



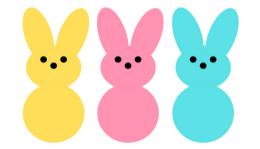
"Made a searching and fearless moral inventory of ourselves."

4th Tradition

"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

4th Concept

"At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."





IN THIS ISSUE:

Step /Tradition/Concept/Prayer Step 4 Prayers From the Editor Laughing Out Loud / Heard in a Meeting

From the Desk of: Intergroup Chair_Co_Chair

From the Desk of: DCM Chair

Sobriety Birthdays

Speaker Meetings

Events

Intergroup Minutes
District Minutes/ Budget



4th Step Prayer

"Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine & I will begin a searching & fearless moral inventory. I will write down my wrongs, But I will also include that which is good. I pray for the strength to complete the task."



Step 4 Prayers



A Pre-Inventory Prayer:

"God, please help me to honestly take stock. Help me to search out the flaws in my make-up which caused my failure. Help me to see where resentment has plagued me and resulted in spiritual malady, but more importantly help me to understand my part in these resentments. Help me to resolutely look for my own mistakes and to understand where I had been selfish, dishonest, self-seeking and frightened. Please help me to be searching and fearless in my endeavor to write my inventory." Big Book pages 64, 67

A 4th Step Resentment Prayer:

"God, please help me to be free of anger and to see that the world and its people have dominated me. Show me that the wrongdoing of others, fancied or real, has the power to actually kill me. Help me to master my resentments by understanding that the people who wrong me were perhaps spiritually sick. Please help me show those I resent the same Tolerance, Pity and Patience that I would cheerfully grant a sick friend. Help me to see that this is a sick man. Father, please show me how I can be helpful to him and save me from being angry. Lord, help me to avoid retaliation or argument. I know I can't be helpful to all people, but at least show me how to take a kindly and tolerant view of each and every one. Thy will be done." Big Book pages 66, 67

A Prayer for Freedom from Bondage:

Dear God, I have a resentment towards a person that I want to be free of. So, I am asking you to give this person everything I want for myself. Help me to feel compassionate understanding and love for this person. I pray that they will receive everything they need. Thank you, God, for your help and strength with this resentment."

Big Book page 552

A 4 Step Fear Prayer:

"God, thank you for helping me be honest enough to see this truth about myself and now that you have shown me the truth about my fears, please remove these fears from me. Lord, please help me outgrow my fears and direct my attention to what you would have me be. Father, demonstrate through me and help me become that which you would have me be. Help me do thy will always, Amen."



Big Book page 68



Pre-Sex Inventory Prayers:

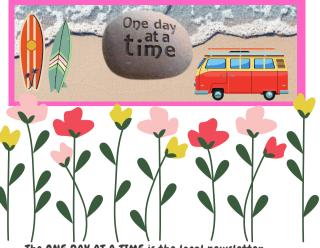
"God, please help me to be free of fear as I attempt to shine the spotlight of truth across my past sex relations. Lord, please show me where my behavior has harmed others and help me to see the truth these relationships hold for me. Help me see where I have been at fault and what I should have done differently." Big Book page 69

"God, help me review my own conduct over the years past. Show me where I have been selfish, dishonest, or inconsiderate. Show me whom I have hurt and where I have unjustifiably aroused jealousy, suspicion or bitterness. Help me to see where I was at fault and what I should have done instead. Help me to be fearless and searching in my endeavor to write my sexual inventory." Big Book page 69

Sex Inventory Prayers:

"Father, please help me mold my sex ideals and help me to live up to them. Help me be willing to grow toward my ideals and help me be willing to make amends where I have done harm. Lord, please show me what to do in each specific matter and be the final judge in each situation. Help me avoid hysterical thinking or advice." Big Book page 69

"Father, please Grace me with guidance in each questionable situation, sanity, and strength to do the right thing. If sex becomes very troublesome, quiet my imperious urge, help me not to yield and keep me from heartache as I throw myself the harder into helping others. Help me think of their needs and help me work for them. Amen." Big Book pages 69-70



The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services.Inc.

"Carrying the Message is the basic service that our fellowship gives, this is our principal aim and the main reason for our existence. Therefore A.A. is more than a set of principles, it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. Hence an A.A. service is anything whatever that helps us to reach a fellow sufferer - ranging all the way from the 12 Step itself to a 10 cent cup of coffee and to A.A.'s General Service Office for National and International action. The sum total of all the services is our Third Legacy of service."

Bill W. - A.A.'s Legacy of Service





From The Editor

Spring is in the air and my second sober summer slowly approaches. I am full of gratitude for this way of life and the people in it. I truly have received the gift of a happy heart and a joyous mind. By practicing the 12 steps and the practice of the principles in all my affairs, with the spiritual tools that my fellow travelers have so freely laid before me, my life is now amazing beyond my wildest grandiose dreams that I use to write on cocktail napkins. I am so blessed to have released all my hostages for true relationships and that I put aside my selfish, self-centered ways for a life where I know the meaning of humility. Today I am free from the bondage of self and love the awareness of my part in situations that use to baffle me. I have so much love in my heart and look forward for God to reveal more.

Thank you for my sobriety, Jennifer B 850-240-9916

Area 1 District 14 Intergroup 24 Hollywood Blvd. SW, Suite 7 Fort Walton Beach, FL. 32548 (850) 244–2421

www.fortwaltonbeachaa.org

Next District Meeting:
April 3@ 6:30 PM
Central Office
and on Zoom
www.zoom.us
ID: 8217 546 8660
Password: district





Next Intergroup Meeting:
April 17@ 6:30 PM
Central Office
and on Zoom
www.zoom.us
ID: 854 8645 8921
Password: service

TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
EMAIL: DISTRICT140DAAT@GMAIL.COM BY THE 15TH OF THE MONTH

















DON'T TALK TO ME ABOUT SHIT THAT HAPPENED WHEN I WAS DRUNK. "DRUNK ME" AND "SOBER ME" ARE NOT ON SPEAKING TERMS.



"I only drank on the days that end in "y""

"Pick up the phone before you pick up a drink"









"I have a life today I couldn't of lie about when I was in my cups.....



"The worst day sober is still always better than the best day drunk"

"I've seen beautiful smiles before but when I got to AA it was different, you guys smile with your eyes."

"If nothing changes, nothing changes."





FROM THE DESK OF LINDA W AND PAUL B



We wanted to thank all the officers. Chairs. and Trusted servants who help us keep the central office open for District 14 we couldn't do it without each of you. We have the following shifts open Wednesday & Friday night 4–8pm and Saturday 12.00pm – 4pm, if you are interested, please give us a call central office or call Linda W or Paul B. We are finding that money for Intergroup was just left on a back table please hand all money to the trusted service working that shift. Please make sure any cash or check has your group name with district 14, district 14 Intergroup, district 14 book fund and separate checks would be greatly appreciated so the correct contributions go to the place your group wants it to and there is no confusion for the treasurers. Area 1 money needs to be mailed to the PO Box which is on the board at central office. District 14 we would appreciate it if each group would elect a Intergroup representative so you have a voice and vote at our next meeting 3rd Monday at 6.30pm at central office (March 20th). If you have any questions just give us a call. Thanks for the honor to serve for Intergroup.

Linda Westcott-Chair-850-582-7704
Paul Bond-Co-Chair-850-240-0416





"Sup I'm Chad, been sober for like 40 days. Not in a row or anything, just total"



From the Desk of DCM, District 14: Dawn 0



Greetings District 14! Dawn O. here with this month's District News.

Save the dates for two exciting workshops we have coming up in May. Sandi T., Area I Treatment Committee Chair will be joining our District 14 Treatment Committee for a Workshop on Saturday, May 6, 2023, from 11:30 AM – 1:30 PM at the Alano Club, 52 Beal Pkwy, NW, Fort Walton Beach, FL.

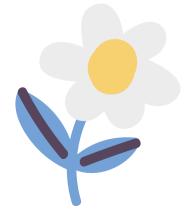
The next weekend the District 14 Corrections Committee will be having a Corrections Workshop with Area 1 Corrections Chair, Mitchell F. The workshop is Saturday May 13th, 2023, from 12:00 to 3:00 PM at the Alano Club, 52 Beal Pkwy, NW, Fort Walton Beach, FL.

Come and learn about the vital work these two committees are doing to carry the message. Both the Treatment and Corrections committees have multiple facilities they work with, giving us plenty of opportunities to volunteer to help with some awesome service work!

From Area 1:

Thank you to all who participated in the General Service Conference through the Pre-Conference – Input to the Delegate sessions in your homegroups. Your feedback was shared at Area Assembly, and we look forward to hearing about the results of the conference from our Delegate Tomy G., sometime this summer.

Yours in love and service, Dawn O., DCM, District 14 850-320-2712









L Sobriety Birthdays

Friday Night Lights Justin B - April 22- 12 yrs



Primary Purpose Rindy 2007 Patrick M 2000



Weekenders

Cathy M- 35yrs

"And on my third day of sobriety...."

Weekenders

April 16-CD

Miracle Group No Birthdays







There is a Solution

John 0- April 28- 37 yrs



Rise and Shine Eddy Y- April 22, 2012

Deckhands

DWIGHT E/2 APR 2018/5 YEARS MICHAEL N/8 APR 2021/2YEARS KELLY M/24 APR 04/19 YEARS





What it was like, what happened, and what it is like now.



Rusty D- April 9, 2017 Dan W- April 12, 2018

Randy B- April 18, 2005

Don H- April 20, 2010

Brenda L- April 23, 2016

Miracle Group



April 4 - TBD

Primary Purpose April 1 Jen D and Bruce W April 8 Leah 5 and Claude A April 15 John V and Dawn 0 April 22 Annette W and Dan W

April 29 Dave M and Darrie E

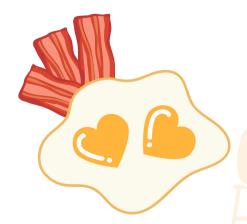


Powerless April 1- Tom B

> Rise and Shine Allison D - Rise and Shine







Area 1 District 14 Intergroup Breakfast /FUNDRAISER Am Vets Post 78 910 Valastics Ave. Valparaiso FL. 32580

Next Breakfast: April 2nd Hosted By: Sparkle Group Speaker: Lynn B - Sparkle Group Breakfast @ 9:30am \$6.00

SPEAKER @ 10:30am







Hosted by District 23

Area 1 Literature Commmittee

ROAD SHOW

APRIL 15

COMMON GROUND | 8162 WELL ROAD, DAPHNE, AL 36526

FEATURING:

- A.A. Literature Jeopardy Game
- What is Conference-Approved Literature?
- The A.A. Group...Where It All Begins





We are adding some fun to our May

ALKATHON

Alkathon!! "we are not a glum lot" get



33nd Annual Edisto Beach Roundup

"When agitated or doubtful-We ask for the right thought or action"

April 20-23-2023

Dedicated to Jerry Wills

Lion's Club, 2907 Myrtle Street, Edisto Beach SC

Accommodation info: Vacasa(866) 713-5124 Kapp Lyons (800) 945-9667

Mary Kay P. 843-509-6326 mkpanzica@bellsouth.net Or visit our website: www.edistoroundup.com

Pre-registration is $\underline{\$40}$ per person. IF any Registrations are available at the door the cost will be \$45. This event usually sells out so REGISTER EARLY!!

Make checks payable to: Edisto Beach Roundup	943
wake checks payable to. Edisto beach houndap	

Name:		
Address:		
Phone Number:	Email:	
Name:		
Address:		
Phone Number:	Email:	





*** NEEDS YOU ***

LADIES and GENTS - Reach out so that we can



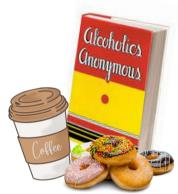












February 3, 2023 11:00pm **Friday Nights**

"Late Night" group

open meeting of AA open discussion

52 Beal Parkway NE **Alano Club**





I Am Responsible

When anyone, anywhere, reaches out for help. I want the hand of A.A. always to be there

> And for that: I Am Responsible

NEW AA Women's Meeting Starting 1/24/23

Sober Sisters of Niceville

Tuesdays 7-8 PM CALM Furniture Resale Store 201 Redwood Ave, Niceville



INTERGROUP COMMITTEE MEETING

INTERGROUP COMMITTEE MEETING Monday March 20th, 2023, 6:30PM
The meeting opened at 6:30PM with the "We" version of the Serenity Prayer, Tradition 2 and Tradition 9.
ATTENDANCE: 14 in attendance 7 via Skype

Adam Ethridge Primary Purpose 850-598-9703 adamge@pm.me.com Present Alex Cagle Rise N Shine 840-797-5537 alexandria.cagle@pfgc.com Present Brad Armbruster Miracle Group 850-259-0013 armconinc@gmail.com Present Dan Walker Straight up Group 850-218-0280 3papadan@gmail.com Present Dawn Ossont DCM 850-320-2712 dmossont@gmail.com Emily K Alt Tech 850-275-3953 jawyma1313@yahoo.com Present Greg Seward Visitor 850.240.4814 sewardfam01@gmail.com Present Jamie Linder Web Servant 509-599-9338 digsydotruby@hotmail.com Present Jason Hotline 850-666-3534 victoryorvalhallaskoll@gmail.com Jen B. ODAAT 850-240-9916 jburgett254@aol.com Jen Day Secretary 850-467-8712 jen.roberts183027@gmail.com Jen G Treasurer 850.240.0318 jgraham.pfmi@gmail.com Jerry Shelley Straight up Group Present Johnnie Clark Book Fund Chair (Mossy Head) 850-217-1809 jcniceville@gmail.com Present Judy Causey Honesty Group 850-974-0890 dragonflyblu8@gmail.com Present Linda Wescott Chair 850.582.7704 lcw061687@hotmail.com Lotte Nichols Archives and 2nd 850-687-1128 lottesworld@gmail.com Lynn Breyfoyle Sparkle 850-797-7076 lynnbrey@hotmail.com Present Pat Cummins FNL Group 850-865-1813 Sheewho@gmail.com Paul Bond Co-Chair 850-240-0416 bondp@cox.net Present Rindy O'Connor Hotline 201-415-4967 rindyo@me.com Present Terry Stokes Eat & Speak 386-262-6810 stokeshappens@gmail.com Present Skype 7 online

COMMITTEE REPORTS

- Secretary Report: (Jen Day) Read and Accepted.
- Treasurer's Report: (Paul for Jen G) Report distributed. Total Income (Feb) \$2,919.21 Total Expenses \$1,816.69 Group Contributions \$2,885.21. Paul to get clarification from Jen about group contributions. Accepted.
- Book Fund Report: (Johnnie) Report distributed. Beginning balance \$5,848.78 Deposits \$984.58 Expenses \$1,487.25 Current balance as of O3.20 \$5,346.11 Accepted







- Chairperson Report: (Paul for Linda) Linda will coordinate Jen G on formatting treasurer report spreadsheet.
- © Co-Chair Report: (Paul B) Tax issue is still being worked on. Brad A asked for an update on the reimbursement for toner cartridge purchase. Paul confirmed they never charged his card. Accepted.
- DCM Report: (Dawn) Area Assembly in Auburn, AL O3.31 Open to everyone. You may attend in person or via Zoom. (Meeting info: 6290061411 Password: 1935) Agenda items were sent to group GSR's. Treatment Committee workshop O5.06 from 11:30 1:30 @ Alano Club. Corrections workshop O5.13 from 12:00 3:00 @ 52 Beal.
- AA Hotline Report: (Rindy 0): Making pitch at meetings for groups to get intergroup reps. 2 open desk positions. Sat filled by Jerry. Tues Kip, Tues 4–8PM, Wed and Fri nights are still open 4–8PM. Sobriety requirement is typically 2 years, however, exceptions are considered. Accepted.
- ODAAT: (Paul for Jen B) 50 copies by the 1st of the month. May access online. Paul to ask about leaving some extras in the office.
- Web Servant Report: (Jamie L) 744 website logins, up 6%. 365 were new visitors, 91 were returns. 570 logged in from my phone. 165 logged in from the desktop. Jamie, Emily, Rindy worked together to correct meeting locations on the meeting schedule. (People were being directed to Pensacola). Accepted.
- IG Breakfast Report: (Terry S): 36 people, Kenny V was speaker. Collected \$45, rent is \$25, and donated \$20 intergroup. Next meeting is 04.02, Lynn is the speaker. Roster was created to assign active groups a month to host... Groups were selected randomly.
- Eat & Speak Report: (Terry S)Sat. 03.25 Speakers are Mason from the Young Peoples Group, and Dave S from Beginners ALANON group. 06.24 is the next Eat & Speak. Hosted by Unwind Your Mind. September will be Deckhands and December will be Busters. Terry to get Paul a key. Accepted OLD BUSINESS: Judy has someone interested in chairing the Breakfast Meeting. QR code card motion is tabled until further discussion is had. The Primary Purpose group was opposed to the idea. The rest of the groups were for the cards. All feedback will be taken back to the district by Dawn. Terry made a motion to train new front desk volunteers. Accepted

NEW BUSINESS:

GROUP REPORTS:

- Unwind Your Mind: (Terry) Wed night at 7PM @ Grace Church. 10-15 in attendance.
- Honesty Group: (Judy) I birthday this month. Meeting attendance has been low. Group would like to be put on the breakfast list.
- Rise n Shine: 7 days a week @ 8:00.
- Sparkle: (Lynn) Meets Sunday at 6:30PM Beachside Church. 15–20 in attendance.
- Straight up Group: (Dan) Meet Mon, Wed, Fri. 1 March bday and 3 in April. The Treatment Committee will meet Sat. 04.08 @10AM to plan a workshop.
- Miracle Group: (Brad) Tue night at St Marys. 2 birthdays this month.
- Mossy Head: (Johnnie) Celebrated 25th anniversary at the Eat n Speak. Country RoundUp is in Chipley in April.
- Primary Purpose: (Adam) Thur ave 15–20 and Sat are 50. 3 birthdays this month.

 Announcements: (Emily) Literature Committee meets 3rd sat (Quarterly) Jan, April, July, Oct. Closed with Serenity Prayer.

Adjourned 7:30 PM

--DRAFT--

CONFIDENTIAL - FOR AA USE ONLY, LAST NAMES MAY BE USED

AREA 1 DISTRICT 14 GSR MEETING with SERVICE COMMITTEE REPORTS

Date: March 06, 2023

District 14 GSR Officers Present

DCM: Dawn O. Alt. DCM: Brad A. Treasurer: Lisa F. (Zoom) Secretary: Scott C.

SERVICE COMMITTEE CHAIRS PRESENT

Archives: N/A Corrections: N/A Grapevine: Diana C. Literature: Suzie B. PI/CPC: Patrick McD

Treatment: CJ Technology: Savage B. Intergroup: Paul B.

MEETING

The meeting was opened with the "Serenity" prayer. The step, tradition, and concept corresponding with the month was read. The Declaration of Unity was recited. Total attendance 30. 21 in person. 9 virtually to include one guest from another District.

DISTRICT 14 OFFICERS REPORTS

New GSR's:

Jaywalkers - David B.

Tuesday Night Men's Group at Christ the King in Santa Rosa – Michael W.

New Alt. GSR's:

Primary Purpose - Mike F.

Jaywalkers - Diana C.

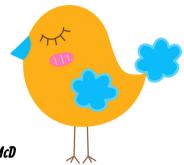
New Service Positions:

None

Visitors: Ashley from Montgomery, AL District 8 based on her District inventory

Secretary: Scott C. read the minutes from February. Mike L. motioned to accept Henry seconded.

The Secretary's report was accepted.





Treasurer: Lisa F. reports February amounts as follows: Opening Balance: \$ 11350.78 Income: \$552.00 Expenses: \$748.53 Ending Balance: \$9284.95 Prudent Reserve \$1515.93 Mike L motioned to accept; Henry seconded. The treasurer report was accepted. Report is attached to these minutes.

DCM: Dawn O. Thanks Scott C. For distributing information to the Groups. This month's literature is Our Great Responsibilities pg. 56. Dawn states we all use our principles as GSRs and apply them to the large group. In 3 months her growth has been off the charts. This month she attended Treatment and Literature meetings. The committees are doing a tremendous job, please take their reports to your groups. She is overwhelmed by the service contribution of this district (thanks to Bob and Patrick). She attended Intergroup on Feb 20th and accepted copier terms and sent payment. They tabled the QR code discussion. Intergroup thinks it may be a PI function. We need feedback from the groups. She submitted a pre-conference District column to the ODAAT. Our DCM has tried to figure out active/inactive and zoom meetings and has lists from many places to get an updated list. Please submit your forms when you have a change to your Group. Rindy and intergroup have been a great help. Dawn attended the virtual literature workshop from Area 1. Learned a lot about literature, the next one is March 28th regarding the pamphlets. There is a flyer available. Dawn attended 3 pre-conference agenda item workshops. All pre-conference assignments and backup material were sent to the groups. If you have trouble getting to it let her know. If your group is Literature there is more backup material, groups can get it from Dawn or from the Area website. If you have an agenda item without details or need more those drafts may be with the delegates in New York (personal stories, trustees from other areas etc.). These items are being protected. Sometimes there's equal distribution of work (EDW) so you may get stuff from other committees to share the workload. If you aren't going to Area Dawn needs the details before she leaves on the 31st. An AA group would like their assignment re-sent. March 31st to April 2d, is Area Convention and we are hosting the Night Owl meeting. The Agenda may change. Go to AAArea1.org and find the agenda and details. Dawn promises these reports will get shorter after pre-conference.

Alt. DCM: Brad A. gave the ADCM report. Thanks for allowing him to serve. He's been out talking pre-conference to encourage group involvement at the District level and to try to help. He also attended intergroup and corrections committee meetings. They are doing well. For the 1 Apr Area Conference he will be unable to attend.





SERVICE COMMITTEE REPORTS

ARCHIVES: Lotte (chairperson) Had meeting on Saturday Feb 25th with 3 additional folks. She has a new meeting format. She is studying the Archives workbook. She is blessed and honored and learning the differences between literature and archives and is looking to display our history more. She plans to visit other Area Archives to learn. She is also working to reconcile the

numbers and history of groups and is willing to help Dawn with this process. She will need a stipend for the Area Convention.

CORRECTIONS: Tod (co-chairperson) from the web. Read the minutes. Forensic pre-trial is under corrections. Ensure you vet who to bring in to speak. Info in ODAAT for opportunities. Contact Abbey if you want to attend institutions. Get with Abbey or Scott B. for Okaloosa County Jail orientation. Good to go into Walton Country Jail. Tod does not wish to have a stipend for the Area Convention.

GRAPEVINE: Diana C. (Chairperson) Still creating awareness. 2 people have reached out for subscriptions and her group has ordered one. There is a discount for multiple subscriptions.

LITERATURE: Suzie B. (Chairperson) The Literature Committee had it's first meeting Feb 25th.

Dawn attended and she got the literature agenda items. There are 2 group literature reps and still praying for a co-chair and a secretary. Suzie has put together newcomer envelopes. When you leave take some to your group. It came from District funds to purchase. Suzie went to two clubhouses and 5 groups and updated their literature display. Ask your group where they get their literature. For every question there is literature. March 18 2pm is the next meeting and will make literature display booths for the groups. Suzie will attend Area and will need a stipend.

PI/CPC: Patrick McD. (Chairperson) The committee had a second meeting on the last Sunday of February. Jamie F. is working with military medical; Paul B. is handling hospitality, Richard K. is working with senior centers, and Patrick is working with the judge from Drug Court. The committee is moving along. If you think you have a CI/CPC benefit please join. Patrick would like a stipend to attend the Area Convention.

TREATMENT: CJ (Co-chairperson) — The Treatment committee has had some growing pains but it moving along well. There were about 8 people at the meeting. There was an unsubstantiated complaint from 12 Oaks. Had a new lady go into bridgeway. Treatment places are still being attended to. Treatment is meeting more often for the workshop, next meeting is March 11th, at 10am. CJ would like to see Group representatives. The Treatment Workshop is planned for May 6th, with the Area treatment chair, at the 52 Beal Clubhouse from 11:30 to 1:30pm.

TECHNOLOGY: Savage (Chairperson) — On Feb 16th all committee chairs should have received updated zoom details. If you have questions see him. Please keep him updated on any changes to meetings.

INTERGROUP: Paul B. (Co-chairperson) reports the following: Linda W. voted in as Chair. Need an Intergroup breakfast chair. Need people for evening shifts 4-8pm; get with Linda or Paul. He reiterated that keys should not be handed out routinely. There is a need for more intergroup reps. Patrick McD suggested groups get an intergroup rep. Meeting is 3rd Monday, March 20th,

6:30pm at the Central Office. First Sunday of April is breakfast, with Lynn (Sparkle) as speaker. Eat and speak is 25 March and Mason is speaking.

AD HOC Area 1 Convention Committee: Terry S (chairperson) - Terry will get the group together this week. He's started research for the dates in October.

OLD BUSINESS

Is there feedback on QR codes for card? Two suggestions for where it goes: could be aafortwaltonbeach.org or the meeting guide app. Looking for feedback from the groups. Consensus of Miracle Group, the money that district and intergroup have, the spirit of carrying the message should give it a shot. They consider a QR code for the meeting schedule only would be best. Buster's for Sobriety had a similar overwhelming opinion. The minority opinion thought it may be promotion versus attraction. Young at Heart was not fond of the idea thinking that a paper meeting guide (printed by the group) with phone numbers should be used. If there is a QR code it should be in the Meeting in Print. Primary Purpose felt it was an extra layer. Group opinion of Primary Purpose is that it should not be done. There was an opinion that it should be at PI/CPC, but then is it promotion versus attraction? Michael from Men's group states his opinion that this is attraction, not promotion, similar to billboards; just creating awareness.

There was discussion that it should be intergroup or PI/CPC. Intergroup will bring it up again as old business; but leans towards PI/CPC.

Tabled until we hear back from intergroup.



James, Lakeview, requests a stipend for Area.

GSR REPORTS

An AA group: Steve (GSR): Big book study, and the 164 and Dr. Bob's Nightmare, 8-12 people.

Beautiful Downtown Baker: Ron (GSR): 15-20 people, 3 birthdays; Lisa 9, Gary W. 35, Ron 10 years

Brownbaggers: Savage (member at large): 3 birthdays in Feb, Jim P 33, Dave 35, Bridgette 1 year.

Already done with preconference.

Busters for Sobriety: Mark (GSR): 30-40 weekdays, 50 on Saturdays, nothing else to report.

Deckhands: Sandy (GSR) 15-20 weekdays, up to 35 on weekends, Randy T (group secretary) 3 years.



Early Risers: No report

Faith Group: Henry (GSR): Discussing what to do on Founder's Day, Wednesday night meeting is

now an Open Discussion. 3 birthdays, Jerome 22, Suzy 16, Marche 3

Friday Night Lights: John (GSR) 4 birthdays, Hannah B 2, Sue S 41, Clint J 17, Michael W 16,

celebrate on the last Friday with Cake. Will discuss pre-conference this Friday.

Happy Hour: No report

Jaywalkers: Diana (GSR) Big Book Saturday, 12 & 12 Sunday; 15-20 Sat, 20-30 on Sunday

Lakeview: James OGSR) Yellow church on lake with 5-10; hasn't started preconference

Late night group: Mike L. (member at large) Coffee, no desserts.

Men's Group: No report

Miracle Group: Michael (GSR): 10 active members; 1st Tuesday speaker, Shawn M. March 7th,

birthday last Tuesday, Tod A has 14 years.

Monday Night Big Book: No report

Mossy Head Community Group: Mary Beth (GSR): Birthday fellowship Pot Luck Dinner Sunday March 26th. 25th Group Anniversary – Group Speaker, Dawn, DCM 5pm Fellowship 5:30pm Dinner, 6:00pm Speakers; group 25

year, Russ B. 38 years.

Navarre Fellowship: No report

On Awakening: No report

Primary Purpose II: Mike (alt GSR) Th 15-20; Sat 35-40; 1 birthday, Elizabeth 8 years

Primary Purpose Women's Group: Ashley L (GSR) Tues Open Discussion, Thurs Big Book at 7pm;

12 on Tuesday, 6 on Thursday. 25 on phone list. 3 birthdays; 3, 18, and 39 years. Stacy N 1

year, Hannah B 2 years, Amy C. 13 years still looking at pre-conference

Rise and Shine: No report

Rule 62: No report

Second Chance: No report

Serenity by the Sea: No report

Serenity Group: No report

Sober Sisters from Niceville: No report





Sparkle Group: No report

Spiritual Axiom Women's: No report

Straight Up Group: Allen (GSR) Doing good, really healthy. Easy to share

There Is a Solution: No report

Third Tradition: No report

Traditional Group: No report

Tuesday Night Men's Meeting: Michael (GSR) Group was founded in 2007 and Michael is the first

GSR. Closed BB. Go to dinner before the meeting, don't celebrate birthdays and there's no

known birthdays this month.

Turning Point: No report

Unity: CJ (Member at Large): Brian B will be new GSR. Weak attendance 10-15 in February but

it's picking up. No birthdays.

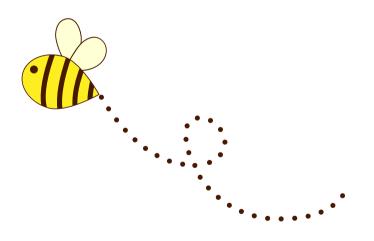
Unwind Your Mind: Terry (GSR): Wednesday night with a baked dessert from Terry.

Weekenders: Jimmy (GSR)

Young at Heart: Mike (GSR): No birthdays, Tues 7pm

CLOSING

Meeting closed with the Responsibility Declaration. Next meeting April 03, 2023.

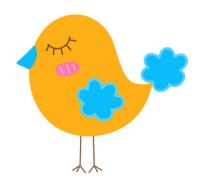






Balance Dif f erence

Area I District 14 Treasury Report



AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - TREASURER'S REPORT Feb-23

Please Mail Contributions: District 14 GSC PO Box 4022Shalimar, FL 32579

CHECKING ACCOUNT PRUDENT RESERVED TOTAL CASH Synovous Startement of Accounts District 14 Funds	Feb-23 Feb-23	9,835.48 1,515.93 11,350.78	0.401.40
CHECKING ACCOUNT DISTRICT 14			9,481.48
Group Contributions Busters for Sobriety Faith Group of Crestview Mossy Head Community Group Turning Point of Crestview	DATE 2/21/202 3 2/21/202 3 2/21/202 3 2/21/202	AMOUNT 312.00 50.00 50.00 140.00	
Total Group Contributions	3	552.00	
Expenses Mary Beth L Scholarship (Partial) to Area Suzie B Scholarship to Area Copier fees to intergroup Dawn O. DCM Gas (3 mos) Dawn O. DCM Area Stipend		(123.53) (250.00) (50.00) (75.00) (250.00)	
Total Expenses		(748.53)	
Net change for February		(196.53)	
District 14 Funds Cash Balance Synovus Bank			9,284.95



AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - APPROVED BUDGET (12/6/2021) FOR 2022

DISTRICT 14 - AFFROVED BODGET (12/0/.	2021) FOR 2022																
INCOME	Monthly Annual																
Group Contributions	450.00 5,400.00									425.67 552.00 0.00 0.00 0.00 0.00 0.00 0.00 0.							
EXPENSES		JAN FEB M.	AR APR MAY J	UN JUL AL	IG SEP OCT	NOV DEC E	BUDGET						,	KEIVI/ III VII VG			
DCM Stipends monthly gas area assembly 4x year Regional Forum ADCM Stipend 4x per year	25.00 300.00 1,000.00 500.00 1,000.00		(75.00) (250.00)											225.00 750.00 1,000.00			
Scholarship to Area Assembly 4X per year	1,000.00	(250.00)	(373.53)											376.47			
Archives	200.00													200.00			
Corrections	1,000.00													1,000.00			
Grapevine	200.00													200.00			
Literature	200.00													200.00			
PCIP	200.00													200.00			
Treatment	200.00													200.00			
Inter-Group Rent - \$118/month	1,416.00	(354.00)												1,062.00			
Web Page	500.00													500.00			
Secretary	120.00													120.00			
Treasurer	180.00	(9.50)												170.50			
Micellaneous	0.00													0.00			
District Picnic & Service Fair	500.00													500.00			
Total Expenses Total Expenses to Date Gain/(Loss)	8,516.00 (1,312.03) (334.36)	(613.50)	(698.53) (1312.03) (146.53)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	7,203.97			



AREA 1 ALABAMA NORTHWEST FLORIDA DISTRICT 14 - GROUPS MONTHLY CONTRIBUT 2023		Contributions can be mailed to: District 14 General Svc CommitteePO Box 4022Shalimar, FL 32579											
2023	JAN F	EB N	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC	TOTALS
\$50Pradition Group Shalimar Beautiful Downtown Baker Group Brown Baggers Camel Club Busters For Sobriety Destin Care Group FWB Crestview Big Book Group Deckhands Goup of Niceville	3	312.00											4 5.00 - - 3 12.00 -
Destin group Early Risers Grp of Navarre Faith Group of Crestview Friday Night Lights SRB Happy Hour Group 52 Beal Honesty Group FWB Jaywalkers Ladies 12X12 FWB Lakeview Grp Defuniak Springs	210.0 0 143.6 7	50.00											2 10.00 1 43.67 5 0.00 - - - - -
Miracle Group FWB Mossy Head Community Group Navarre Fellowship On Awakening Camel Club ZOOM On Awakening Camel Club Primary Purpose WO's Group SRB Primary Purpose Group II Rule 62 52 Beal Second Chance Group Miramar Bch Serenity By the Sea Destin Serenity Group of FWB Shoulder to Shoulder Destin SOS Mtg Niceville Sparkle Group of FWB	10.00	50.00											6 0.00
Straight Up Group 52 Beal Sunday Sunset BB Study Crestview There is a Solution Group Niceville Thursday Night Ladies group Tuesday Night Mens Group SRB Turning Point Grp of Crestview \$80 + \$60 Unity Group 52 Beal Wednesday Women in Recovery FWB Weekenders FWB Women's Spiritual Axiom SRB	17.00 1	140.00											1 7.00 1 40.00 - - - - 9 77.67
Monthly Contributions	425.67	552.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	977.67 0.00 5,400.00
Budget over/(under) budget	(24.33)	450.0 0 102.0 0	450.00 (450.00)	(4,422.33)									



AREA 1 ALABAMA NORTHWEST FLORIDA

DISTRICT 14 - BUDGET FOR 2023

DISTRICT 14 - APPROVED BUDGET (12/5/2022) FOR 2023

INCOME

Monthly Annual 450.00 5,400.00 425.67 552.00 Grp Contributions

EXPENSES			JAN FEB M	AR	APF	R 1	MAY	JUN	JUL	AU	IG S	SEP	OCT	NOV	DE	C	BUDGET REMAIN
DCM Stipends monthly gas area assembly 4x year Regional Forum ADCM Stipend 4x per year Scholarship 4x per	25.00	300.00 1,000.00 500.00 1,000.00 1,000.00		(75.00) (250.00)													225.00 750.00 1,000.00 1,000.00
year year			(250.00)	(373.53)													0.00
Archives		200.00															1,000.00
Corrections		1,000.00															200.00
Grapevine		200.00															200.00
Literature		200.00															200.00
PICPC		200.00															200.00
Treatment		200.00															1,062.00
IG Rent	118.00	1,416.00	(354.00)														
IG Copier fee / QTR REVERYBENSE Feb Web/Technology	118.00		(354.00)	(50.00)													
Secretary		500.0															500.00
•		0															120.00
Treasurer		120.0	(9.50)														170.50
Micellaneous		0															0.00
Picnic		180.0															500.00
Total Expenses		500.00 0															(1,362.03)
Gain/Loss per Month		8,516.00	(613.50)	(748.53)	0.00	0.00	0.00	0.	.00	0.00	0.00	0.00	0.	.00	0.00	0.00	7,153.97
		(3,116.00)	(187.83)	(196.53)	0.00	0.00	0.00	0 0	.00	0.00	0.00	0.00	0.	.00	0.00	0.00	,