





5th Step

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."



"Each group has but one primary purpose— to carry its message to the alcoholic who still suffers."

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"Throughout our world services structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered."



"Almighty God, my inventory has shown me who I am, I admit to my wrongs, yet I ask for Your help in admitting my wrongs to another person and to You.

Assure me, and be with me, in this step, for without this step I cannot progress in my recovery. With Your help, I can do this. Amen."





5th Spiritual Principle

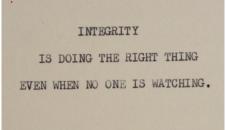


Bill W. considered each step to be a spiritual principle in and of itself. However, particularly in the 12 & 12, he outlined the spiritual principles behind each step. Some of them seem like common sense, but understand going into the exercise that reading these principles and actually practicing them in your day-to-day lives are two entirely different things (and that the latter requires vigilance and willingness).

INTEGRITY

The quality or state of being complete or undivided; soundness.

No one is perfect. However, a person with integrity is willing to face their failings and do all they can to remedy them. In step 5, we practice integrity before God and begin to bring it to our relations with others.



C.S. LEWIS







The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area I District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services.Inc.

"Carrying the Message is the basic service that our fellowship gives, this is our principal aim and the main reason for our existence. Therefore A.A. is more than a set of principles, it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. Hence an A.A. service is anything whatever that helps us to reach a fellow sufferer - ranging all the way from the 12 Step itself to a 10 cent cup of coffee and to A.A.'s General Service Office for National and International action. The sum total of all the services is our Third Legacy of service."

Bill W. - A.A.'s Legacy of Service



MEMORIAL DAY



From The Editor

Selfish and Self-Centered was the life I lived, unaware of how much harm I was doing to the people around me. My family and friends were watching me slowly die of this horrific disease. I did not recognize the woman in the mirror in the last years of being in my cups and I was surrounded by tons of "friends" yet all alone. God led me into AA (I know this now) on Monday, Oct 25th, 2021 at 5:30 pm; Happy Hour Meeting, and revealed my innermost fear. I heard my story being told around the room and felt the urge to say out loud "MY NAME IS JENNIFER AND I AM AN ALCOHOLIC!" It was so overwhelming when the words came out that I jumped up and ran out the back door. The women in that meeting soon followed and made me feel the most loving kindness and support I had ever felt. Right then I knew I was right where I was supposed to be. Every day since that day, I have been in the middle of my recovery trudging the road of happy destiny with the most amazing fellowship of men and women. I have a sponsor who took me through the steps where I found the humility to think of others and the desire to be useful which is the highlight of life today.

Thank you for my sobriety,

Jennifer B

850-240-9916

ALL GAVE SOME...SOME GAVE ALL. GONE, BUT NEVER EDROTTEN

FORGOTTEN.



Next District Meeting:
May 1st @6:30 PM
Central Office
and on Zoom

Set involved and become "part of."!



Next Intergroup Meeting: May 15th @ 6:30 PM Central Office and on Zoom www.zoom.us ID: 854 8645 8921 Password: service

TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..

EMAIL: DISTRICT14ODAAT@GMAIL.COM

SUBMIT THE LAST WEDNESDAY BEFORE THE 1ST

www.zoom.us

ID: 8217 546 8660

Password: district



A sponsor and his sponsee are deserted on an island. They come upon a bottle.

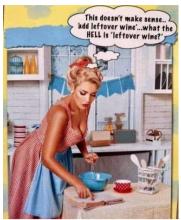
They rub it and a genie appears and says they each get one wish –

whatever they want.

The sponsor says, "I wish I were back with my homegroup." POOF! He disappears.

The sponsee paces nervously around, indecisive, anxious, nervous...

Should I ask for money? A woman? A nice boat?
Finally in exasperation he cries out, "I wish my sponsor was here!" POOF!





God: "I have a plan for your life" What it feels like:



A drunk goes in a bar and asks for a shot of Jim Beam.

The bartender pours it and the drunk pushes it aside and asks for another shot of Jim Beam.

The bartender pours it and the drunk drinks it.

The bartender says: "I watched what you did and I don't understand why you pushed the first one away and drank the second one!"

The drunk stated: "I've been going to those AA Meetings, and they said WHATEVER YOU DO, DON'T TAKE THAT FIRST DRINK!!!"

Heard in a meeting

"I used to play the victim of crimes I committed."

"Nothing Changes If Nothing Changes"

"Resentment is anger you refuse to turn over to God."

"I've found that you can not save your ass and your face at the same time."

"I know it was a good day if I didn't have to promptly admit I was wrong."

"What other people think of you is none of your business."

"Progress, Not Perfection"

"Take What You Like and Leave the Rest"

FROM THE DESK OF LINDA W AND PAUL B

hope you all had a blessed easter! Hope all made it through another holiday sober, by the grace of god!

JUST WANTED TO THANK ALL THE TRUSTED SERVANTS WHO CALL ME WHEN THEY CANNOT MAKE THEIR SHIFT AT LEAST THE NIGHT BEFORE, SO I CAN GET A REPLACEMENT FOR THAT SHIFT OR SHIFTS WHICH IS VERY IMPORTANT. IF ANY OF THE TRUSTED SERVANTS ARE WILLING TO FILL IN OTHER THAN THEIR SHIFT, PLEASE GIVE ME A CALL. IT HELPS TO HAVE A LIST OF PEOPLE WILLING TO FILL IN (RIGHT NOW I HAVE JERRI S, DAVE W, LINDA W AND ANGIE M). I WANT TO BE ABLE TO AT LEAST KEEP THE LINES COVERED DURING THE DAY, SO OUR HOTLINE CHAIR DOES NOT HAVE TO ANSWER CENTRAL OFFICE LINE DURING THE DAY. PLEASE LET ME KNOW IN ADVANCE WHO IS DOING THE BREAKFAST AND EAT AND SPEAK IN ADVANCE THAT WAY THE CHAIR, HOST OR I CAN DO A FLYER TO ANNOUNCE WHO IS HOSTING AND THE SPEAKERS IN ADVANCE, IT IS IMPORTANT THAT WE SUPPORT EACH OTHER.

TRUSTED SERVANTS PLEASE REMEMBER TO USE THE CORRECT RECEIPTS WHEN SOMEONE NEEDS SUPPLIES ETC.

BOOK FUND RECEIPT BOOK (MAKE SURE YOU HAVE A TOTAL ON THE ENVELOPE - IT NEEDS TO MATCH MONEY)

THIS IS FOR COINS; BOOKS & AMP; PAMPHLETS IT HELPS TO HAVE THE GROUP NAME OR PERSON NAME IN CASE THERE ARE QUESTIONS WHEN JOHNNY PICKS UP THE INFORMATION FROM SAFE

REGULAR RECEIPT BOOK: (THIS HELPS JENNIFER G SO IF SHE HAS QUESTIONS. SHE KNOWS WHO TO CALL)

GROUPS CONTRIBUTING (PUT GROUP NAME ON IT AND IF IT IS FOR INTERGROUP OR DISTRICT 14)

COPIES COUNT AMOUNT OF MONEY ALSO PUT THE COPIES YOU MAKE ON THE CLIP BOARD RATHER IT IS A DISTRICT COMMITTEE CHAIR OR OFFICER OR NAME PERSON (THAT WAY WE KNOW WHO AND HOW MANY COPIES ARE BEING MADE. WHICH HELPS UP KNOW TO ORDER INK AND PAPER).

WE DO NOT TAKE AREA I OR GSO CONTRIBUTIONS, PLEASE MAIL THEM TO THE ADDRESS THAT IS ON AREA MINUTES OR THE GSO ADDRESS WHICH IS ON OUR BOARD IN OFFICE

IF YOU DO NOT HAVE AN INTERGROUP REPRESENTATIVE, PLEASE HAVE YOUR GROUP VOTE FOR ONE, OUR MEETING IS THE 3RD MONDAY OF EVERY MONTH 6:30PM CENTRAL OFFICE. EACH GROUP SHOULD HAVE A REPRESENTATIVE, WE WANT YOUR GROUP TO BE AWARE OF HOW WE ARE SPENDING YOUR CONTRIBUTIONS GIVEN TO INTERGROUP. EVERYONE HAS A VOICE BUT ONLY OFFICERS, COMMITTEE CHAIRS AND INTERGROUP REPRESENTATIVES HAVE A VOTE. WE WOULD ENJOY HAVING MORE THOUGHTS OF WHAT YOUR GROUP WANTS US TO ACCOMPLISH IN THE 2023 AND 2024 YEARS.

OUR TAXES ARE COMPLETED UNTIL 2023 YEAR, STILL WORKING ON THE TAX EXEMPT FOR INTERGROUP

PLEASE LEAVE THE ROOM CLEAN AND CHAIRS PUT UP AND FOLDED BEFORE YOU LEAVE THE MEETING ROOM, IT IS IMPORTANT IF WE HAVE A FIRE INSPECTOR COME IN.

DO NOT TAKE INTERGROUP SUPPLIES THAT ARE IN THE BACK WHERE COFFEE IS AND THE 1 RACK THAT IS STATED INTERGROUP SUPPLIES ONLY. ALL SUPPLIES ARE FOR CENTRAL OFFICE WORKERS AND INTERGROUP DAILY, FOR EAT AND SPEAK QUARTERLY AND BREAKFAST MEETING EACH MONTH.

WE APPRECIATE ALL YOUR HELP ON ALL THESE ISSUES, YOU ARE ALL A BLESSING TO US!

Thanks for the honor to serve if you have any questions give us a call: Chair – Linda w – 850-582-7704 alt. Chair – Paul B – 850-240-0416



From the Desk of DCM, District 14: Dawn O.

Greetings District 14!

Dawn O. here with May's District News.



TREATMENT COMMITTEE: We are very excited to have Sandi T., Area I Treatment Committee Chair join our Treatment Committee for a Workshop on Saturday, May 6, 2023, from 11:30 AM – 1:30 PM at the Alano Club, 52 Beal Pkwy, NW, Fort Walton Beach. Our Treatment Committee currently provides information and services (meetings, speakers, literature) to over 10 local facilities. They are always in need of volunteers to help carry the AA message. Please take some time from your busy weekend to learn about what the treatment committee does and how YOU can be of service! Hope to see you there!

<u>CORRECTIONS COMMITTEE:</u> Please note that the District 14 Corrections Committee's Workshop has been postponed from May 13th, 2023 to November 18, 2023. More details to follow.

<u>7th TRADITION:</u> FYI. Over the years, there have been several changes to the addresses for our AA contributions including the addition of on-line options. Here is the current list for disbursements. Please share with your group's treasurer. Please be sure to include "Area I, District IH," as well as your group's name and group number on all contributions. Thank you!

	Mail to	On-line
General Service Office (GSO)	GSO Post Office Box 2407 James A Farley Station New York, NY 10116-2407	https://contribution.aa.org/sca-dev-2020- 1/checkout.ssp?is=checkout&:lang=en_US#login- register Be sure to enter your group number.
Area I, Alabama Northwest Florida	Area I AL/NW FL 2135 Interstate Dr., Box 209 Opelika, AL 3680I	https://www.aaareal.org/contribute.html and click the PayPal portal
Area I District 14	District 14 DCM/GSR Contributions P.O. Box 4022 Shalimar, FL 32579	https://www.fortwaltonbeachaa.org/ and use Venmo code
Area I District 14 Intergroup	24 Hollywood Blvd. SW, Suite 7 Fort Walton Beach, FL. 32548	https://www.fortwaltonbeachaa.org/ and click PayPal button

Yours in love and service, Dawn O., DCM, District 14 850-320-2712





Sobriety Birthdays

Third Tradition May 1, 1994 29 yrs as a group!!

30

<u>Young at Heart</u> Mike L.- 5.24- 5yrs SCOTT A./1 MAY2022/1 YEAR
CLAUDE J. (CJ)/6 MAY 2021/2 YEARS
ANGIE H./13 MAY 2016/7 YEARS
JOY A./15 MAY 2019/4 YEARS
MICHELLE F./15 MAY 2022/1 YEAR
JOE B./19 MAY 2022/1 YEAR
TOM B/25 MAY 2019/4 YEARS
TIM B./27 MAY 2020/3 YEARS

SHEILA J./28 MAY 2022/1 YEAR

TIM K./29 MAY 2019/4 YEARS MATHEW/30 MAY2011/12 YEARS

Deckhands

Rise and Shine Jimmy s- 5.1.20-3yrs Paul R- 5.4.22-1yr Kat 0- 5.11.22-1yr

Stacey- 5.13.22-1yr

Gretchen V- 5.22.96- 27yrs

<u>Primary Purpose</u> Mathew T 5.30.2011

Beautiful Downtown Baker

Ted P. 25 years

<u>Weekenders</u>

Dave W 19th 37 yrs. Marsha McK 13th -32 yrs. Miracle Group

No Birthdays

<u>Straight Up</u> Brenda L 7 Rusty D 6

Dan W 5

What it was like, what happened, and what it is like now.

Experience Strength & Hope

Speakers

Rise and Shine
May 6th-Colin Y



"And on my third day of sobriety...."







<u>Weekenders</u>
May 21st-Betsy R



Area 1 District 14
Intergroup Breakfast /FUNDRAISER
Am Vets Post 78

910 Valastics Ave. Valparaiso FL. 32580

Next Breakfast: May 7th

Hosted By: TBD

Speaker: TBD

Breakfast @ 9:30am \$8.00

SPEAKER @ 10:30am













District 12

Azalea City Jamboree 40 Years of Miracles, One Day at a Time

June 2-4, 2023



There will be speakers

Harold B AA of Orange Beach, AL Gail F Alanon of Lafayette, LA

Belinda F AA of New Orleans, LA Linda W AA of Fort Walton Beach, FL James S of Fort Walton Beach, FL

Discussion meetings, Meditation, Food, Fun And Fellowship

And because "We are not a glum lot" there will be games, prizes, entertainment, music and dancing

See you there!!!!

Tillman's Corner Community Center, 5055 Carol Plantation Road, Mobile, Alaba

District 14 **Treatment Committee**



Workshop Hosted by Sandi B.

Area 1 Treatment/ Accessibility

ALANO Clubhouse

52 Beal St, Fort Walton Beach, FL

Refreshments will be served, but it would be awesome if you feel like bringing something delicious !!

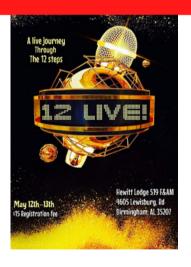
https://www.aa.org/treatment-committee-





We are adding some fun to our May Alkathon!! "we are not a glum lot" get creative and wear your funny hat.







District 14th Corrections Committee *** NEEDS YOU ***

Are you looking to do service for the good of AA in your community? We have just the thing

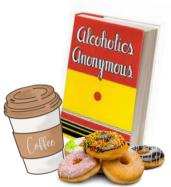
**** Services Workers are NEEDED for Walton and Okaloosa County Jails ASAP ***

*** LADIES and GENTS - Reach out so that we can get you started ***









February 3, 2023 11:00pm

Friday Nights

"Late Night" group

open meeting of AA open discussion

52 Beal Parkway NE Alano Club





I Am Responsible

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there

> And for that: I Am Responsible

NEW AA Women's Meeting Starting 1/24/23

Sober Sisters of Niceville

Tuesdays 7-8 PM CALM Furniture Resale Store 201 Redwood Ave, Niceville



INTERGROUP COMMITTEE MEETING



Chair – Linda Westcott

04/17/23

Thank you for allowing me to serve as your chair for 2023 – 2024 years

The voting members in Intergroup meeting are Officers (Chair, Alt. Chair, Secretary, Treasurer, Committee Chairs, and Intergroup Representatives. Everyone in this room has a voice but the above people are the only ones who have a vote.

Since I gave on board, I have been announcing the shifts that were open at each AA event and groups or meetings. I have announced that if your group does not have an intergroup representative, you need to vote a person in. I have also been putting this message in each Odaat newsletter, so people are aware of our important this is for a group. At this point we have open Wednesday night, Friday night 4-8pm, Saturday Afternoon 4-8pm and Sunday – 6:00pm – 8:00pm. We are having people fill in when a regular trusted servant needs to be off. The following people are filling these open shifts Linda W, Dave W., Jerri S, Jamie L and Angie M. I would like to have more fill in trusted servants that I can call to see if they can fill in a shift, if you know someone who would like to do that, please have them call me or if someone is interested in taking one of the shifts open, please have them call me at 850-582-7704. Right now, we have 4 people's shifts are being filled in until they come back. Please make sure whoever has the shift needs to call me the night before if they are not going to be able to work their shift that they are responsible for within the next 2 years.

The 2022 taxes have been transmitted to the IRS and it cost \$200.00 total and we did not owe anything. Cathy Legg at H & R Block is still working on the Tax exempt for Intergroup.

I caught up with the Zoom bill 3 months late and then paid for April 2023. Will owe again on May 5, 2023, it will automatically come off the Intergroup Debit Card in my name with Intergroup. Does the Zoom Bill get divide in ½ each. I sent the amount charged on our account to Jennifer G (treasurer)

I am working on getting quotes for the Liability Insurance that we must have renewed by end of May 2023. Once I have firm quotes, I will let you know on May 15, 2023.

I am also working on getting quotes for internet, WI fi, phone and TV cable I will let you know when I have firm quotes when Cox Cable contract ends August 2023. Once I get them, I will get voting members informed and we have a vote after discussion.

Need to know when the Go Daddy or IT contract is supposed to be renewed and cost – Jamie L can you report on that when I call on you, we divide this up with District 14?

I will bring up that we need a breakfast chair so Terry S does not have to oversee both Eat & Speak quarterly and Breakfast Chair in Old Business I will ask for a motion, 2nd and discussion and then if anyone is willing to stand, we will vote on one tonight.

I would like to shampoo the rugs if possible and get windows washed in the front – I will ask for a motion in new business and 2nd and discussion if yes, I will make this happen.

Thanks

Linda Westcott-Chair



Book Fund Report For April 17, 2023

Beginning Balance March 20,2023 \$5,346.11 Income March 20-April 17,2023 \$988.25

Expenses: AAWS 1,176.20 \$1,283.60 Bank 2.99 Taxes 104.41

******DRAFT*****

CONFIDENTIAL- FOR AA USE ONLY, LAST NAMES MAY BE USED

AREA 1 DISTRICT 14 GSR MEETING with SERVICE COMMITTEE REPORTS

Date: April 03, 2023

District 14 GSR Officers Present

DCM: Dawn O. Alt. DCM: Brad A. Treasurer: Lisa F. Secretary: Scott C.

SERVICE COMMITTEE CHAIRS PRESENT

Archives: Lotte N Corrections: N/A Grapevine: Diana C. Literature: Suzie B. PI/CPC: Patrick

McD Treatment: CJ Technology: Savage B. Intergroup: Linda A.

MEETING

The meeting was opened with a moment of silence followed by the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. The Declaration of Unity was recited. Total attendance 26. 24 in person. 2 virtually.

DISTRICT 14 OFFICERS REPORTS

New GSR's:

Jaywalkers - David

Happy Hour - Kathy

Unity Group - Brian

New Alt. GSR's:

None

New Service Positions:

None

Visitors:

Dan W. Straight up Group

Secretary: Scott C. read the minutes from March. Mike L motioned to accept David seconded. The Secretary's report was accepted.





Treasurer: Lisa F. reports March amounts as follows: Opening Balance: \$9281.01 Income: \$1115.50 Expenses: \$575.00 Ending Balance: \$9821.51 Prudent Reserve \$1515.96 Mike motioned to accept; Karen seconded. The treasurer report was accepted. Report was sent out prior to the District meeting.

DCM: Dawn O. District 14 had 15 members in attendance at Area Assembly in person, unknown in zoom. It is vital to AA that we participate and we are doing it. This month's literature is "AA Comes of Age" and is our history on development. We originally only had one legacy; the Steps. The AA Group pamphlet says the Traditions were established 1950, and the Concepts were 1955. Recovery is the Steps, Unity is the Traditions, Service is the Concepts. It follows our growth in sobriety as well. She read from pg. 282.

Dawn attended Literature and Corrections committee meetings. She made an effort at two others. We need to use our communication networks to let folks know if there's a change to a meeting. She spoke at Mossy Head's 25th anniversary celebration and attended the March 20th Intergroup. There were opinions on the QR Code, essentially they are passing it back to District. She has submitted an ODAAT article. Dawn also attended the Area 1 Literature workshop, the next one is 25 April. Pre Conference is over; changes or updates have been emailed. We hosted the nightowl meeting with good attendance. A motion passed to send the delegate to the conference unencumbered (i.e. with an open mind) releasing the delegate from voting as they say in case the delegate is moved to vote otherwise. Next Assembly is July 7-9th.

Today there is a 20% increase in Book Prices and a 30% increase in pamphlet prices. District 13 and Committees need to adjust budgets accordingly. See attached report

Alt. DCM: Brad A. gave the ADCM report. See attached report. Additional points: Corrections can't take BBs to the jails any longer (it's now electronic). Intergroup has created a list for both AMVETs and the Eat and Speak, so Groups check to see if you've been volunteered.

SERVICE COMMITTEE REPORTS

ARCHIVES: Lotte (chairperson). Did not attend the Area Conference, but intends to attend the next one. Thanks for the opportunity.

CORRECTIONS: Abbey (co-chairperson) from the web. Lots going on. Workshop May 14th. Mitchell F. from Area 1 will present at the Clubhouse. Dawn will help with the budget. Need ladies for the Walton County Jail. It is an involved application process. There is an orientation late May or Early June. Get in touch with Abbey or Tod for the link so they can get to the application. Cannot take books into Okaloosa (used for contraband); there's a checkout of books only for Walton. Scott B can do the orientation for Okaloosa and it's much quicker. Rockin' steady, just need a few more bodies to go to jail.

MEMORIAL DAY



GRAPEVINE: Diana C. (Chairperson) She may have a meeting this month. Has a couple of Grapevine reps from Groups. Online meeting to start. Last Saturday of the month at 11am.

LITERATURE: Suzie B. (Chairperson) Area 1 Literature meeting minutes attached. Took up the whole day at the preconference. Very moving and spiritual.

PI/CPC: Patrick McD. (Chairperson) Works with the professionals. Read the minutes from previous meeting. Richard K. met with a senior home and they were receptive. Richard made a suggestion to purchase pamphlets for the centers. Seeking opportunities to speak to a group of directors to pass on to other committees. Jamie has been working with the military for predeployment briefing. The military is blind to AA. GSO has PSAs, and Patrick will reach out to the local media to have them placed. He's asking if anyone has experience with the media (radio/TV) for help. He wants to distribute Grapevines around the doctor's offices and military, etc. Asking Groups and individuals for donations of Grapevines.

TREATMENT: CJ (Co-chairperson) – Last meeting had 9 members present with 2 new ones. Facility reports from many places with no changes. Trying to get PI/CPC to do their job and get them into more places. They have a budget and scheduled a guest speaker in for the workshop. See new business.

TECHNOLOGY: Savage (Chairperson) from the web- Has some work with zoom to make sure it gets paid for.

INTERGROUP: Linda (Co-chairperson) 2 shifts, Wed and Friday 4-8pm are still open\; taxes have been completed. \$273 earned at the Eat and Speak with two great speakers. Intergroup Breakfast Lynn B spoke with 25 people, deposited \$37. See Terry S. if you want to host one of these. 386-262-6810. Reiterated phone procedures and has worked with trusted servants to ensure phones don't go to the hotline unnecessarily when shifts are covered.

AD HOC Area 1 Convention Committee: Terry S (chairperson) - No report

OLD BUSINESS

QR Code – Patrick McD and PI/CPC happy to let it fade away, no desire to pursue this from Intergroup either.

NEW BUSINESS

Request from Corrections for \$400 for 2 nights hotel for the speaker, \$300 in food, \$80 in gas for the speaker, for a total of \$780. There's no money from Area to stipend. They will use their budget of \$200 so motion is for \$580 for the Treatment Workshop May 6th with





the Speaker from Area. Adding \$35 to cover the hotel, new motion is for \$615. Discussion from Patrick McD to consider hosting when rates are more reasonable. There is also the ability to zoom this meeting. Suggested getting with Savage and using their zoom code. Unanimously supported.

From the DCM; the delegate wants to come and report the GS Conference and asked that we share and invite and host District 15. The motion is for us to host and share with District 15 for the delegates report sometime in July or August. Unanimously supported.

Our July meeting is scheduled for July 3rd, requesting to change to July 10th. Motion to move to July 10, Karen moved, Lisa seconded. No discussion. Unanimously supported.

Consideration to forgo reading the entire minutes and limit it to only changes and old and new business. No opposition.

Patrick McD encourages groups to get an Intergroup Rep.

GSR REPORTS

An AA group: Steve (GSR): No report

Beautiful Downtown Baker: Ron (GSR): Every Saturday night 7pm, 15-20; one birthday, Ted P. 25 years.

Brownbaggers: Savage (member at large): No report; submitted written feedback for preconference

Busters for Sobriety: Mark (GSR): No report

Deckhands: Sandy (GSR) Meets in Niceville at 8am 10-20 on weekdays 20-30 on weekends. Dwight 5, Michael 2, and Kelly with 19 years. Area was really cool and learned a lot about how it works and being a trustee.

Early Risers: Karen (GSR) Navarre, added Women's Monday night at 6pm; multiple meetings elsewhere, 75 years of birthdays! Experience at Area was great regarding the Service Manual, really cool, and different, the brain hurt. This one was really enduring and learning the process of AA. Looking forward to the next one.

Faith Group: Henry (GSR): Meets Wed, Fri, Sun; attendance can be up to 50 people in the meeting, avg 30; Anniversaries: Don B 15, Todd Y with 8

Friday Night Lights: John (GSR) No report

Happy Hour: Kathy (GSR) Meet M-F; about 20 people per meeting.

Jaywalkers: David (GSR) Big Book Saturday, 12 & 12 Sunday; Made quarterly donation according

to pie chart average 22-25 per meeting.

Lakeview: James (GSR) Enjoyed Sat night speaker; Only church on the lake

Late night group: Mike L. (member at large) Coffee, no desserts.

Men's Group: No report

Miracle Group: Michael (GSR): 10 active members; 1st Tuesday speaker, No birthdays; Area was

awesome and learned a lot about trustees

Monday Night Big Book: No report

Mossy Head Community Group: Suzy (Alt GSR): No birthdays, Thanks to DCM and ADCM for their

great birthday meeting. Love to see all our young people at Area.

Navarre Fellowship: No report

On Awakening: No report

Primary Purpose II: Susan (GSR) Going strong, business as usual. Come see us.

Primary Purpose Women's Group: Ashley L (GSR) No report; she did a good job with good

summary at Area; Thursday meeting is gaining in attendance

Rise and Shine: No report

Rule 62: No report

Second Chance: No report

Serenity by the Sea: No report

Serenity Group: No report

Sober Sisters from Niceville: No report

Sparkle Group: No report

Spiritual Axiom Women's: No report

Straight Up Group: Dan (member at large) Two anniversaries: Brenda L 7, Rusty 7, Dan W 5

There Is a Solution: No report

Traditional Group: No report

Tuesday Night Men's Meeting: Michael (GSR) No report

Turning Point: No report

Unity: Brian (GSR): Attendance around 15-20, out of towners on Sundays

Unwind Your Mind: Terry (GSR): No report

Weekenders: Jimmy (GSR); Sunday 5:30pm the 16th have CD speaking, no anniversaries.

Young at Heart: Mike (GSR): No birthdays, Tues 7pm

CLOSING

Meeting closed with the Responsibility Declaration. Next meeting May 01, 2023.





AREA 1 DISTRICT 14 / DCM AND ALT DCM REPORTS

Area 1, District 14 DCM Report, April 3, 2023

District:

Thanks to all 15 of the District-14 members who attended Area Assembly this past weekend. Your service is vital to the functioning of AA and is much appreciated.

This month's Literature: Alcoholics Anonymous Comes of Age, p. 282, The AA Group, p. 40

This month I attended the District Literature and Corrections meetings. I tried to attend two others, but one was canceled, and I had technical difficulties with the other. We need to work on our communication networks. I spoke at the 25th Anniversary Celebration at Mossyhead.

Intergroup:

I attended the Intergroup meeting on March 20th. Had great feedback on our QR code idea. Many think that if it is a business card, PI should be responsible as it is something they might use. One suggestion was to put the code on the meeting list itself.

I submitted another article to ODAAT featuring Treatment & Corrections workshops & Preconference.

I attended the Area 1 On-line Literature Workshop on March 28 on pamphlets. Next workshop is Tuesday, April 25, 2023, 7:00 PM Central. AA Literature History: Before there was CAL (Conference Approved Literature), ZID: 629 006 1411, PW 1936

Preconference: I emailed the GSR's all the changes and updates to their group's Pre-Conference assignment and background material. I attended the 2 Delegate information sessions on Zoom. I helped a few GSR's with questions. I delivered feedback to the Area chairs from 3 groups who couldn't attend Area. There will be one more zoom session on Sunday April 16 at 10:00 AM for sharing on Literature, Details to follow.

I attended the Area Assembly on March 31 – April 2, 2023, in Auburn, AL. We had 15 District-14 members present. I attended the Literature Committee in the morning and was assigned to Treatment in the afternoon. Very good feedback and information.

We had good attendance & participation at our Night Owl Meeting on Saturday. The topic was the spiritual aspects of Tradition 2. Thanks to all who participated.

Treasurer's Report: Opening Balance: \$19, 041.51; Income: \$5,054.52; Expenses \$13,543.02, Operating Fund Balance: \$10,553.01; Prudent Reserve: \$39,402.41 Budget vs. Actual, we had a 20% increase in storage fees. Also, we had a decrease in quarterly contributions. (Updated Addresses for contributions).

Input to the Delegate was very informative. No old business, Motion to send the Delegate to Conference unencumbered passed.

Next Assembly: July 7-9, 2023

GSO:

During the Delegate's Report, Tomy G. spoke to us briefly about Linda Cara's resignation as a Class A Trustee and Chair of the Board. I have forwarded to you all the information I have received about this issue. The Delegate's have had 2, 2-hour sessions with the Board and they will have another in two weeks. He said that the Board seems to be honest and open. He thinks that the focus should be on how we move forward, and how do we help the boards move forward as a cohesive unit.

In other news today marks the day for 20% increase in book prices and 30% increase in pamphlet prices. Please note that there has not been a significant increase in prices in almost 10 years.





AREA 1 / DISTRICT 14 ALTERNATE DCM REPORT

April 4, 2023

It is my honor and pleasure to represent District 14 and report the following:

District 14:

I have been attending meetings outside of my normal schedule including the Mossy Head 25th Anniversary celebration where I enjoyed food, fellowship, and our DCM Dawn O's story. I attended the Intergroup and Corrections Committee meetings. A short summary of their reports is following. Additionally, I was able to contribute to the review of the Area Assembly Treatment & Accessibilities Agenda items for Preconference. I was unable to attend Area Assembly in April but look forward to attending the July Assembly.

I plan to attend the upcoming Treatment Workshop. It will be held at the Alano Club, 52 Beal Parkway, Saturday, May 6, 2023, from 11:30 to 1:30 pm.

Intergroup report:

CO open shifts Wednesday & Friday 4-8. Linda W. is new IG chairperson. IG needs an Am-Vets breakfast chairperson is needed. Terry S is the interim chair. Lists have been created for Group volunteers to host both the Eat & Speak and AmVets Breakfast meetings. District GSRs should check the list or acquire information from Terry S. at 386-262-6810, stokeshappens@gmail.com.

Brad A. motioned for additional discussion regarding \$90 charge for 5000 sobriety "business cards" with shared cost with District. Confusion remains about card layout and QR access and what District is actually proposing. Await District regarding clarification. Tabled.

OCI: A new meeting in the Chapel starting Thursday, March 23rd. OCJ is disallowing BBs inside the jail. Inmates have tablets, BBs are downloaded on the tablets. AA members can now do orientation using a provided PowerPoint presentation, see Abby K. or Scott B. for more information.

WCJ: Men are allowed inside the jail. Badges are being issued to approved applicants. A schedule is being developed. Two new women have been approved to carry the message inside the iail.

A contact roster is being developed to track and facilitate communication for those carrying the message into the correction facilities.

Area I District 14 Treasury Report

AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - TREASURER'S REPORT Mar-23

<u>Please Mail Contributions:</u> District 14 GSC PO Box 4022 Shalimar, FL 32579

CHECKING ACCOUNT	3/1/2023	9,331.01	
PRUDENT RESERVED	3/1/2023	1,515.96	
TOTAL CASH	3/1/2023	10,846.01	
Synovous Startement of Accounts			
District 14 Funds			
CHECKING ACCOUNT DISTRICT 14		9,281.01	
Group Contributions	DATE	AMOUNT	
An AA Group	3/28/2023	295.00	
Friday Night Lights	3/28/2023	200.00	
The Deckhands Group	3/28/2023	600.00	
The Miracle Group	3/28/2023	20.00	
lost 50 cent		0.50	
T-4-10	-	4.445.50	
Total Group Contributions		1,115.50	
Expenses			
James K. Area Assembly Scholarship	3/15/2023	(250.00)	
Jen B Treatment AA Stipend	3/28/2023	(250.00)	
Intergroup Copier Fees (Apr-Jun)	3/28/2023	(75.00)	
mongroup copies i coc (i ipi cam)	0,20,2020	(10.00)	
•			
1			
Total Expenses		(575.00)	
Net change for March		540.50	
		_	
District 14 Funds Cash Balance		9,821.51	
Synovus Bank Balance	3/28/2023	10,196.51 _	
Difference, Jen B & InterGroup Copier Fees		375.00	



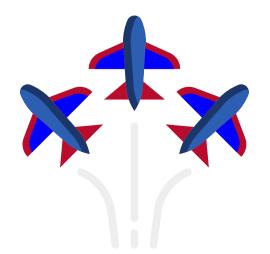
AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - APPROVED BUDGET (12/6/2021) FOR 2022

INCOME	Monthly	Annu
Group Contributions	450.00	
EXPENSES		

INCOME		-															
Group Contributions	Monthly 450.00	Annual 5,400.00	425.67	552.00	1,115.00	0.00	0.00	0.0	10	0.00	0.00	0.00	0.0	00	0.00	0.00	2,092.67
EXPENSES			JAN	FEB	MAR	APR	MAY	JUN	JUL	AU	iG :	SEP	ост	NOV	DE	C	REMAINING BUDGET
DCM Stipends monthly gas area assembly 4x year Regional Forum ADCM Stipend 4x per year Chair Stipends Scholarship to Area Assembly 4X per year	25.00	300.00 1,000.00 500.00 1,000.00	(250.00)	(75.00) (250.00) (250.00) (127.47)	(250.00) (250.00)												225.00 750.00 1,000.00 (500.00) 372.53
Archives		200.00															200.00
Corrections		1,000.00															1,000.00
Grapevine		200.00				(88.14)											111.86
Literature		200.00															200.00
PCIP		200.00															200.00
Treatment		200.00															200.00
Inter-Group Rent - \$118/month Copies Web Page		1,416.00 500.00	(354.00)	(50.00)	(75.00)												1,062.00 (125.00) 500.00
Secretary		120.00															120.00
Treasurer		180.00	(9.50)														170.50
Micellaneous		0.00															0.00
District Picnic & Service Fair		500.00															500.00
Total Expenses Total Expenses to Date Gain/(Loss)		8,516.00 (2,029.11) 63.56	(613.50) (613.50) (187.83)	(752.47) (1365.97) (200.47)	(575.00) 540.00	(88.14) (88.14)			-	0.00	0.00	0.00	-		0.00	0.00	6,486.89

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Wednesday Women in Recovery FWB Weekenders FWB	14
Weekenders FWB	
women's Spiritual Axiom Side	
Monthly Contributions 425.67 552.00 1,115.00 0.00 0.00 0.00	1,79
Worldly Contributions 425.67 552.00 1,115.00 0.00 0.00 0.00	
Budget 450.00 450.00 450.00 450.00 450.00 450.00	
over/(under) budget (24.33) 102.00 665.00 (450.00) (450.00) (450.00)	00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 (29





AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - BUDGET FOR 2023 DISTRICT 14 - APPROVED BUDGET (12/5/2022) FOR 2023

NCOME	Monthly															
3rp Contributions	450.00	5,400.00	425.67	552.00	1,115.00											
XPENSES			JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SE	P	OCT	NOV	DEC	BUDGET REMAIN
OCM Stipends nonthly gas	25.00	300.00		(75.00)												225.0
rea assembly 4x year	25.00	1.000.00		(250.00)												750
Regional Forum		500.00														
ADCM Stipend 4x per year		1,000.00														1,000
Scholarship 4x per year Chair Stipend		1,000.00	(250.00)	(127.47)	(250.00)											372
hair Stipend Archives		200.00		(250.00)	(250.00)											200
vicinyes		200.00														200
Corrections		1,000.00														1,000
Srapevine		200.00				(88.14)									111
iterature		200.00														200
MCPC		200.00														200
reatment		200.00														200
G Rent	118.00	1,416.00	(354.00)													1,062
3 Copier fee / QTR				(50.00)	(75.00)											(125
ew expense Feb meeting Veb/Technology		500.00														500
Secretary		120.00														120
reasurer		180.00	(9.50)													170
ficellaneous																(
lionic		500.00														500
otal Expenses		8,516.00	(613.50)	(752.47)	(575.00)	(88.14	0.0	0 0.0	00 0.0	00	0.00	0.00	0.00	0.0	0.00	(2,02
Sain/Loss per Month		(3,116.00)	(187.83)	(200.47)	540.00	(88.14	0.0	0 0.0	00 0.0	10	0.00	0.00	0.00	0.0	0 0.00	6,486