Area I District 14 Newsletter

One day



We admitted we were powerless over alcoholthat our lives had become unmanageable.

Concept 1

"The final responsibility and the ultimate authority for AA world services should always reside in the collective conscience of the Fellowship."

Tradition I

"Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward."

Ist Step Prayer

I admit I am powerless. I admit that my life is unmanageable when I try to control it. Help me this day to understand the true meaning of powerlessness. Remove from me all of my denial.

IN THIS ISSUE:

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"TRUST GOD, CLEAN HOUSE, HELP OTHERS"

Step One and Surrendering

Step one is where it all begins. It is important for people to spend as much time as they need to work each step. You want to process it fully, understand it, and apply it to your life. You might be wondering, "How do I do step one?" There are several ways that you can do step one correctly so that you can get the most out of it and utilize it as the foundation of your recovery.

The steps, while the same across the board, are subjective to each individual. This means that one person might go about completing step one in a different manner than another person. That is completely acceptable, however, it is important that when finished, individuals know their powerlessness over alcohol and surrender to the disease. Some ways to get to that point in step one can include the following:

- Break down denial. It is likely that you have spent a great deal of time telling yourself and others that you did not have a problem with
 alcohol abuse. You might have even said it so much that you got yourself to truly believe it. You might even realize, for the first time, that
 you did have a problem as you begin the steps. Either way, it is imperative to break out of the fog of denial by looking around and assessing
 your relationship with alcohol. Doing so can help you get a grip on reality so that you can go forth in your truth.
- Split the step into two parts. Look at step one as 1) admitting that you are powerless over alcohol and 2) that your life has become
 unmanageable. Focus on the first part until you are comfortable in saying that you are powerless over alcohol and believe it when you say
 it. Then, take the time to look at your life and experiences with an aerial view so that you can see the big picture of how unmanageable it
 was.
- Let go of ego and focus on humility. Try at least once to let your ego go out the window and adopt humility. This can be much harder than it sounds, especially if you are used to letting your ego run the show. The sooner you find ways to humble yourself, however, the more open you can be to step one and the rest of the steps.
- Place feelings of guilt and shame on the back burner for now. These feelings are so incredibly common, however, they can get in the way of you making progress in your recovery. Do not try to push these feelings down and try to forget them. After all, doing so will only stand in the way of your recovery. But, allowing them to "live" somewhere else while you focus on step one can help avoid distraction and emotional upset that can challenge your progress.

How You Can Make Step One Easier to Accomplish:

When you start to fully immerse yourself in the 12 steps, you may experience a number of different emotions. There is nothing light and breezy about step one. Instead, it is often viewed as one of the most difficult steps to accomplish. After all, it requires admittance of having a problem. However, when you do step one, there are things you can do to make it easier. Some of the most important things you can do when working the first step can include the following:

- Get a sponsor. A sponsor is someone who has accomplished several or all of the 12 steps. They will be able to provide you guidance and support as you begin your own personal journey with the steps. The first sponsor you choose does not have to be permanent. After all, you may decide to ask someone else to sponsor you after you have gotten to know more people. Your sponsor can not only offer you support, but also give you insight on how to own the first step.
- Go to meetings. The vast majority of people who have attended a professional treatment program have been exposed to the 12 steps. However, many of those same individuals don't really begin diving into the steps until they start going to meetings. Not only do meetings help immerse you in the steps, but it also helps to hear the experiences of others. As a result, you can gather strength, confidence, and perseverance for your own journey.
- Make the most of your time spent in 12-Step meetings or groups. Whether you are in treatment or in recovery, you can make the most of your time by fully engaging in 12-step meetings. This can include ensuring that you are paying attention, sharing, asking questions, etc. The more involved you are in your meetings or groups, the easier it will be to accomplish your steps.

There is no specific way to do step one, as every person struggling with alcoholism is different. The most important thing you can do when working step one is to remember the goal of the step. Do what you can to fully absorb the meaning of the step, and take action that will help you to surrender.





The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

Disclaimer:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services.Inc.

"Carrying the Message is the basic service that our fellowship gives, this is our principal aim and the main reason for our existence. Therefore A.A. is more than a set of principles, it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. Hence an A.A. service is anything whatever that helps us to reach a fellow sufferer – ranging all the way from the 12 Step itself to a 10 cent cup of coffee and to A.A.'s General Service Office for National and International action. The sum total of all the services is our Third Legacy of service."

Bill W. - A.A.'s Legacy of Service

TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC.. EMAIL : DISTRICT140DAAT@GMAIL.COM PLEASE SUBMIT ON THE 15TH OF THE MONTH



It is with much gratitude that I close out 2023. This last year has been full of wonderful adventures and I can't wait for more to be revealed. I have been through good times, bad times, times of complete neutrality and have had this fellowship beside me through it all. I have had much love, laughter and sometimes tears to create this life I never dreamt possible.

In 2023, I started as the Treatment Committee Co-Chair, I get to take meetings into Corrections Facilities, I get to be the ODAAT Editor, I get to attend Area Assembly and I get to be the Registration Chair for the Gulf Coast Round-Up, I became a member of the Miracle Group where I have a Service commitment as their Treatment Rep. I chair meetings, sponsor women, and I share my story when asked. I say all of this because I never would have thought that my life would be so full of excitement without alcohol. To be of service to others was unheard of and now it is the highlight of my life.

If you ever feel your life is not being fulfilled while sober then give me or many others a call, we will tell you our experience with jumping "head first" into this way of life. It says in the big book "we are not a glum lot" and for me that has been the truth. Get in the middle and see for yourself what this life has to offer, you just might be pleasantly surprised.

The willingness to do whatever it took to keep with Tradition 7 and being self -supporting was a very large part of my journey to become right sized. I have delivered pizzas, Uber'd, worked in a Dr's Office, cleaned, consulted and no matter what the job I enjoyed being of service at each and every position because I was sober and truly appreciated my employment. God has gifted me a position back in the field I love today and for that I am truly thankful because I will never take it for granted again.

I owe all of this to God, the 12 Steps and the 12 Traditions that give me a solid foundation for a life full of honesty, integrity and humility. A life of usefulness and service.

My life has taken on a new season as I begin the journey of being back in the world. Living life on life's terms, where I have less time to give compared to my 5-6 meetings a day and being able to drop everything and go. But thanks to the spiritual giants who guide and support me I know that this is the program working and God willing I will make it through yet another few 24 hrs sober. Always giving when I can as long as I am true to myself. This to me is what "Suit Up and Show Up" truly means. 2024 should be another wonderful adventure and I for one am super stoked!

Thank you for my sobriety, Jen B cell: 850–240–9916



From the Desk of District 14 Intergroup Chair: Linda W and Co-Chair: Paul B



January 2024, Intergroup Report for Newsletter



I just want you all to know how much we appreciate all the officers, Committee Chairs, Intergroup Representatives, and Trusted Servants for this past year and looking forward to all of us working together for one more year. The only shifts open are Friday night and Sunday night 4:00pm-7:00pm and Sunday 12:00pm – 4:00pm, if anyone interested, please give Linda W (850-582-7704 or Paul B (850) 240-0416 a call. We are trying to get all shifts taken so we are 7 days a week open 8:00am – 7:00pm. We want to be of service to District 14 as much as possible. Thanks for allowing us to serve intergroup and central office for this 2-year term, if you have any questions just give us a call.

We were closed for Thanksgiving, Christmas, and New Year's so we all could spend time with our families. I hope everybody enjoyed our Alkathon Meetings that was held December 31, 2023, 12pm – 12am. Paul B was the coordinator for this event. We provided food, snacks, and drinks, if you did enjoy this it is up to the voting members if we have this again next year. We had groups to chair the meetings, but everybody was welcome it was all open meetings. It was held Central office located 24 Hollywood Blvd SW Suite 3, Fort Walton Beach, FL 32548 questions call 850-244-2421, we passed out newcomer chips during the meetings, the archives is located at central office and was open to view it (no food or drinks in this room), we answered the phones and sold books etc. during this time so hopefully people that came, got to see what it is like to be a trusted servant answering the phones and get more intergroup representatives from groups and trusted servants due to this event.

The Eat and Speak, the groups in District 14 host this event, the group will help set up and break down, if a group needs help just ask, we are happy to be of service and the AA group gets their own speaker and the Anon gets their speaker and a flyer is made up and put in the newsletter, so groups know who the speakers are and the date for the next one, this is a family event you bring a covered dish to share, and we have 2 speakers afterwards. We hope to see you at the next one and enjoy the fellowship which starts and 5:00pm – 8:30pm. Intergroup pays for the meat and 2 sides to help the event be successful, it is a lot of fun listening to the speakers and getting to know more people and meeting other recovery AA members and families. We have this event each quarter and hope you will make it a point to attend. If you have any questions the chair of the Eat and Speak is Terry S (850) 428-4359 if your group is interested in hosting one for 2024 year let him know ASAP. This event is held at First Presbyterian Church, 134 Beal Pkwy. SW, Fort Walton Beach, FL 32548.

The Breakfast is held the 1st Sunday of each month at Amvets Post 78 located 910 <u>Valastics</u> Ave. Valparaiso, FL starts 9:30am breakfast \$8.00, Speaker is 10:30 am and should be over at 11:30pm. If any group in District 14 is interested in hosting one call the chair Suzie B (850) 758-1321, she has some openings to fill 2024-year. Your group gets the speaker, and you help set up and break down the room. The people who attend usually help you just ask we will be happy to be of service. A flyer is made up by your group and it is passed out to groups and put in the newsletter.

Please get an intergroup representative for your group to attend the next meeting which will be held January 15, 2024, at 6:30pm held Central office, we are going to do our best to keep the meeting 1-hour, but it could go longer if we have important information to vote on and discuss. The intergroup representative will bring back suggestions for events and if any group has any other ideas how we can be of service for District 14 come to meeting we will discuss it during the meeting, we are doing our best to be of service to our District.

Thanks for the honor to being of service-Linda Chair (850-582-7704) and Paul Co- Chair (850-840-0416)



From the Desk of Dawn 0- District 14 DCM



Greetings District 14! Dawn O. here with your latest District News.

Reminder: January's District Meeting of our GSR's will be held Monday, January 1, 2024, at 6:30 pm at the District 14 Intergroup Office, 24 Hollywood Blvd, Fort Walton Beach, FL. If you can't be there in person, join us virtually on Zoom ID: 821 7546 8660, PW: district. Please note that our next meeting will be Monday, February 5, 2024.

We have an exciting year ahead as we plan for several district events designed with you in mind! Look for more information on upcoming workshops events such as the *Literature Road Show*, Pre-Conference Workshop, and much more. Stay tuned for more information.

Are you ready for fun and fellowship? Then plan on participating with District 14 as we host the next Area 1 Convention right here on the Emerald Coast. The convention will be held on November 1-3, 2024, at the Destin-Fort Walton Beach Convention Center. The next meeting of the Convention Committee will be **Monday, January 8, 2024, at 6:30 pm** at the District 14 Intergroup Office, 24 Hollywood Blvd, Fort Walton Beach, FL. If you can't be there in person, join us virtually on Zoom (ID: 629 006 1411, PW:1935).

The first **Area Assembly** of 2024 will be held **January 12-14, 2024**, still in Auburn, Alabama at the Clarion Inn & Suites (334-821-7001). Can't make it in person? Join us virtually on Zoom (ID: 629 006 1411, PW:1935).

Check out the Area 1 Literature Committee Monthly Workshop. This month is a Pamphlet Workshop "Young People in AA" presented by Luke B., Area 1 Alt. Delegate, Tuesday, January 30, 2024, at 7:00 PM Zoom ID: 629 006 1411, PW:1935.

This month's literature feature:

Check out the new FAQ section at https://www.aa.org/faqs

It is a new central resource where you can easily find answers and links to related information of some of the most frequently asked questions from new comers and old timers alike.

Yours in A.A. love and service, Dawn O., DCM, District 14, 850-320-2712





From the Desk of Lisa F- District 14 Treasurer

In order to be better stewards of Alcoholics Anonymous' District finances, a Budget Subcommittee was formed at the December meeting of the District 14 General Service Committee. The intended purpose of the committee was to:

- 1. Decrease operating expenses to less thank \$14,000 and
- 2. Increase our Prudent Reserve (financial safety net) to 9-12 months of funds



In order to continue to support the District 14's functions of fostering unity of AA in our district (Santa Rosa County, Okaloosa County and Walton County) and of serving groups and individuals as they help carry the message to the still suffering alcoholic, we need to ask for your help in keeping "bare running expenses and maintaining a prudent reserve."

As we pare down the budget, see attached table, we also need to look down the road to the effects for 2025 and beyond. Our current 2024 budget of \$13,862 (if approved) is not sustainable for 2025 at the current level of contributions. As a committee, we decreased the budget by \$2620. There were some tough decisions, especially the removal of scholarships to Area Assembly for GSR's. This had been a cost of \$1000, but in keeping with the Seventh Tradition, the committee felt this cost should be returned to the group level. Multiple committees and district positions saw reductions to their budgets, as well.

Of significant need is accruing \$10,397 -\$13,862 (9-12 mos financing) in our prudent reserve. We currently have only \$1,516 or approximately a 1.5 month prudent reserve. This accrual we will do over time. Lesser months' prudent reserve was acceptable pre-pandemic, but in our post-pandemic environment, new guidance has emerged out of the tough experiences from groups, districts and the GSO. District 14 will begin by allotting \$100/month to the prudent reserve account.

We realize this is only a little, but it is a starting point. The next frontier in building our safety net is to ask AA groups to consider regular, consistent contributions to include District 14. We do have some regular, consistent contributors to whom we are most grateful. Even if a regular contribution is small, being able to count on the steady stream of funds to build our prudent reserve would be extremely helpful.

Back in 1939, the Big Book mentioned folding paper money, meaning a dollar, being offered in the basket at meetings. Here we are nearly 85 years later still doing the same thing. I can't even imagine how much inflation has impacted that dollar bill-needless to say, it is a huge impact. If you are able, as an individual AA member, please consider increasing your offering at meetings. And, as we always say, if you are not able to contribute, don't worry about it. We rely on you and your General Service Representatives (GSRs) for your service and financial support to bring the news of AA as a whole to your group and to bring the voice of the group to AA as a whole.

A little about Corporate Poverty, a value that AA utilizes at all levels. Going forward we must:

- 1. Be true stewards of AA's finances

new services. ("Corporate Poverty" The AA Grapevine March 1997)

When thinking about AA finances it is important to remember the spiritual benefits of contributing. 1. It is as important to the contributor as to the recipient.

2. It gives groups an opportunity to know they help to carry the message around the district – in treatment facilities, jails & prisons, to professionals, through literature and Grapevine circulations and through your DCM and Alternate DCM.

Corporate Poverty, like powerlessness, is a GOOD thing! Don't let the word "poverty" dissuade you; it is merely a detachment from money in a spiritual sense. It is a state of mind. And also, fiscal common sense.

Thank you in advance for your thoughtful consideration of this information. Lisa F – District 14 Treasurer 2023–2024







52nd GULE COAST ROUNDUP February 9th - 11th, 2024

On the Gulf Coast of Okaloosa Island at The Island Resort 1500 Miracle Strip Pkwy SE Fort Walton Beach, FL 32548

Friday Carol Van D. (AA) Pensacola, FL Larcine G. (AFG) Hawthorne, CA 4:30pm 8:00pm Saturday

John C. (AA) Hillsborough, NC Debra V. (AA) Jacksonville, FL Old Timers Panel 10:00am 2:00pm 4:00pm Raffle and Sobriety Countdown 7:30pm 8:00pm Steve V. (AA) Jacksonville, FL Sunday

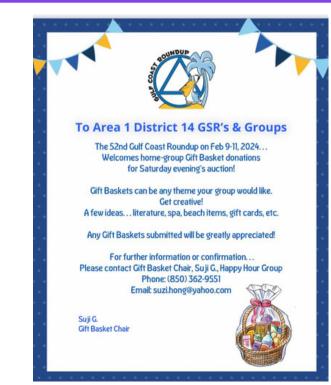
9:30am Curtis J. (AA) Taylorsville, KY

REGISTRATION IS LIMITED TO 350 - REGISTER EARLY BEFORE WE SELL OUT!!!

ENTERTAINMENT PROVIDED BY COMEDIAN HYPNOTIST TERRY STOKES, JR SATURDAY NITE AFTER THE MEETING YOGA on the BEACH!! Saturday & Sunday morning at 7:00am with Mollie Densley Early bird meetings (combined discussion) Saturday & Sunday morning at 8:15am Register (PayPal) at www.GulfCoastRoundup.com or mail a check with the form below: Gulf Coast Roundup - February 9-11, 2024 - Registration \$25 each Address

ity	State	Zip
me(s) on Badge(s)		

Make checks payable to: Gulf Coast Roundup Mail to: Angle Bowdren, 930 Gulf Shore Dr Unit 4, Destin, FL 32541







Room Rates – good from Feb 9 thru Feb 13 Standard (king or 2 queens) \$109 per night*

Email reservations@mainsailhotels.com or

Call (850) 337-9194 (ask for Vanessa or Jackie)

Reserve before January 10 to guarantee rates

\$139 per night*

\$139 per night*

\$145 per night*

\$149 per night*

\$199 per night* \$209 per night*

*plus tax

Poolside (king)

Poolside (2 queens)

Gulf Front (2 queens)

Gulf Front Suite (K or 20)

Gulf Front (king)

Poolside (K or 2Q)

Suites



Child under 12-Weekend - \$10.00/\$15 Gate Tent Pitching: \$15 Per tent (We don't supply tents) T-Shirts: \$20/ea (Sizes: S, M. L, XL, 2XL) Bike Run: \$20 (FREE if you buy a day or weekend pass) NOTE: WE ONLY TAKE CASH OR CHECKS AT THE GATE NO CREDIT/DEBIT CARDS AT THE GATE!

All sales are final, and non-refundable All agrees are many, marking online, we don't ship items to you. This is a Rain O' Shine Event. When ordering online, we don't ship items to you. We will have all items for you (INCLUDING TICKETS!) at the front gate day of the event on a Will Call basis. Thank you so much for your cooperation!





The meeting opened at 6:30PM with the "We" version of the Serenity Prayer, Tradition 2 and Tradition 9.

COMMITTEE REPORTS

- Secretary Report: (Jen D) Read and Accepted.
- Treasurer's Report: (Jen G) Total expenses: \$1,490.67. Beginning checking balance: \$12,820.71. Income: \$1,990.18. Expenses \$1,490.67. New checking balance: \$13,320.22. Prudent Reserve: \$7,500.54. Suzi asked if there is an annual budget report. Dan will get with Jen G about creating an annual budget spreadsheet.
- Book Fund Report: (Johnnie) Beginning balance: \$3,521.74. Income (11.20–12.18) \$485.30. Expenses \$1,261.46. Current balance: \$2,745.58.
- Chairperson Report: (Linda) Thank you to all the officers, committee chairs, intergroup reps and trusted servants for this past year. Closing for Thanksgiving, Christmas Day and New Years. There are flyers with the Alcathon details on it. Paper product supplies have been purchased for Eat n Speak and the Alcathon. Encouraged participation from Intergroup Officers, Committee Chairs, Intergroup Representatives and trusted servants. One of the reasons the Alcathon is being held at the Central Office is to bring awareness to the office and what is done there. The archive room will be open to all, and a reminder about no food/ drinks in that room. We will be answering phones and selling merchandise. Things voted on this past year: Our committee chairs for Eat and Speak & the breakfast chair found groups to host for the entire year. A vote on donating to the GSO will be discussed in Old Business. We are having our first 12-hour Alcathon 12.31.2023. We will be hosting a breakfast meeting 09.01.2024 to help people understand the positions that will be voted on 10.21.2024. Office hours are 8am 7pm. We had an Intergroup picnic with food/ games. The speaker came from out of town, and Intergroup covered all the cost. Approx. 60 people in attendance compared to the 25 that came last year. Lynn and Rindy are working together to find contact information for all the Intergroup Reps. Jen D to forward contact list. Got feedback from the groups on how to spend the extra funds. We received the sales tax exempt but not the State as of yet. All taxes are current.

Transferred excess funds from the Book Fund and Intergroup checking account to have our prudent reserve at \$7,500.00. Fire inspection has been completed. New 3 year Cox Cable contract. Eat and Speak rent increased to \$50.00 for the church and the breakfast increased to \$25.00. Had the carpets professionally cleaned and trusted servants cleaned windows. Jerri S and Linda W decorated the office for the holidays. Thanks to everyone for their hard work.

- Co-Chair Report: (Paul) Alkathon is Dec 31 12pm 1am @ Central Office. There will be a deli tray, pizza and fried chicken. (1 served at 1PM, the next at 5PM, and 9PM). Groups are encouraged to bring snacks/ desserts. Feedback is welcome.
- DCM Report: (Dawn)
- AA Hotline Report: (Rindy) Will be making a Facebook post about holiday shifts. Very few Google Voice issues.
- ODAAT: (Jen B) Having a hard time receiving speaker information. Had to change the print location, and will let the group know if there are any issues.
- Web Servant Report: (Jaime) 616 visitors. 1 China / 1 India / 1 Canada.
- IG Breakfast Report: (Suzi B) Workshop went well. 7th Tradition \$38 Rent \$25 Intergroup \$13. Mossy Head to host next with Jim B as speaker. Need speakers for the following months: June, July, August, and October. Please announce to groups.
- Eat & Speak Report: (Terry) Sat the 30th hosted by Busters. Speaker is Chuck H., the Al-anon speaker TBA.





INTERGROUP COMMITTEE MEETING

OLD BUSINESS: Motion for Intergroup to make I time donation to GSO. Voted YES: Primary Purpose, Straight up Group, Happy Hour, Sparkle, Miracle Group, Busters, Unwind your Mind, Weekenders. Voted NO: Mossy Head Group. Motion passed by majority. Motion made to determine donation dollar amount. Motion tabled. Suzi brought up discussion on creating an annual budget. Rindy offered to put one together. Dan (Happy Hour) will help Jen G put together an annual budget report. Linda notified Jen G via text. NEW BUSINESS: Emily brought up discussion about BINGO as a fundraiser. Paul brought up the idea for a dunking booth during a spring picnic. It was decided to take back to the group for discussion (Any other ideas, How donation should be distributed) Emily will do more research on the BINGO idea. Emily made a motion to no longer read the meeting minutes at the meeting. The minutes are sent electronically, therefore may be reviewed prior to the meeting. Emily also made another motion that only groups with significant information/ notifications provide a report. Both motions passed. Jen D will provide printed copies at the meeting. Jason asked about passing out chips during the Alcathon. Intergroup will provide the chips, and Paul will make sure they are available. Kathy asked the question about how Intergroup accepts payment other than check. (Link on website, Paypal)

GROUP REPORTS:

- Mossy Head (Johnnie) Eat N Speak 01.28.2324. Deborah K 11 years, Lynn A 11 years, Jim B 17 years, Terry 0, 28 years. Opens at 5PM Speaker 6:01PM.
- Happy Hour (Dan) December 29 birthday party. Located at Alano Club 5:30pm.
- Straight up Group (Dan): No birthdays this month, but a lot next month.
- Weekenders (Linda): Birthdays Steve 4 years and John with 1 year celebrated the last Sunday of the month 5:30-6:340.
- Miracle Group (Brad): Will be at Alcathon at 6pm.





INTERGROUP TREASURY REPORT

District 14 Intergroup Treasurer Report

Nov-23

Income	
Group Contributions	1,476.18
Intergroup Breakfast (After Rent)	11.00
Quarterly Eat & Speak Income	1
GSC/Dist Rent (3 months)	453.00
District Zoom Contribution	
GSC Donation for David Anderson	50.00
Transfer from Book Fund	
Total income	1,990,18
i otari income	1,779.10
Expenses	
Speaker Reimbursement	
Bank Charges	2.99
Cable TV	205.52
Eat and Speak Food	225.00
Electricity	90.38
Alkathon Supplies	181.64
Rent plus Autopay Fee (2.49)	724.15
ODAAT Printing Fee	45.00
Zoom Monthly Fee	15.99
Total Expenses	1,490.67
Begining Checking Balance	12,820.71
Income	1,990.18
Expenses	1,490.67
New Checking Balance	13,320.22
Prudent Reserve (Savings End Bal.)	7,500.54

Nov 2023

YTD Group Donations to Intergroup

87 Stools & Bottles Group	17.00
#697516 Beautiful Downtown Baker Group	50.00
An AA Group	62.34
Brown Baggers	1,000.00
Busters	1,342.00
Freeport Troublemakers	25.00
Care Group	. 848.,
CAYA (Come As You Are)	1980
Chain Gang AA Meeting	
Corpus Christy Group	1997
Cover to Cover Group	(14) (14)
Crestview Mon Night BB	(-)
Crestview Southside Group	1 1000
Daily Reflections Group	-
Deckhands Group	600.00
Dedication Group	-
Destin Group	1,810.00
Destin Saturday Night Group	-
Early Risers - Navarre	1,395.20
Faith Group of Crestview	50.00
First Things First Meeting	(m.)
Friday Night Lights	-
Happy Hour Group	200.75
Honesty Group	1 - 1943
Hurlburt Field, Chapel Group	1.00
Jaywalkers	49.96
Ladies Friday Night Group (Candlelight)	-
Lakeview Group	40.00
Lakeard Awakenings Meeting	-
Living Sober Group (Candlelight Group)	200.00
Monday Night Big Book	(*)
Men's Group	1 1000
Miracle Group	140.00
Mossy Head Community Group	110.00



Nov-23

10%

Group Contribution	5
Destin Group	750.00
Early Risers	356.18
Living Sober	100.00
Miracle Group	20.00
Primary Purpose	50.00
Third Tradition	200.00
	12
	~
	1
Total*	1,476.18
	35
	~~

Navarre Fellowship	10
Niceville Group	100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100 - 100
On Awakening Group	10
Paypal	
Powerless Meeting	294.85
Primary Purpose Womens	295.50
Red Door Group	
Rise & Shine	550.00
Rule 62 Group	
Sat Night Live Meeting	12
Saturday Night Serenity	15
Second Chance Group	12
Serenity by the Sea	150.00
Serenity Group (Friday night)	100
Shoulder 2 Shoiulder	(A)
Sparkle Group	200.00
Straight Up Group	
Sunday Sunrise Beach Meeting	10
Sunday Sunset BB Study Group	
Third Tradition Group	200.00
There is a Solution	72.44
Thursday Night Ladies 12 & 12	
Traditional Group	
Turning point	318.38
UBU Meeting	Q2
Unity Group	220.00
Val-p Home AA Group 161944	72
Wed. Women in Recovery Group	18
Weekenders Group	77.10
Women's Meeting	
Primary Purpose	392.72
Lunch Bunch	60.00
Women's Sunshine Sisters Meeting	100
Young at Heart	321.00
Totals	10,244.24





DRAFT UNTIL Approved at the 1 Jan 2024 District Meeting CONFIDENTIAL- FOR AA USE ONLY, LAST NAMES MAY BE USED AREA 1 DISTRICT 14 GSR MEETING with SERVICE COMMITTEE REPORTS

Date: Dec 4th, 2023

District 14 GSR Officers Present

DCM: Dawn O Alt. DCM: Brad A. Treasurer: Lisa F. Secretary: Scott C.

SERVICE COMMITTEE CHAIRS PRESENT

Archives: Lotte Corrections: Not available Grapevine: Diana C. (online) Literature: Suzie B. PI/CPC: Patrick McD Treatment: CJ Technology: Savage Intergroup: Linda W. (online)

MEETING

The meeting was opened with a moment of silence followed by the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. The Declaration of Unity was recited. Total attendance xx. Xx in person. 6 virtually.

lew GSR's:
lone
lew Alt. GSR's:
lone
lew Service Positions:
lone
'isitors:
usan M. here to support; Jason L, intergroup rep for Early Risers



DISTRICT 14 OFFICERS REPORTS

Secretary: Scott C. read the abbreviated and amended minutes from November. Karen motioned to accept and Savage seconded. The Secretary's report was accepted.

Treasurer: Lisa F. reports November amounts as follows: Opening Balance: \$8214.51 Income: \$835.18 Expenses: \$487.72 Ending Balance: \$8561.97 Prudent Reserve \$1516.16 Mike motioned to accept; Brian seconded. The treasurer report was accepted. Report was sent out prior to the District meeting and is attached.





DCM: Dawn O.

See attached

Alt. DCM: Brad A.

The District 14 Convention Ad hoc Committee has been approved to move forward as the Area Convention Committee in the creation of an Area Convention on November 1st-3rd, 2024 in FWB

Meetings are currently being held on Monday evenings, 5:30 at CO on a bi weekly basis, which is subject to change. A lot of chair positions have been filled but there are immense opportunities to serve. Terry S. is the chairperson and Patrick McD. is the co chair.

District

I attended the District 14 Corrections workshop on November 18th at the Alano Club Mitchell F. Area 1 Corrections Chairperson, did an amazing job with his presentation. Among the notable topics discussed were the following: Expressed the need for Corrections involvement at the group and District level. Stated you can be involved in Corrections without going into the facilities. Examples include the pen pal program, sponsorship, The Bridge Program, and of course... administration. GSO needs pen pals. Requires written letter to inmate approximately once per week. It's a great way of staying in touch with inmates, especially once they depart or change facilities. Says we do a great job of getting the message to inmates but miss the great opportunity of getting them connected once outside the facility walls. He spoke about singleness of purpose and how AA does not conform to an institution's idea of what a meeting should look like. ALCOHOL ONLY! We defer to the alternative programs they seek for outside issues. He cautioned against becoming affiliated with any entities outside of AA. For instance, halfway houses, detox facilities. Finally, the most effective way to carry the message... stick to the literature. There is a Corrections Service Manual and pamphlets galore.

I attended the Intergroup Breakfast on December 3rd along with Dawn O., Scott C., and Lisa F. They did a fantastic job sharing their experience, strength, and hope regarding service in the AA fellowship. I would like to thank Sugi for her hard work and contribution to the **success** of the meeting. She provided the Archives display for the event.

We now have 9 groups who have filled out their group committee member lists. Thank you to the following groups who recently provided their information: The Happy Hour Group and The Third Tradition Group. Forms are available in print or via email. See me for more information.

Intergroup

I attended the monthly IG meeting. I would like to encourage groups to elect an IG chairperson and get involved IG works for you only if you let them know how to do so... We need your collective voice!







General Announcements

IG will be hosting an Alkathon on December 31, 2023, from 12 pm to 1 am at CO. The event will consist of 7, one hour meetings with one hour breaks in between. All time slots have been filled by host groups. However, your support is needed and much appreciated The 52nd Gulf Coast Roundup will be held February 9th- 11th at the Island Beach Resort. Registration is limited to 350 and will sell out. Register now! The event is seeking donations from

baskets from AA

groups.

Thank you for allowing me to serve!

Brad A., Alt. DCM, District 14 860-259-0013

SERVICE COMMITTEE REPORTS

ARCHIVES: Lotte (Chairperson) Nothing new to report, no meeting this month. At the Alkathon may have the repository open as a visit.

CORRECTIONS: Tod W(Co-chair): Minutes (attached)

GRAPEVINE: Diana C. (Chairperson-online) New Grapevine, So Far yet So Close; Sober Holiday stories; Karen is a new rep; now they have 3.

LITERATURE: Suzie B. (Chairperson) Doing OK; thanks to Suji alternate chair and attending the Area Literature meetings. Had a make and take on Saturday and there are bookmarks (6 attendees); take a bookmark! Still have newcomer packets at Central Office, but encourage Groups to use their own budget to purchase the literature and make their own. There will be a literature roadshow Spring 2024.

PI/CPC: Patrick McD. (Chairperson) Met last Sunday, Attended by 4; Richard is working on a Grapevine Blitz and there are a bunch of them in packages of 12 with the number of Central Office. Please take them back to their homegroup and leave a couple around. Spoke to the Cope Center in Defuniak and they are interested in meetings, details for this and meetings at Bridgeway passed onto Treatment. Also reaching out to Resource officers and the Spanish Speaking communities. Also the Women and Children in Defuniak have been passed on to the Treatment committee as they've shown interest.





TREATMENT: CJ (Co-chairperson) Had a lame turn out, only 8-10 at their last meeting. New business as detailed above in the PI/CPC. Will hold elections this Saturday for Treatment Center Chairs at 10am. Great opportunities in Defuniak but need people to fill those spots. The elections this weekend are per center so they can help keep the spirit of rotation. One year sobriety is desired and the rotation is about 6 months.

TECHNOLOGY: Savage (Chairperson- Online) Nothing to report; but looking for things to post. Committee members need to send it.

INTERGROUP: Linda (Co-chairperson) Alkathon, starts at 12pm; goes until 1am on Dec 31st; feel free to bring food and beverages. It is at Central Office to help promote IG and the Central Office. Archives will be open to view (but please no food or drink in the Archives area). Closed 12/25/23 and 1 Jan 24 after 1am. Eat and Speak at the 1st Presbyterian Church in Fort Walton. Breakfast meeting Sunday January 7^{th.} Hosted by Mossy Head with Jim V.

AD HOC Area 1 Convention Committee: Terry S (chairperson) ; Patrick McD says everything is rolling along good. Next meeting Dec 11 at 6:30pm at Central Office. Theme is Miracles of Love and Service; IT will be Nov 1-3 at the Destin/FWB Convention Center.

OLD BUSINESS

None



NEW BUSINESS

Dawn has a motion to move meeting from Jan 1 to Jan 8th; 6 yes votes to move to the 8th; 8 no's to move; motion did not carry; the meeting will remain on the 1st.

Suggestion of an AD HOC committee to readjust budget with Lisa as Chair. Scott, Brad, (ex-officio) Suzi, Diana, and Karen on the committee.

There was a motion to decrease to 3x a year for Area Convention for Committee Chairs, this reduces the budget by \$2400. Karen motioned, Savage Seconded. Unanimous agreement and the motion passed.

GSR REPORTS

An AA group: Steven Jackson (GSR online): No report

Beautiful Downtown Baker: Ron (GSR): No report

Brownbaggers: Savage (Member at Large) Number of birthdays in November, good party. New treasurer, hope to get a distribution out soon.



Busters for Sobriety: Mark (GSR): No report

Deckhands: Sandy (GSR) No report

Early Risers: Karen (GSR) 4 birthdays in the ODAAT, 60 years!! Eating meeting the second Wednesday of the month (13 Dec), at 5:30pm; have a cool new visitors chip

Faith Group: Henry (GSR): No birthdays; getting back to pre-Covid numbers with 30 people per meeting and 1 to 2 newcomers

Freeport Trouble Makers: Kelly (GSR)

Friday Night Lights: Kathy L (GSR) Doing great; one birthday, home made dinners by Sue.

Happy Hour: Suji (GSR) Steady increase of attendees; about 20-25; and increase of business meeting participants. Birthdays in the ODAAT. Dan V is new Secretary; new visitor chips. Voted to donate all additional funding to intergroup and GSO and will pay for attendance at Area Assembly.

Jaywalkers: David (GSR) Emily C. birthday with 1 year; 15 on Saturday, 20 on Sunday

Lakeview: James (GSR) Still on the Lake; 5 million Christmas Lights.

Men's Group: No report

Miracle Group: Todd (Alt GSR); Michael H on Speaker night and Jamie F back and will continue to be secretary and PI/CPC.

Monday Night Big Book: No report

Mossy Head Community Group: Mary Beth (GSR) Packed house on Sundays and Wednedays; Mary Beth has 3 years.

Navarre Fellowship: No report

On Awakening: No report

Primary Purpose II: Mike (GSR); 2 birthdays; Emily 2 years; Mike D 24 years.

Primary Purpose Women's Group: Ashley L(GSR) No report.

Rise and Shine: David (Alt GSR) Average attendance about 20, busier on Weekends. Charles K, 2 years, Eric L 7 years

Rule 62: No report

Second Chance: No report







Serenity by the Sea: Inactive; several regular group members moved away and another active Destin meeting and an issue with homeless folks at the church; decision at business meeting was made to go inactive

Serenity Group: No report Sober Sisters from Niceville: No report Sparkle Group: Margaret (GSR) No report Spiritual Axiom Women's: No report Straight Up Group: Allen (GSR) No report There Is a Solution: Kris (GSR) Meets M, Tu, Wed, and read from AA literature; Third Tradition: Lisa (member at large) M,W 8pm 12/12 and BB; 15ish on Monday, 20ish on Wed Traditional Group: Chad (GSR) No report Trouble Makers: Meet M/Th 6:30 No report Tuesday Night Men's Meeting: Michael (GSR online) attendance 8-12 Turning Point: Henry (member at large) No report Unity: Brian (GSR): Interesting Chairs, Leah W Celebrating 3 years this month Unwind Your Mind: Terry (GSR) No report Weekenders: Linda (Alt GSR); One birthday Steve Young at Heart: Lotte (member at large) 15-20 on Tuesday nights Young Peoples Group: no report Announcements Next meeting Jan 1, 2024 January 12 - 14, 2024: Area 1 Assembly, Clarion Inn & Suites (334-821-7001) in Auburn, AL. https://www.aaarea1.org/area-1-assembly.html Area 1 Convention will be Nov 1st - 3rd 2024 at the Destin FWB/Convention Center

CLOSING

Meeting closed with the Responsibility Declaration. Next meeting January 1, 2024.



AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - TREASURER'S REPORT

District 14 Treasurer's Report



Please Mail Contributions: District 14 GSC PO Box 4022 Shalimar, FL 32579	14 GSC 9	
CHECKING ACCOUNT	T	\$7,858.97
TOTAL CASH		0 375 18
Synovous Startement of Accounts		
District 14 Funds	7,858.97	
CHECKING ACCOUNT		7,858.97
Contributions		
An AA Group	47.83	
The Miracle Group (Oct)	20.00	
The Miracle Group (Nov)	20.00	
The Miracle Group (Dec)	20.00	
Total Group Contributions		107.83
Expenses		
Intergroup (Half of NECU Friendship Fund Mem David A.	(50.00)	
Total Expenses		(50.00)
Net change for Nov	57.83	
District 14 Funds Cash Balance Synovus Bank Balance	7,916.80 \$7,916.80	
		0.00



District 14 Treasurer's Report



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Gain/(Losa)	Total Expenses to Date	Total European Annual Print Print Mem David A	Delegate Report Meeting Food Christ the King Delegate Report Meeting	District Picnic & Service Fair	Annual PO Box Rental	Moelianeous	tana Book mana manaka kana tana tana	Internation Zoom Subscription (SRI Med)	Interproup Copier Fees (\$25/mp)	Intergroup Rest (\$118/mo)	Treasurer	Web Technology	Treatment	PIVOPC	Literature	Grapevine		Contectoris (\$615for workshop Nov 2023)	Archives	Scholarship to Area Assembly 4X per year	Chair Stipends Buzie B.	ADCM Stipend 4x per year	Regional Forum	area assembly 4x year	DCM Stipends monthly gas	EXPENSES	Group Contributions		INCOME
		P																							25.00			Monthly	
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District 14 Treasurer's Report

DISTRICT 14 - GROUPS MONTHLY CONTRIBUTIONS 2023	DISTRICT 14 - GROUPS MONTHLY CONTRIBUTIONS 2023		Contri	butions c	Contributions can be mailed to: District 14 General Svc Com	d to: Distri	ct 14 Gene	ral Svc Cor	nmittee PO	mittee PO Box 4022 Shalimar, FL 32579	ihalimar, F	L 32579	
E OFFIC	NAL	FEB	MAR	APR	MAY	NUL	JUL	AUG	SEP	OCT	NON	DEC	TOTALS
3rd Tradition Group Shalimar										42.50			
An AA Group			295.50						62.34			47.83	
Beautiful Downlown Baker Group										10.00			
Brownbaggers		200		200.00	500 00						200 000		200.00
Care Group FWB													1,101.00
Crestview Big Book Group										90.00			
Deckhands Goup of Niceville VENMO			800.00						500.00				1,100.00
Destin group	210.00							100.00					310.00
Early Risers Grp of Navarre	143.67			127.65					400.74		356.18		1,028.24
Faith Group of Crestview		50.00		75.00									125.00
Friday Night Lights SRB			200.00				100.00			8.00			308.00
Honesty Group FWB													
Jaywalkers				156.00									156.00
Ladies 12X12 FWB	1,398.77												1,398.77
Lakeview Grp Defuniak Springs													
Mirade Group FWB			20.00				20.00	40.00	20.00	20.00		60.00	180.00
Mossy Head Community Group					25.00				35.00				60.00
Navarre Fellowship								1,000.00	200				1,000.00
Primary Europe Womens' Group								10.00	00.202				10.00
SOS Mig Niceville													
Sparkle Group of FWB													
Spiritual Axiom							100.00						
Straight Up Group 52 Beal													
Sunday Sunset BB Study Crestview													
There is a Solution Group Niceville													
Thursday Night Ladies group													
Troublemakers											10.00		
Tuesday Night Mens Group SRB	17.00												17.00
Turning Point Grp of Crestview \$80 + \$80	2000	140.00											140.00
Unity Group 52 Beal													
Wednesday Women in Recovery FWB													
Weekenders FWB									128.69				128.69
Women's Spiritual Axiom SRB													
NECU Friendship Fund Memorial David A.											100.00		
Delegate Report Meeting Reimbursement							25.00						
Monthly Contributions	1 769 44	502 00	1 115 50	558 R5	528.00	0 00	245 00	1 150 00	1 398 77	170 50	835 18	107 83	8 390 87
Budget	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	5,400.00
over/(under) budget	1,319.44	52.00	665.50	108.65	78.00	(450.00)	(205.00)	700.00	948.77	(279.50)	385.18	(342.17)	2,980.87
L													





District 14 Treasurer's Report

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - BUDGET FOR 2023

DISTRICT 14 - APPROVED BUDGET (12/5/2022) FOR 2023



646.10	(353.05)	347.46 (353.05)	(782.50)	1,110.23	1,150.00	(2,215.73)	(803.00)	512.00	(1,058.18)	540.50	(250.47)	1,155.94		Gain/Loss per Month
(9,057.67)	(460.88)	(953.00) (487.72)	(953.00)	(288.54)	0.00	(2,435.73)	(848.00)	(16.00)	(1.626.83)	(575.00)	(752.47)	(613.50)	9,703.77	Total Expenses
	(50.00)					1000 C							und Mem David A.	Intergroup 1/2 NECU Friendship Fund Mem David A.
						(50.00)								Christ the King venue fee
						(81.39)							250.00	Delegate Rpt Meeting Food
500.00													500.00	Pionic
							(194.00)							Annual PO Box Rental
0.00														Micellaneous
			(24.00)			(24.00)		(16.00)					64.00	Intergroup Zoom Subscription
			(75.00)			(75.00)				(75.00)	(50.00)		275.00	Intergroup Copier Fees
			(354.00)			(354.00)			(354.00)			(354.00)	1,416.00	Intergroup Rent
136.50						(34.00)						(9.50)	180.00	Treasurer
120.00													120.00	Secretary
500.00													500.00	Web/Technology
							(854.00)						200.00	Treatment
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and the second se									A					
111.88									(88.14)				200.00	Grapevine
414.29	(410.88)	(162,72) (410.88)				(410.88)							1,398,77	Carrections
200.00													200.00	Archives
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372.53										(250.00)	(127,47)	(250.00)	1,000.00	Scholarship 4x per year
500.00						(250.00)			(250.00)				1,000.00	ADCM Stipend 4x per year
													500.00	Regional Forum
250.00						(250.00)			(250.00)		(250.00)		1,000.00	area assembly 4x year
0.00		(75.00)				(75.00)			(75.00)		(75.00)		25.00 300.00	monthly gas
REMAIN					0.00									DCM Strends
BUDGET	DEC E	NON	OCT	SEP (BUN	JUL	JUN	MAY	APR	MAR	FEB	NNL		EXPENSES
	107.00		10.00	1,000.00	1,100.00	25.00	240.00	948.00	00.00	00200 1,11000	00.200	1,100.44	400.00	District 15 Reimbursement
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