.

November 1, 2022 Intergroup/Central Office Report

We are so thankful for all trusted servants who help us keep the central office open, you all are a blessing in our lives, this is the time of the year to be grateful and we hope you all have a Blessed Thanksgiving with family and friends. We did have elections Oct. 17, 2022, the following trusted servants have stepped up to be of service for the next 2 years, but we do still have some positions open, which are in Bold Print and Red Ink so we will try to fill those positions on next meeting November 21, 2022, 6:30pm at Central Office. If you need a servant position, it is very rewarding and it does help with your own sobriety, please step up and come to meeting on November 21, 2022, let us know your years of sobriety and your service record.

Chairperson - Don H
Alternate Chairperson - Paul B
Secretary - Open Position
Treasurer - Jennifer G
Book Fund Chair - Johnny C
One Day at Time Newsletter - Jennifer B
Monthly Breakfast Meeting Coordinator - Open Position
Quarterly Eat and Speak Coordinator - Terry S
Intergroup Web Servant - Open Position

Intergroup Picnic
We appreciate all the trusted servants who helped this picnic be a success. If you were not there, you missed out on the good food, fellowship, games and just sharing time together with each other's families. Hope more people will come to the next one in the future. Well, we are at the end of our 2-year term, which ends December 31, 2022, and just wanted Officers, Committee Chairs, Intergroup Reps. and all the trusted servants we could not have done it without each and everyone of you. We do still have shifts open for trusted servants having 1 year in program to answer the phones for the still suffering alcoholic. We also have positions with less than a year, there is always something to do around Central Service, give Jerri S and call and she will be happy to show you what you can do.

Thanks
Jerri S - Chairperson-850-244-1182
Linda W - Alternate Chairperson-850-582-7704

aadistrict14intergroupjs@gmail.com
Jerry S. (Chair Intergroup) - 850-244-1182
Linda W. (Co-Chair Intergroup)- 850-582-7704



TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
EMAIL : DISTRICT14ODAAT@GMAIL.COM



Step 11



"We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Step 11 is not only a maintenance step, but a step rooted in growth. By practicing it daily, we allow ourselves to become more connected to our Higher Power, and in turn becoming more in tune with His plan for our lives. Having thoroughly practiced each of the preceding steps, we now begin to grow in our spirituality.

For many of us, prayer and meditation are not things we actively utilized in our days of active addiction outside of the occasional "foxhole" prayers. You know the ones: "God, if you get me out of this situation, I will never do this again," or "God, if you can just get me past this hangover, I will never drink again." For most of us, these prayers never held any real meaning. If we were lucky enough to get through the aforementioned situation, there was no time before we found ourselves right back in the same position. For those of us who never utilized prayer in our daily lives, we were left wondering at this point how to genuinely pray, and our literature provides us with an 11th step prayer to get us started.

"Lord, make me an instrument of thy peace! That where there is hatred, I may bring love. That where there is wrong, I may bring the spirit of forgiveness. That where there is discord, I may bring harmony. That where there is error, I may bring truth. That where there is doubt, I may bring faith. That where there is despair, I may bring hope. That where there are shadows, I may bring light. That where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted. To Understand, than to be understood. To love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to eternal life. Amen."

This prayer acts as a great guideline for how we can begin to strengthen our contact with our Higher Power. No matter who or what we have decided our Higher Power to be, the prayer suggests we desire to know how we can be of better service to our fellows. This prayer asks we be shown how we to make a difference in the world; a world that, during our active addiction, many of us rarely gave a passing thought. We are asking for guidance to step out of ourselves and be there for others.

At this stage in our recovery, we find ourselves no longer seeking the answers to selfish questions. Questions like, "how can I get (insert thing here) to make myself feel better" start to diminish. Now we ask what we can do to make the lives of those around us better as a service to our fellows. As we begin to fortify contact with our Higher Power, our true selves are slowly revealed. (recoveryconnection.com)

"What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God's will into all of our activities. "How can I best serve Thee - Thy will (not mine) be done."

"The process of enlightenment is usually slow. But in the end, our seeking always brings a finding. These great mysteries are, after all, enshrined in complete simplicity." - Bill W

11th Step Promises

Big Book, page 86

- ... we can employ our mental faculties with assurance, for after all God gave us brains to use.
- Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

Big Book, page 87

- What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind.
 - Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it.
- Big Book, pages 87-88
- We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will be done." We are then in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions.
 - We become much more efficient.
 - We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves.

We need look no further for Utopia...

ALCYPAA

'22

ANNUAL CONFERENCE

NOV. 11-13 2022

DOOTHAN, ALABAMA

INFO

CLAIRION INN AND SUITES- SOUTH

2195 Ross Clark Circle **MUST CALL TO BOOK**
Dothan, AL 36301 **RATE NOT AVAILABLE ONLINE**
(334)794-8711 **USE CODE ALCY22**

PREREGISTER TODAY @ WWW.ALCYPAA.COM

ALCYPAA '22

FRIDAY:

- 5:00-7:00 - REGISTRATION
- 7:00 - HYPE/STATE ROLL CALL
- 8:00 - SPEAKER ALEX B.
- 9:30 - WHAT IS A BID?
- 10:00 - NERDZ UNITE DANCE

SATURDAY:

- 9:00 - BID PRESENTATION
- 10:30 - BUT I WANT TO GOVERN! TRADITION 2
- 12:00 - BBQ AND BUTTS
- 1:00 - LIFE IN THE BRACKETS! [FEAR]
- 2:30 - THE GROUP DOES WHAT? TRADITION 5
- 4:00 - I'M SEEKING...BUT WHAT THOUGH? STEP 11
- 5:00 - DINNER
- 6:30 - HYPE
- 7:00 - SPEAKER CHRISTINE H-M. /SOBRIETY COUNTDOWN
- 10:00 - COMEDY HYPNOTIST, TERRY STOKES JR.
- 11:00 - KARAOKE

SUNDAY:

- 10:00 - WHO ARE WE? ANONYMITY

"...we need look no further for Utopia."



Laughing Out Loud



*"Please, Lord, teach us to laugh again:
but God don't let us Forget that we cried."*



After the AA meeting, the ghost finally admitted it. He has a boos problem.

AA is like an adjustable wrench. It fits every nut.



One day at a time

FROM THE EDITOR

Please submit meeting information, speaker meeting schedules, birthdays, jokes, sobriety stories, poems, ideas, etc.. Please submit to : district14odaat@gmail.com by the 15th of each month.

In Love and Service,
Terry S.
(386)262-6810
district14odaat@gmail.com

Heard in a meeting...



When I got to AA, the people in my life were through with me. My girlfriend said "Don't come back." My employer said "Don't come back." My landlord said "Don't come back." And then I walked into an AA meeting and all of you said, "Keep coming back."

IN RECOVERY, LIFE CAN BE AS BAD AS I MAKE IT...OR AS GOOD AS I LET IT BE.

We all have a last drink and some of us get to talk about it.

Humility is making friends with the facts.

IF YOU SETTLE FOR YOUR WILDEST DREAMS, YOU WILL BE SELLING YOURSELF SHORT!

**The words I'm sorry are the formal declaration of intent.
Changed behavior is the actual apology**





INTERGROUP COMMITTEE MEETING

INTERGROUP UNAPPROVED COMMITTEE MEETING MINUTES

MONDAY, OCTOBER 17, 2022

Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9. **ATTENDANCE:** 4 Zoom, 12 In-Person:

COMMITTEE REPORTS:

Secretary's Report Diana C: Read and accepted.

Treasurer's Report Linda W: The ending balance for September was \$11,121.14. Report accepted.

Book Fund Report Linda W: The ending balance for September was \$5,934.07. Report accepted.

Chairperson's Report Jerry S: The IRS was called regarding the taxes, no response. Please relay to your groups that District donations need to go to PO Box, not Central Office. There are couple new Trusted Servant shifts filled. There are new keys for the file cabinet. The Service Picnic went well.

Co-Chair's Report Linda W: Linda and Jen G. hosted the Service Picnic. It went well and IG made \$128.

DCM Report Patrick M: IG Service Picnic was a good time. Attended Area Assembly and they had their elections. He will provide a final report on that. District Elections occurred; Dawn O. is DCM, Brad A. is Alt DCM, Lisa F. is Treasurer, Scott C. Secretary, and all committee positions are filled.

AA Hotline Report Terry S: Quite a few calls lately that Jen B. helped with, but nothing new to report.

ODAT Report Terry S: Nothing new to report.

Web Servant Report Rindy O: Page visits were flat. The meeting list was the most popular site, probably due to the APP being down for two days.

IG Breakfast Report Don H: The October 2nd Breakfast was hosted by the FWB Primary Purpose Group. Micah and Patrick were the speakers and they did a great job. 38 in attendance. After paying \$20 rent, IG made \$87.

Eat & Speak Report Don H: No report.

OLD BUSINESS

Jerry S. – Had locks put on file cabinets by A-Z Locksmith at a cost of \$174.25. Motion to reimburse Jerry S. \$174.25.

Voted yes.

NEW BUSINESS

Elections - See letter from Linda and Jeri on page 1

Terry S. – Motion to have Intergroup purchase Canva, a graphics design program, for the next ODAT chair in the amount of \$120. Voted Yes.

GROUP REPORTS

Sparkle Meeting FWB Beachside Church 6:30pm Sunday.

Linda L: It's a good group. They are still chugging along with a lot of good sobriety.

Weekender's FWB Wellness Center 5:30pm Sunday. Speaker 3rd Sunday of the month.

Linda W: John spoke yesterday with about 20 in attendance. Jamie celebrated an anniversary in October.

Mossyhead Community Group 7pm Wednesday & 6pm Sunday. Food & Speaker on the last Sunday of the month.

Johnny C: Debbie G. celebrated 20yrs. The eat & speak at the end of the month will have turkey and all the fixings!

Straight Up Group FWB Run With It 12pm M W F.

Don H: All is well. They have added a couple new members. On December 1, they will be moving. Location TBD.

Unwind Your Mind FWB Grace Church 7pm Wednesday step 11 Meditation meeting, also online.

Paul B: They are still going strong. Join them. It will change your life!

Primary Purpose FWB Journey Pure 7pm Thursday Step Study (closed) & 7pm Saturday 2 Speaker meeting.

Abbey K: They are growing and getting new members. They are celebrating their 3rd anniversary on Saturday, October 29th.

Adam will fill her position as IG Rep.

Jaywalkers FWB NW FL Fairgrounds 12pm Saturday (BB) & 12pm Sunday (12&12).

Amber H: About 20 in attendance. Anthony celebrated 1yr. Birthday celebration will on the last Sunday of the month.

Rule 62 FWB Helen Back 6:30am daily.

Jen G: 10-15 in attendance. On Saturday, 11/5, they will host Goofy Golf at 3:30pm followed by dinner at Helen Back at 5:30pm. Flyer to come!

Miracle Group FWB St. Mary's Church Tuesday 8pm. Speaker on 1st Tuesday of month.

Todd A: Their group will be celebrating 44yrs in November. Flyer to come!

Turning Point Group Crestview Triangle House 8pm Tuesday, Thursday & Saturday. Eat & Speak on last Saturday of the month. Jacob G. – 20-30 in attendance. Their last Eat & Speak had approximately 50 in attendance.

Next meeting is Monday, November 21, 2022.

Meeting adjourned at 7:15pm.

INTERGROUP COMMITTEE MEETING

INTERGROUP UNAPPROVED COMMITTEE MEETING MINUTES

MONDAY, OCTOBER 17, 2022

DISTRICT 14 INTERGROUP TREASURER REPORT

Income September 2022

Group Contributions	\$1870.00
GSC/Dist Rent	\$354.00
Conf. Room Rent	\$20.00
Total	\$2331.00

BOOK FUND SEPTEMBER 2022

Beginning Balance	\$5473.25
Deposits/Income	1168.21
Expenses	707.39
Ending Balance	5934.07

Expenses September 2022

Bank Charges	\$2.99
Cable	\$209.52
Area Stipend	\$250.00
Electric	\$162.06
Office Supplies	\$50.00
Rent	\$721.66
Other	\$14.99
Expenses	\$1431.22

INCOME	\$2331.00
EXPENSES	\$1431.22
NEW BALANCE	\$11,121.14



66TH FLORIDA STATE CONVENTION 2023

THURSDAY AUGUST 10 - SUNDAY AUGUST 13

WWW.FLORIDASTATECONVENTION.COM

SADDLEBROOK RESORT - WESLEY CHAPEL, FL 33543

WWW.SADDLEBROOK.COM

PROGRAM AND ACTIVITIES



AA, Al-Anon, Alateen, Spanish Speaking, LGBTQIA, YPG, First Nations, Old Timer's Panel, Marathon Meetings, Workshops, and Archives Display; Friday and Saturday Banquets, Saturday BBQ lunch and Ice Cream Socials; Sports Activities include Golf, 5K Walk/Run, Pickle Ball, Morning Yoga, and Escorted Motorcycle Ride; Dances and Entertainment including South Florida's own "The A.A. Service Manual: The Musical", Saturday Pool Party, and much more...

ASL interpretation at main conference's speaker meetings.

GUEST SPEAKERS

- Marty J. - Vancouver, B.C., Canada
- Aaron G. - Molalla, OR
- Larcine G. (Al-Anon) - Hawthorne, CA
- Candice M. - Los Angeles, CA
- Chris R. - Ingram, TX
- Myers R. - Ingram, TX
- Marion M. - Ft. Lauderdale, FL
- Cathy C. - Tampa, FL
- Jane D. L. - Tallahassee, FL

HOST HOTEL INFORMATION

SADDLEBROOK RESORT
A PREMIER MEETING, GOLF, AND TENNIS RESORT
5700 SADDLEBROOK WAY WESLEY CHAPEL, FL 33543
WWW.SADDLEBROOK.COM

800-729-8386 OR 813-973-1111

CONVENTION CODE: 66FSC

HOTEL RESERVATIONS START ON AUGUST 3, 2022

HOTEL RESERVATION LINK: [HTTPS://BOOKINGS.TRAVELCLICK.COM/13241?GROUPID=3504087&HOTELID=13241](https://bookings.travelclick.com/13241?GROUPID=3504087&HOTELID=13241)

RATES:
STANDARD ROOM - \$135
ONE BEDROOM SUITE - \$155
TWO BEDROOM SUITE - \$265
RATES WILL BE HONORED 3 DAYS BEFORE
AND 3 DAYS AFTER THE CONVENTION DATES
BASED ON AVAILABILITY



ALL ROOMS ARE SUBJECT TO STATE AND LOCAL TAXES
THIS HOTEL IS NON-SMOKING
CHECK-IN 4 PM - CHECK-OUT 11 AM



AREA 1 DISTRICT 14 OCTOBER 2022

**AREA 1 ALABAMA NORTHWEST FLORIDA
DISTRICT 14 - TREASURER'S REPORT
Sep-22**

Please Mail Contributions: District 14 GSC
PO Box 4022 Shalimar, FL 32579

CHECKING ACCOUNT	Sep-22	10,788.85	
PRUDENT RESERVED	Sep-22	1,515.81	
TOTAL CASH		12,304.66	
Synovus Statement of Accounts			
District 14 Funds		11,374.50	
CHECKING ACCOUNT DISTRICT 14	9/5/2022		11,374.50
Group Contributions			
	DATE	AMOUNT	
Miracle Group FWB	9/27/2022	40.00	
Deckhands Goup of Niceville	9/28/2022	600.00	
Total Group Contributions		640.00	640.00
Expenses			
Chk 1594 Dawn O. ADCM Stipend Area Ass.	9/5/2022	(225.00)	
Chk 1595 Christ The King Church Trad Wkshp	9/17/2022	(50.00)	
Chk 1596 Sarah O Reimb Traditions Wkshp	9/28/2022	(500.00)	
Total Expenses		(775.00)	(775.00)
Net change for August			(135.00)
District 14 Funds Cash Balance			11,239.50
Synovus Bank Balance 8/30/22			11,239.50
Difference			0.00

AREA 1 ALABAMA NORTHWEST FLORIDA
DISTRICT 14 - GROUPS MONTHLY CONTRIBUTIONS
2022

Contributions can be mailed to: District 14 General Svc Committee PO Box 4022 Shalimar, FL 32579

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTALS	
3rd Tradition Group Shalimar													-	
Beautiful Downtown Baker Group			40.00										40.00	
Brown Baggies Camel Club					300.00			300.00					600.00	
Busters For Sobriety Destin		457.25		374.15				224.27					1,055.67	
Care Group FWB									141.90				141.90	
Crestview Big Book Group						650.00				600.00			1,250.00	
Deckhands Goup of Niceville													296.00	
Destin group		98.40	296.00					148.32					383.04	
Early Risers Gcp of Navarre				50.00				50.00	25.00				125.00	
Faith Group of Crestview					210.35								210.35	
Friday Night Lights SRB													-	
Happy Hour Group 52 Beal													90.00	
Honesty Group FWB													90.00	
Jaywalkers													-	
Ladies 12X12 FWB													-	
Lakeview Gcp DeFuniak Springs													200.00	
Miracle Group FWB		40.00			60.00		40.00	20.00		40.00			200.00	
Mossy Head Community Group									200.00				200.00	
Navarre Fellowship													320.00	
On Awakening Camel Club ZOOM				320.00									320.00	
On Awakening Camel Club													20.00	
Primary Purpose WO's Group SRB						10.00		10.00					20.00	
Primary Purpose Group II				80.00		80.00			240.00				400.00	
Rule 62 52 Beal													-	
Second Chance Group Miramar Bch													-	
Serenity by the Sea Destin													-	
Serenity Group of FWB													-	
Shoulder to Shoulder Destin													-	
SOS Mtg Nicoville													-	
Sparkle Group of FWB													-	
Straight Up Group 52 Beal													-	
Sunday Sunset BB Study Crestview													-	
There is a Solution Group Nicoville													-	
Thursday Night Ladies group													65.00	
Tuesday Night Mens Group SRB					25.00			40.00					134.00	
Turning Point Gcp of Crestview									100.00				100.00	
Unity Group 52 Beal													-	
Wednesday Women in Recovery FWB													105.65	
Weekenders FWB													30.00	
Women's Spiritual Axiom SRB							30.00						30.00	
													<u>5,736.61</u>	
Monthly Contributions		629.65	416.00	370.00	1,085.82	740.00	70.00	268.32	1,516.82	640.00	0.00	0.00	0.00	<u>5,736.61</u>
Budget over/(under) budget		450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	5,400.00
		179.65	(34.00)	(80.00)	635.82	290.00	(380.00)	(181.68)	1,066.82	190.00	(450.00)	(450.00)	(450.00)	336.61

Page 2 of 4

**AREA 1 ALABAMA NORTHWEST FLORIDA
DISTRICT 14 - APPROVED BUDGET (12/6/2021) FOR 2022**

	Monthly	Annual	2/22 \$25 Stipend increase for Area Assembly Attendance (\$200 increase); 5/2/22 increase Corrections \$500												REMAINING BUDGET
			JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
INCOME															
Group Contributions	450.00	5,400.00	629.65	416.00	370.00	1,085.82	740.00	70.00	268.32	1,516.82					5,096.61
EXPENSES															
DCM Stipends															
monthly gas	25.00	300.00								(25.00)					275.00
area assembly 4x year	200.00	800.00			(225.00)		(225.00)			(225.00)					125.00
ADCM Stipend plus \$25 per AA Guidance 1/2022	200.00	800.00			(225.00)		(225.00)					(225.00)			125.00
Scholarship to Area Assembly	25.00	200.00					(149.40)								(149.40)
Archives		200.00													200.00
Corrections		1,000.00		(30.80)		(462.24)									506.96
5/22 from \$500 to \$1,000 per year Grapevine		200.00													200.00
Literature		200.00													200.00
PCIP		200.00													200.00
Treatment		200.00													200.00
Inter-Group Rent - \$118/month		1,416.00		(354.00)			(354.00)			(354.00)					354.00
Web Page		479.76													479.76
Secretary		120.00													120.00
Treasurer		146.00							(91.00)						55.00
Miscellaneous		200.00													200.00
District Picnic & Service Fair		500.00										(550.00)			(50.00)
Total Expenses		6,961.76		(385)		(450)		(462)		(953)			0		3,241.32
Total Expenses to Date		(3,720.44)		(385)		(835)		(1,297)		(2,250)			(2,250)		(2,250)
Gain/(Loss)		1,376.17		245		(34)		(92)		132			740		(21)
													(336)		1,517
													(775)		(3,720)
													(3,720)		(3,720)
													0		0
													0		0

AREA 1 ALABAMA NORTHWEST FLORIDA
DISTRICT 14 - BUDGET FOR 2022
 DISTRICT 14 - APPROVED BUDGET (12/6/2021) FOR 2022

2/22 \$25 Stipend increase for Area Assembly Attendance (\$200 increase); 5/2/22 increase Corrections \$500

INCOME

Grp Contributions	Monthly	Annual												
	450.00	5,400.00	629.65	416.00	370.00	1,085.82	740.00	70.00	268.32	1,516.82	640.00			

EXPENSES

													JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	BUDGET REMAIN		
DCM Stipends																											
monthly gas	25.00	300.00										(25.00)												275.00			
area assembly 4x year	200.00	800.00		(225.00)		(225.00)						(225.00)												125.00			
2/22 increase \$25	25.00	200.00																									
ADCM Stipend		800.00		(225.00)		(225.00)												(225.00)						125.00			
Scholarship						(149.40)																		(149.40)			
Archives		200.00																						200.00			
Corrections		1,000.00		(30.80)		(462.24)																		506.96			
5/22 from \$500 to \$1,000																											
Grapevine		200.00																						200.00			
Literature		200.00																						200.00			
PICPC		200.00																						200.00			
Treatment		200.00																						200.00			
IG Rent	118.00	1,416.00	(354.00)			(354.00)						(354.00)												354.00			
Web/Technology		479.76																						479.76			
Secretary		120.00																						120.00			
Treasurer		146.00									(91.00)													55.00			
Miscellaneous		200.00																						200.00			
Picnic		500.00																(550.00)						(50.00)			
Total Expenses		6,961.76		(384.80)	(450.00)	(462.24)	(953.40)	0.00	(91.00)	(604.00)	0.00	(775.00)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(3,720.44)			
Gain/Loss per Month			(1,561.76)	0.00	244.85	(34.00)	(92.24)	132.42	740.00	(21.00)	(335.68)	1,516.82	(135.00)											3,241.32			

PROPOSED DISTRICT BUDGET

	2022	2021	2020	2019
Money IN	5700	4800	7000	9500
Money OUT	3700	4500	3300	4900
Gain/Loss	2000	300	3700	4600
Proposed Budget 2023				
DCM Stipend Area Assem 4X @\$250	1000			
DCM Gas 12x @\$25	300			
ADCM Stipend Area Assem 4X @\$250	1000			
Scholarship for GSR Area Assem 4 Per year	1000			
Corrections	1000			
Treatment	200			
Grapevine	200			
Literature	200			
PICPC	200			
Archives	200			
Service Workshop or Picnic	500			
Web / Technology	500			
Treasurer (PO Box)	180			
Secretary	120			
Intergroup Rent 12X @\$118	1416			
	8016			



**Intergroup
 Breakfast and Speaker**



AMVETS Post 78 910 Valastics Ave. Valparaiso, FL 32580
 Breakfast @ 9:30am Speaker @ 10:30am



BREAKFAST \$6.00

EVERYONE IS WELCOME

Sobriety Birthdays

Deckhands

BILLY/1 NOVEMBER 2001/21 YEARS
CHRIS R/2 NOVEMBER 2020/2 YEARS
JEVON S/5 NOVEMBER 2021/1 YEAR
DENZEL J/6 NOVEMBER 2021/1 YEAR



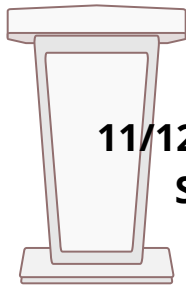
Deckhands

JORDAN H/9 NOVEMBER 2020/2 YEARS
BRETT C/11 NOVEMBER 2008/14 YEARS
KOLE D/12 NOVEMBER 2020/2 YEARS
JOHN O/20 NOVEMBER 2008/14 YEARS
JENNIFER P/26 NOVEMBER 2020/2 YEARS



BUSTERS

Chip B. November 22 - 35Years



Turning Point Eat and Speak

11/12/22 at 6:30pm eat and 8:00 for the speaker.

Sandy A. from Pep Boys will be speaker.



*Experience
Strength
& Hope*

Speakers

What it was like, what happened, and what it is like now.

Primary Purpose-Saturdays 7pm

- Nov 5:** John H./ East Hill Group - Suzie B. / Mossy Head
- Nov 12:** Hannah A./Friday Night Lights - Ray R./ Santa Rosa Beach
- Nov 19:** Chris G./Busters - Darlene - Crestview Big Book
- Nov 26:** TBD - Jarrod S. / PPG





Meet The Speakers...

Ella S. - Reykjavik, Iceland

Saturday 10am Speaker@ Gulf Coast Roundup / February 11th



What is your homegroup?
The Alano Noon meeting.

When/where does it meet?
Reykjavik Alano club, every day at 12:05.

Do you currently hold any service positions?
Not at this time, but I've probably held every possible position at some time :)

Did you ever relapse? What happened? What has changed?
No I've never had a relapse.

What is the most important lesson you have learned in sobriety?
Probably that life will go on no matter what I do, that life's plan is totally irrelevant to me being sober or not.

What is your favorite line /phrase from the Big Book?
"He is not likely to get far in any direction if he fails to show unselfishness and love under his own roof"

What is the best piece of advice you received from a "long-timer?"
Probably that this too shall pass, both good and bad.

What is the best thing you've ever heard in a meeting?
Oh wow, It would take days to choose the best thing :)

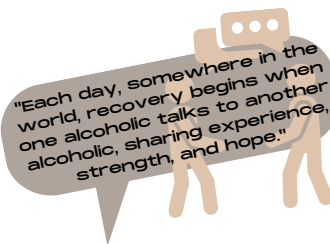
What step was the hardest for you? Why?
The ninth step has been the hardest, because I've felt guilty for a lot of things that have nothing to do with me and are not on my side of the street.

What tradition means the most to you?
The 10th tradition is my favorite, I have a lot of opinions on a lot of things, as a person, a mom, a nurse and so forth, but not as a member of AA, and in AA I'm not a mom or a nurse, I'm just me.

What would your sponsor say about you?
Probably that I'm doing great and that I should love myself more.

What advice would you give to a newcomer?

Come to the meeting, no matter what. It's way better to be anxious or miserable in a meeting with us than at home alone.



I am Responsible . . .



*When anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there.
And for that: I am responsible.*

Events

51st GULF COAST ROUNDUP

February 10th – 12th, 2023

On the Gulf Coast of Okaloosa Island at
The Island Resort
1500 Miracle Strip Pkwy SE
Fort Walton Beach, FL 32548



Friday

4:30pm Chuck H. (AA) Destin, FL
8:00pm Palmer G. (AFG) Miami, FL

Saturday

10:00am Ella S. (AA) Reykjavik, Iceland
2:00pm Tim T. (AA) Manson, IA
7:30pm Raffle and Sobriety Countdown
8:00pm Robbie W. (AA) Wildwood, NJ

Sunday

9:30am Cynde T. (AA) Manson, IA

Room Rates – good from Feb 9 thru Feb 13

Standard (king or 2 queens)	\$105 per night*
Poolside (king)	\$130 per night*
Poolside (2 queens)	\$135 per night*
Gulf Front (king)	\$140 per night*
Gulf Front (2 queens)	\$145 per night*
Suites	
Gulf Front Suite (K or 2Q)	\$205 per night

Email reservations@mainsailhotels.com or
Call (850) 337-9194 (ask for Vanessa or Jackie)
Reserve before January 10 to guarantee rates
*plus tax



DISTRICT 19 PRESENTS THE 38TH ANNUAL JUBILEE PLANTING THE SEED

THE WHARF ORANGE BEACH EVENT CENTER
FEBRUARY 24-26, 2023

Three ways to register:

- Sign up at district19jubilee.com by Feb. 1 (\$30)
- Mail this form with a check (\$30) payable to Jubilee Convention Committee, P.O. Box 724, Gulf Shores, AL 36547
- Pay at the door (\$35)

NAME _____ Circle One: AA, AL-ANON, ALATEEN

NAME _____ Circle One: AA, AL-ANON, ALATEEN

ADDRESS _____

EMAIL _____

would like to donate \$ _____ to help with scholarship registration.

AA, AL-ANON, AND
ALATEEN SPEAKERS

JEFF S (BON
SECOUR, AL),
SARAH H (TX),
LINDA O (GA), CRAIG
W (CT), CLIF G (OK),
MARISSA W (CT),
LORI G (OK),
STEPHEN M (CT)

WORKSHOP LED BY
SARAH H, 50/50
RAFFLE, GIFT
BASKETS, PLUS
TERRY STOKES JR-
AA HYPNOTIST

REGISTRATION IS LIMITED TO 350 – REGISTER EARLY BEFORE WE SELL OUT!!!

ENTERTAINMENT PROVIDED BY COMEDIAN HYPNOTIST
TERRY STOKES, JR
SATURDAY NITE AFTER THE MEETING

YOGA on the BEACH!! Saturday & Sunday morning at 7:00am with Mollie Densley
Early bird meetings (combined discussion) Saturday & Sunday morning at 8:15am

Register (PayPal) at www.GulfCoastRoundup.com or mail a check with the form below:

Gulf Coast Roundup – February 10-12, 2023 – Registration \$25 each

Name(s) _____

Address _____

City _____ State _____ Zip _____

Name(s) on Budget(s) _____

Make checks payable to: Gulf Coast Roundup Mail to: [Angie Bowdren, 930 Gulf Shore Dr Unit 4, Destin, FL 32541](mailto:Angie.Bowdren@930GulfShoreDrUnit4.Destin.FL.32541)

MARRIOTT
SPRINGHILL SUITES

Orange Beach, AL
(877) 590-8185
marriott.com

Mention Jubilee 2023 and
get the group rate of \$129
for king or \$134 for queen.

A JOURNEY THROUGH THE 12 STEPS

SOBBR2023

FRI: 4PM-9:30PM

01 20 23

SAT: 7:30AM-5:15PM

REGISTER NOW

Reg. Online @ www.sobbr.org **\$20** (SEE YOU THERE)

OR Registration Form & Instructions Below **\$25** (SEE YOU THERE)

OR Registration Form & Instructions Below **\$25** (SEE YOU THERE)

COVENANT UNITED METHODIST CHURCH

3610 W Main S Dothan, AL 36305

ALL INTERESTED IN RECOVERY INVITED

FOR MORE INFO
Jennifer B | 334-406-0729
Stacey E | 334-498-1302
sobbrroundup@gmail.com
[@sobbrroundup](https://www.facebook.com/sobbrroundup)

Recordings by Sober Frog Recovery
Complete Sets or Singles Available

HOSPITALITY RM

COMEDY HYPNOSIS SHOW

SILENT AUCTION

COUNTDOWN

RAFFLES

SOBBR 2023 SCHEDULE

Friday, January 20, 2023

4:00pm Registration Opens and Hospitality Room (Coffee & Snacks)

4:30pm AA, Alanon, YPAA Meetings

6:00pm Workshop Session 1: "Fear & The Seven Deadly Sins"
Leslie S. Atlanta, GA

6:30pm Dinner Provided

7:30pm Workshop Session 2: "Fear & The Seven Deadly Sins"
Leslie S. Atlanta, GA

8:15pm Sobriety Countdown & 50/50 Raffle

8:30pm Hynosis Comedy Show with Terry S

Saturday, January 21, 2022

7:30am Registration Opens and Yoga (Bring a yoga mat. Limited supply available.)

9:00am Steps 1, 2 & 3: Steve (AA), Fairhope, AL

10:00am Coffee & Breakfast Treats

10:15am Steps 4 & 5: Leslie S (AA), Atlanta, GA

11:30am Steps 6 & 7: Linda L (ALANON), Nashville, TN

12:30pm Lunch Provided

1:15pm Steps 8 & 9: Jane L (AA), Tallahassee, FL

2:30pm Steps 10 & 11: Luke B (AA), Dothan, AL

3:45pm Steps 12: Terry S (AA), Dothan, AL

4:45pm Fun Finale: 50/50 Raffle, Basket Raffles, Silent Auction

WORKSHOP SESSIONS 1 & 2
FEAR & THE SEVEN DEADLY SINS
presented by LESLIE S (AA), ATLANTA, GA

SOBER FROG RECOVERY

Recovery recordings and merchandise will be available for purchase: soberfrogrecovery@gmail.com (850) 421-1111

This flyer may be copied and distributed.
\$20 Pre-Reg thru Jan 13, 2023 | \$25 at the Door

Online Registration: <http://www.sobbr.org>
Details to: order@alcoholism.com or recovery@alcoholism.com
Registration Form Below. Make Check or Money Order payable to "SOBBR"
Mail to: 446 Rice Rd, Taylor, AL 36301

Hotel Special: Courtyard by Marriott Dothan • 3040 Ross Clark Circle, Dothan, AL 36301

Rates: \$89 Start Date: 1/20/22 • End Date: 1/21/22 • Last Day to Book: 1/13/22

Reserve Now! 334-671-3000 • Look for link @ [sobbrroundup](https://www.facebook.com/sobbrroundup)

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

NAME ON BADGE: _____

SPONSORSHIP CONTRIBUTION: \$ _____ LEND A HAND TO THOSE UNABLE TO AFFORD THE REG. FEE.