



DECEMBER 2022

Area 1 District 14 Newsletter

SERVICE

12TH STEP

HAVING HAD A SPIRITUAL AWAKENING AS THE RESULT OF THESE STEPS, WE TRIED TO CARRY THIS MESSAGE TO ALCOHOLICS, AND TO PRACTICE THESE PRINCIPLES IN ALL OUR AFFAIRS.

"Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men." -- Bill W.

12TH TRADITION

ANONYMITY IS THE SPIRITUAL FOUNDATION OF ALL OUR TRADITIONS, EVER REMINDING US TO PLACE PRINCIPLES BEFORE PERSONALITIES.

12TH CONCEPT

"THE CONFERENCE SHALL OBSERVE THE SPIRIT OF A.A. TRADITION, TAKING CARE THAT IT NEVER BECOMES THE SEAT OF PERILOUS WEALTH OR POWER; THAT SUFFICIENT OPERATING FUNDS AND RESERVE BE ITS PRUDENT FINANCIAL PRINCIPLE; THAT IT PLACE NONE OF ITS MEMBERS IN A POSITION OF UNQUALIFIED AUTHORITY OVER OTHERS; THAT IT REACH ALL IMPORTANT DECISIONS BY DISCUSSION, VOTE, AND WHENEVER POSSIBLE, SUBSTANTIAL UNANIMITY; THAT ITS ACTIONS NEVER BE PERSONALLY PUNITIVE NOR AN INCITEMENT TO PUBLIC CONTROVERSY; THAT IT NEVER PERFORM ACTS OF GOVERNMENT; THAT, LIKE THE SOCIETY IT SERVES, IT WILL ALWAYS REMAIN DEMOCRATIC IN THOUGHT AND ACTION."

LOVE

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12th Step Prayer

Dear God,
My spiritual awakening continues to unfold.
The help I have received I shall pass on & give to others,
Both in & out of the Fellowship.
For this opportunity I am grateful.
I pray most humbly to continue walking day by day
On the road of spiritual progress.
I pray for the inner strength & wisdom
To practice the principles of this way of life in all I do & say.
I need You, my friends, & the program every hour of every day.
This is a better way to live.
Amen

"Each day, somewhere in the world, recovery begins when one alcoholic talks to another alcoholic, sharing experience, strength, and hope."



The ONE DAY AT A TIME is the local newsletter published by the Area 1 District 14 Central Office of Alcoholics Anonymous. The monthly publication provides current information about meetings, upcoming AA related events, and articles of interest submitted by local members. It also includes a monthly financial report of contributions by the AA groups in District 14 and the business minutes from the Intergroup Meeting held the 3rd Monday of every month.

DISCLAIMER:

The ONE DAY AT A TIME Newsletter is the monthly newsletter of the Area 1 District 14 Intergroup of Alcoholics Anonymous. Opinions contained herein are strictly those of the author(s). We reserve the right to edit submissions for clarity, language, length, and any content which may violate the AA traditions. Publication of opinions, articles, and announcements does not represent, express, or imply endorsement or approval by AA at any level. AA literature reprinted with permission of AAWS. AA and Alcoholics Anonymous are registered trademarks of AA World Services, Inc.

Area 1 District 14 Intergroup
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www.fortwaltonbeachaa.org



Happy, Joyous and Free Season to all District 14,

Thank you for participating with the Intergroup in bringing the singleness of purpose - to carry the message to the alcoholic who still suffers, without all of you, we would not be able to carry the message. Please remember Intergroup is not part of A.A., but A.A. members volunteer for service at Intergroup (Intergroup Representatives and officers have a vote), but all people in the Intergroup meeting have a voice. The DCM has a report given at the Intergroup meeting, but no vote. Intergroup Chair has a report given at the district meeting, but no vote.

If you are new to A.A., we welcome you. Please come to your intergroup and see what can be done. There are many service opportunities to enhance your sobriety. Getting sober is a choice and Sobriety is a gift. There are always opportunities to volunteer. You are welcome to join us as an intergroup representative or as a fellow A.A. member. We meet the third Monday 6:30pm at Central office located 24 SW Hollywood Blvd., Fort Walton Beach, FL 32548- Telephone # 850-244-2421 if you have any questions. Anyone may attend our meetings and learn of our many services and volunteer opportunities. Each home group needs to vote in an Intergroup Representative to attend the Intergroup Meeting for the next 2 years. You will be right in the middle of Alcoholics Anonymous strengthening your sobriety. If you enjoy service, this opportunity is for you.

During these past two years, we have had many challenges (Covid 19, broken copier, taxes, and others), we have met each as they come up with District 14 and members. Hope to have the taxes completed by December, 2022.

The following two years all trusted servants will need to turn up for their 4 hours shifts, if that trusted servant is not going to make it, he or she will need to call the chair the night before or there will be a list of trusted servants willing to serve for additional shifts if they have time to help you. If you cannot find someone who is a trusted servant, who is on the list then you call the intergroup chair to let her or him know you will not be there. Please do not call the day of because that does not get the volunteer person time to make your shift.

In old business we one person stand and voted in for open positions:

Web chair: Jamie L.

Still have 3 positions open:

Breakfast Chair

Hot Line Chair

Secretary

December 19, 2022 at Central office 6:30pm please come to the Intergroup meeting and stand for these 3 positions that need to be filled for the next two years (give sobriety date and service history).

"Every A.A. wants to make sure of his survival from alcoholism, and his own spiritual well-being afterward. This is just as it should be. He also wants to do what he can for the survival and well-being of his fellow alcoholics. Therefore, he is bound to have a vital interest in the permanence and well-being of A.A. itself."

Bill W., Language of the Heart, p. 166/Originally published in the April 1958 Grapevine
Thanks for Everything!!

aadistrict14intergroupjs@gmail.com

Jerry S. (Chair Intergroup) - 850-244-1182

Linda W. (Co-Chair Intergroup)- 850-582-7704

**TO SUBMIT ARTICLES, STORIES, BIRTHDAYS, ANNOUNCEMENTS, ETC..
EMAIL : DISTRICT14ODAAAT@GMAIL.COM**



Step 12



"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

The 12 Steps are kind of like a recipe for a special cake, one that brings about a personality change sufficient to allow us alcoholics to recover from our alcoholism. When we've baked the delicious spiritual experience cake, as directed and arrived at step 12, it's time for my favorite part: putting the icing on the cake!

The 12 steps of A.A. in simplest terms are a solution to the disease of alcoholism. They are a set of universal guiding principles that merge the traditional boundaries of religion, history, culture and wisdom traditions. They outline a course of action that, when followed, will remove the obsession in the mind, connect you to a Higher Power and as you continue to grow, show you how to help others who still struggle.

AA STEP 12: SPIRITUAL AWAKENING

The concept of "spiritual awakening" has many meanings. Keeping it simple, a spiritual awakening is really just a psychic change that, among other things, eliminates our obsession to drink. For some it can be quite a powerful and immediate experience, for others it is an ongoing co-current part of working the 12 steps.

The co-founder of AA, Bill W. mentions in his autobiography that for him it was a sudden, strong "white light" and life-changing event: "I stood upon a summit where a great wind blew. A wind not of air, but of spirit. In great, clean strength it blew right through me. Then came the blazing thought, 'You are a free man.'"

It gives me chills every time I read that, because after that moment, Bill never took another drink. Thanks to him there are many more free men and women today. For most of us, the "aha" moments, that may not be a white light, are regular events and part of the spiritual awakening that happens over time in a subtle and gradual way.

AA STEP 12: CARRYING THE MESSAGE

I am responsible when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

The second part of the 12th step is about carrying the message of recovery to other people. This is not because AA is a cult, it's because "we keep what we have by giving it away." To keep it simple, when we work with others, our lives change. So, we don't help another alcoholic because they're sick—we help another alcoholic because we are sick, and part of our recovery is that we need to be helping others.

The most important things to remember about this part of the AA Step 12 are:

- The Twelve Steps are a program of attraction, not promotion. We lead by our own example, so talk to people when they are ready and when the time is right they'll ask: "How can I get what you've got?"
- Keep your message for the person who's dependent on alcohol (and/or drugs) to what it was like for you, the result of your steps, and that you have not gotten drunk or stoned.
- When talking to a newcomer, let go of labels and referring to them as alcoholics or addicts. Truthfully tell your story and let other people decide if it rings true for them.

Sometimes carrying the message can be as simple as making sure that there is a warm, caring, non-judgmental place for other alcoholics to come back to and a hand shake or hug that says "We're here for you—come on in—and keep coming back!"

The beauty and eloquence of AA Step 12 is part of many promises of working the A.A. program. Life really does take on new meaning when watching people recover, seeing them help others, and watching loneliness vanish. Frequent contact with newcomers, and with each other, is the bright spot of our newfound lives.

THE ICING ON THE CAKE: PRACTICING THE PRINCIPLES

When we have had a spiritual awakening as a result of our efforts we are finally able to do, feel, and believe that which we could not do before. This gift, which is a new state of consciousness and being, is really the icing on the cake of sobriety.

On a daily basis we have the opportunity to put into practice things that we are finally in possession of: a degree of honesty, tolerance, unselfishness, peace of mind, and love. Practicing the 12 steps in all our affairs, trusting a higher power, cleaning house, sharing our experience strength and hope, staying active in service one day at a time, for the rest of our life...is like eating cake, with icing, everyday.

jasonwahler.com

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail." Page 89.




Suggestions on How to make a 12th Step Call

When a person calls for assistance to stop drinking a recovering alcoholic should provide comfort, understanding, and may agree to take them to a meeting or meet at a meeting. Please use common sense! If you are going to pick someone up or to meet to talk to them, always, always have another recovering alcoholic with you. Please remember that someone who is drunk may be unpredictable. If possible instruct them to sleep it off and call them the next day to see if they are still interested in talking about sobriety. Men should call men and women call women. It is just a lot less complicated that way! Thanks for "always being there when someone reaches out for help..."



I am Responsible . . .



When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.



4 Find out about the special holiday parties, meetings, or other celebra-

tions given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

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Laughing Out Loud



*"Please, Lord, teach us to laugh again:
but God don't let us Forget that we cried."*

Me: it's not about how many times you fall, it's about how many times you get back up

Cop: that's not how field sobriety tests work

Religion: -"God is my co-pilot."
Spirituality - "I'm my Higher Power's co-pilot."
Recovery Me - Well, apparently I'm the flight attendant. ❤️

WORKING STEPS WITHOUT A SPONSOR?



IKEA is now selling Christmas trees. It's gonna be a long night...



One day at a time

FROM THE EDITOR

This is my final edition as your ODAAT editor. It has truly been an honor to serve.

In Love and Service,
Terry S.
(386)262-6810
district14odaat@gmail.com

Heard in a meeting...



"Admitting I was powerless over alcohol was the single most empowering thing I have ever done."

"I AM AN ALCOHOLIC, BUT I DON'T HAVE TO DRINK TODAY, AND THAT IS A CHOICE I GOT FROM THE 12 STEPS."

"A.A. tools are power tools. We plug them into a power greater than ourselves."

"Change starts with a choice. Make your decision today."

"THERE WAS NEVER A GLASS BIG ENOUGH FOR JUST ONE DRINK."



"Spirituality begins when you decide you will never trying. Spirituality is the commitment to go beyond no matter what it takes. It's an infinite journey based on going beyond yourself every minute of every day for the rest of your life. If you are truly going beyond, you are never in your comfort zone. A spiritual being is constantly pushing up against their edges. Imagine a comfort zone so expanded that no matter what happens outside of you, you allow life to flow right through you. Great beings live this way. When their edges are hit, they let their heart burn. They love their pain, because it points the way to their freedom." -Michael Singer



INTERGROUP COMMITTEE MEETING

MONDAY, NOVEMBER 21, 2022

INTERGROUP UNAPPROVED MINUTES

Meeting opened with Serenity Prayer, Traditions 2 & Tradition 9. **ATTENDANCE:** 2 Zoom, 16 In-Person:

COMMITTEE REPORTS:

Secretary's Report Diana C: Read and accepted.

Treasurer's Report Paul B: The ending balance for October is \$14,768.60. Report accepted.

Book Fund Report Paul B: The ending balance for October \$5,252.36. Report accepted.

Chairperson's Report Jerry S: Thank you to all that served these last 2 years! A lot was accomplished; a new sign, the newsletter, the hotline, new copier, no more PO Box, just to name a few. Welcome to those to serve in the next 2 years. Trusted Servants are still needed for some shifts. Please let her know if you are interested.

Co-Chair's Report Linda W: No special election meeting required. Don is still standing for Chair.

DCM Report Patrick M: Do service. Get involved. Not much to report.

AA Hotline Report Terry S: Please reiterate to the Trusted Servants to transfer the phones when they arrive for their shift.

ODAT Report Terry S: Found a good deal on the graphics design program, Canva.

No longer needs the approved \$120, only \$49.

Web Servant Report Rindy O: Traffic is up a bit. Most popular site is the printable meeting list probably due to the clubhouse opening back up. The meeting guide is completely updated. Highest increase in traffic was the newsletter.

IG Breakfast Report Terry S: November's breakfast was hosted by the Serenity Group. Jim M. was the speaker. 19 in attendance and \$33 collected. December's breakfast will be hosted by Unwind your Mind.

Eat & Speak Report Terry S: December's E&S will be hosted by Rule 62. Jen B. will be the speaker.

OLD BUSINESS

Elections took place and the following positions were in: Chair – Don H., Co-Chair – Paul B., Treasurer – Jennifer G., Book Fund – Johnny C., ODAT – Jennifer B., Eat & Speak Chair – Terry S.

Positions still open: Secretary, AA Hotline, Breakfast Chair, Webservant

Terry S. – Motion to have Intergroup purchase Canva, a graphics design program, for the next ODAT chair in the amount of \$120. Voted Yes.

NEW BUSINESS

Webservant – Jamie L. Says yes to 98% of services asked and has been training with Rindy as co-web for the last few months. All voted yes.

Breakfast Chair – Patrick nominated Greg S. Greg has served in several service positions. All voted yes.

Positions still open: Secretary and AA Hotline

Jerry S: Previous Chair, Wes, to provide completed taxes to H&R Block. We should have some answers to our tax exemption matter on or about December 19th.

GROUP REPORTS

Sparkle Meeting FWB Beachside Church 6:30pm Sunday. Linda L: Lynn B. will be taking over as IG Rep. They have had quite an influx in attendance.

Weekender's FWB Wellness Center 5:30pm Sunday. Speaker 3rd Sunday of the month. Linda W: Brett, from Niceville spoke Great speaker with 21 ppl

Mossyhead Community Group 7pm Wednesday & 6pm Sunday. Food & Speaker on the last Sunday of the month.

Johnny C: They have 2 birthdays in December and will celebrate the second to last Sunday of the month, 12/18, with BBQ ribs starting at 5pm.

Straight Up Group FWB Run With It 12pm M W F. Jerry S: They have moved back to the clubhouse. All is well.

Unwind Your Mind FWB Grace Church 7pm Wednesday step 11 Meditation meeting,

Paul B: This meeting has changed his life! Mediation works. They have about 20-25 in attendance. Paul will be celebrating 27yrs in December and on 12/7 they will celebrate with chocolate peanut butter oreo pie!

Primary Purpose FWB Journey Pure 7pm Thursday Step Study (closed) & 7pm Saturday 2 Speaker meeting.

Adam: Their group will be meeting online only for the next couple weeks. Their new location is TBD. No birthdays.

Jaywalkers FWB NW FL Fairgrounds 12pm Saturday (BB) & 12pm Sunday (12&12).

Amber H: They are back at the clubhouse. Andie celebrates 11yrs in November. About 20 in attendance.

Rule 62 FWB 6:30am daily. Jen G: They are back at the clubhouse. They will be hosting the E&S for December. The speaker is TBD. No birthdays.

Miracle Group FWB St. Mary's Church Tuesday 8pm. Speaker on 1st Tuesday of month.

Todd A: Their group will be celebrate their 44yr anniversary Tuesday, 11/29, with a potluck beginning at 6:30pm.

Early Risers Navarre, 7am 6 days a week, except Sunday & 5:30pm on Wednesday@St. Augustine's Church, and 6:30am Sunday at Navarre Beach. Scott K.: Karen will be taking over as IG Rep. Attendance is at 20 sometimes up to 30. Four birthdays in November.

Thanksgiving Potluck at the Clubhouse on Thanksgiving Day.

Next meeting is Monday, December 19, 2022.

Meeting adjourned at 7:36pm.

INTERGROUP COMMITTEE MEETING

MONDAY, NOVEMBER 21, 2022

TREASURER REPORTS

October 2022 Income

Group Contributions	\$4039.59
Conf. Room Rent	\$20.00
Total Income	\$4059.59

October 2022 Expenses

Bank Charges	2.99
Cable	209.52
Electric	150.45
Office Supplies	\$16.35
Rent	\$721.66
IG Breakfast rent	\$20.00
Other	\$14.99
Total Expenses	\$1119.61

Income	\$4059.59
Expenses	\$1119.61
New Checking Balance	\$14678.60

October 2022 Group Contributions

Early Risers	\$800.69
Young at Heart	\$30.00
There is a solution	\$133.90
Serenity	\$25.00
On Awakening	\$3000
Total	\$4030.59

Samples of Group Contributions to A.A. Service Entities*

Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____

(Be sure to write group name and service # on all contributions.)

- To be determined by YOUR group
- ___ % to district
 - ___ % to area committee
 - ___ % to G.S.O.
 - ___ % to intergroup or central office
 - ___ % other A.A. service entities
 - ___ % other A.A. service entities

OR

- 10%** to district
- 10%** to area committee
- 30%** to G.S.O.
- 50%** to intergroup or central office

OR

If you have no intergroup/central office.

- 40%** to district
- 30%** to area
- 30%** to G.S.O.

AREA DISTRICT 14 GSR MEETING WITH SERVICE COMMITTEE REPORT

MONDAY, NOVEMBER 07, 2022

District 14 GSR Officers Present

DCM: Patrick McD. Alt. DCM: Dawn O. Treasurer: Sarah O. Secretary: Brad A.

SERVICE COMMITTEE CHAIRS PRESENT

Archives: Suzi B. Corrections: Tod W. Grapevine: --- Literature: --- PI/CPC: --- Treatment: CJ Technology: --- Intergroup: Jeri S. 1/4ly Eat & Speak, Am-Vets Breakfast: ---

MEETING

The meeting was opened with the Serenity Prayer The step, tradition, and concept corresponding with the month was read.

Total attendance 24. 21 in person. 3 virtually.

DISTRICT 14 OFFICERS REPORT

New Service Positions: Savage Bell- Technology

Visitors: Bob McC

Secretary: Brad A. read the minutes from October. Jaime F. motioned to accept Sarah O. seconded. The Secretary's report was accepted.

Treasurer: Sarah O. reports October amounts as follows: Opening Balance: \$ 11,239.50, Income: \$340.00, Expenses: \$2,129.13, Ending Balance: \$9,450.37. Prudent Reserve \$1,515.83. Mike L. motioned to accept. Jerome F. seconded. The Treasurer's report was accepted.

DCM: Patrick McD. reports the following: He attended the service fair, IG meeting, and Area where he carried the District's group conscience. Jaime F. motioned to accept. Mike L. seconded. The DCM report was accepted.

Alt. DCM: Dawn O. reports the following: She attended Area and helped new GSRs get oriented. She sent a service manual to a fellow District. She tracked down Walton county meetings for RIndi. She announced ALCYPAA in November 11-13. District 19 will host 38th Annual Jubilee on February 24-26 in Orange Beach. She also wishes to attend the Regional Forum . Sarah O. motion to accept. Mike L. seconded. The Alt DCM report was accepted.

SERVICE COMMITTEE REPORTS

ARCHIVES: Suzie B (Chairperson) reports on Wednesdays from 12-4 trusted servants and new Archives members have been learning ropes. Archives will be meeting regularly on Wednesdays from 12-4 for work and training. Literature and supplies have been ordered. \$56 spent, \$144 balance. Turning Point Group contributed items for Archives (from Josh W). Next meeting is on 11/09.

CORRECTIONS: meets third Tuesday of every month @ 6:30pm. Tod W. (Chairperson), Abby K. (Alt. Chairperson)

Old Business: BB have been ordered. CJ and Pat M. state AA meeting with Drug Court is moving forward. Corrections representative plans to attend District

New Business: Pat M. recommended that we start taking a meeting into the DUI school. Treatment already hosting meeting. Leave as is.

Elections: 2023 - 2025 Positions

Chair: Tod W **Co-Chair:** Abbey K **Secretary:** Emily **OCJ Outside Coordinator:** Scott B **WCJ Outside Coordinator:** Open

OCJ: has good coverage for men and women. Attendance is the same for each meeting. Abbey K reports more women are getting involved.

OCI: Inmate tablets are being loaded with BB.

WCJ: 4 Men and 1 Woman approved for meetings. First meeting 12/03.

WCI: Nothing new. We need more volunteers for OCI before we can take on another institution.

Forensic Pretrial: Now allowing meetings outside the facility. Contact Jennifer B, CJ, or Michael.

GRAPEVINE: Michelle G. (Chairperson). No Report. **LITERATURE:** Need Chairperson. No Report.

PI/CPC: Need Chairperson. No Report. **TREATMENT:** meets the second Saturday of every OTHER month, 10:00am at CO and virtually.

Meeting ID: 84372038669. Password: Treatment. No meeting. Next meeting Nov. 12th

TECHNOLOGY: Scott Cole (Chairperson) No Report.

INTERGROUP: Jeri S. (Co-chairperson) reports the following:

Elections 2023 - 2025 Positions

Chair: Don H. **CO Chair:** Paul B. **Treasurer:** Jennifer G. **Secretary:** Open

Book Fund: Johnny C Sgt; **ODAT:** Jennifer B. **Eat & Speak:** Terry S. **Web:** Open

Next Breakfast is 11/2/04. Next Eat & Speak is 12/17. Service positions are open at CO. Sunday 8am-12-pm, Friday 4-8pm, Saturday 12-4 pm, and 4-8pm. IG will purchase software program CAMBA for graphic design. Cost is \$120.

NEW BUSINESS

Sarah O. nominates Savage B. for Technology chairperson. Approved.

Terry S. on behalf of Don H. is inquiring for Eat & Speak host for December 4 th .

Discussion held. December will be workshop-type meeting hosted by District 14.

Sarah O. motioned for annual budget line item of \$500.00 for District 14 DCM to attend the Regional Forum or SSAASA conferences. Approved.

Sarah O. motioned to accept 2023 proposed budget. Tabled.

Sobriety Birthdays

Deckhands

SHERRY M/11 DEC 2021/1 YEAR
JOSHUA L/28 DEC 2014/8 YEARS

BUSTERS

Chuck H. December 16th - 34 Years
Belated November Birthday - Chip B. - 35 years

WEEKENDERS

Steve D/ December 10-3 years
Angie M. / December 31-2 year



*Experience
Strength
& Hope*

Speakers

What it was like, what happened, and what it is like now.



THE FAMOUS



MOSSYHEAD

GROUP PRESENTS
EATING AND SPEAKER MEETING
DECEMBER 18, 2022

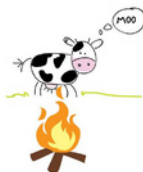
2 B OR NOT 2B
NO LONGER
A QUESTION

FEATURING
MARYBETH L.
OF THE MOSSYHEAD GROUP



DOORS OPEN 500P
MUNCH A BUNCH 530P
GOLDEN TONES 601P

50/50 RAFFLE 710P



FEATURING
THE BEST POTS OF
LUCK YOU
CAN BRING



AREA 1 DISTRICT 14 EAT AND SPEAK



HOSTED BY

RULE 62

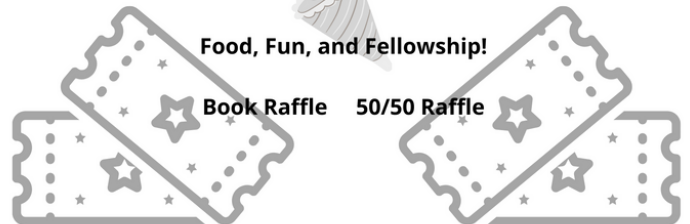
AI -Anon (ALA-TEEN) Speaker : Ryanne
(We can Make It Together Group - Navarre)

AA Speaker : Jennifer B.
(Serenity Group)

Please Bring a covered dish.

Food, Fun, and Fellowship!

Book Raffle 50/50 Raffle



Saturday December 17th, 2022 5:00PM
First Presbyterian Church
134 Beal Parkway NW Fort Walton Beach 32547

Events

51st GULF COAST ROUNDUP

February 10th – 12th, 2023
On the Gulf Coast of Okaloosa Island at
The Island Resort
1500 Miracle Strip Pkwy SE
Fort Walton Beach, FL 32548



Room Rates – good from Feb 9 thru Feb 13

Standard (king or 2 queens)	\$105 per night*
Poolside (king)	\$130 per night*
Poolside (2 queens)	\$135 per night*
Gulf Front (king)	\$140 per night*
Gulf Front (2 queens)	\$145 per night*

Suites
Gulf Front Suite (K or 2Q) \$205 per night

Email reservations@mainsailhotels.com or
Call (850) 337-9194 (ask for Vanessa or Jackie)

Reserve before January 10 to guarantee rates
*plus tax

Friday

4:30pm Chuck H. (AA) Destin, FL
8:00pm Palmer G. (AFG) Miami, FL

Saturday

10:00am Ella S. (AA) Reykjavik, Iceland
2:00pm Tim T. (AA) Manson, IA
7:30pm Raffle and Sobriety Countdown
8:00pm Robbie W. (AA) Wildwood, NJ

Sunday

9:30am Cynde T. (AA) Manson, IA

REGISTRATION IS LIMITED TO 350 – REGISTER EARLY BEFORE WE SELL OUT!!!

ENTERTAINMENT PROVIDED BY COMEDIAN HYPNOTIST
TERRY STOKES, JR
SATURDAY NITE AFTER THE MEETING

YOGA on the BEACH!! Saturday & Sunday morning at 7:00am with Mollie Densley
Early bird meetings (combined discussion) Saturday & Sunday morning at 8:15am

Register (PayPal) at www.GulfCoastRoundup.com or mail a check with the form below:

Gulf Coast Roundup – February 10-12, 2023 – Registration \$25 each

Name(s) _____
Address _____
City _____ State _____ Zip _____
Name(s) on Badge(s) _____

Make checks payable to: Gulf Coast Roundup Mail to: **Angie Bowdren, 930 Gulf Shore Dr Unit 4, Destin, FL 32541**



DISTRICT 19 PRESENTS THE 38th ANNUAL JUBILEE PLANTING THE SEED

THE WHARF ORANGE BEACH EVENT CENTER
FEBRUARY 24-26, 2023

Three ways to register:

- Sign up at district19jubilee.com by Feb. 1 (\$30)
- Mail this form with a check (\$30) payable to Jubilee Convention Committee, P.O. Box 724, Gulf Shores, AL 36547
- Pay at the door (\$35)

NAME _____ Circle One: AA, AL-ANON, ALATEEN

NAME _____ Circle One: AA, AL-ANON, ALATEEN

ADDRESS _____

EMAIL _____

I would like to donate \$ _____ to help with scholarship registration.

AA, AL-ANON, AND
ALATEEN SPEAKERS

JEFF S (BON SECOUR, AL),
SARAH H (TX),
LINDA O (GA), CRAIG
W (CT), CLIF G (OK),
MARISSA W (CT),
LORI G (OK),
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66TH FLORIDA STATE CONVENTION 2023

THURSDAY AUGUST 10 - SUNDAY AUGUST 13

WWW.FLORIDASTATECONVENTION.COM

SADDLEBROOK RESORT - WESLEY CHAPEL, FL 33543

WWW.SADDLEBROOK.COM

PROGRAM AND ACTIVITIES



AA, Al-Anon, Alateen, Spanish Speaking, LGBTQIA, YPG, First Nations, Old Timer's Panel, Marathon Meetings, Workshops, and Archives Display; Friday and Saturday Banquets, Saturday BBQ lunch and Ice Cream Socials; Sports Activities include Golf, 5K Walk/Run, Pickle Ball, Morning Yoga, and Escorted Motorcycle Ride; Dances and Entertainment including South Florida's own "The A.A. Service Manual: The Musical"; Saturday Pool Party, and much more...

ASL interpretation at main conference's speaker meetings.

GUEST SPEAKERS

Marty J. - Vancouver, B.C., Canada

Aaron G. - Molalla, OR

Larcine G. (Al-Anon) - Hawthorne, CA

Candice M. - Los Angeles, CA

Chris R. - Ingram, TX

Myers R. - Ingram, TX

Marion M. - Ft. Lauderdale, FL

Cathy C. - Tampa, FL

Jane D. L. - Tallahassee, FL

HOST HOTEL INFORMATION

SADDLEBROOK RESORT
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5700 SADDLEBROOK WAY WESLEY CHAPEL, FL 33543
WWW.SADDLEBROOK.COM
800-729-8386 OR 813-973-1111

CONVENTION CODE: 66FSC
HOTEL RESERVATIONS START ON AUGUST 3, 2022
HOTEL RESERVATION LINK: [HTTPS://BOOKINGS.TRAVELCLICK.COM/132417?GROUPID=35040876&HOTELID=13241](https://bookings.travelclick.com/132417?GROUPID=35040876&HOTELID=13241)

RATES:
STANDARD ROOM - \$135
ONE BEDROOM SUITE - \$155
TWO BEDROOM SUITE - \$265
RATES WILL BE HONORED 3 DAYS BEFORE
AND 3 DAYS AFTER THE CONVENTION DATES
BASED ON AVAILABILITY



ALL ROOMS ARE SUBJECT TO STATE AND LOCAL TAXES
THIS HOTEL IS NON-SMOKING
CHECK-IN 4 PM - CHECK-OUT 11 AM

A JOURNEY THROUGH THE 12 STEPS

SOBBR 2023

FRI: 4PM-9:30PM

SAT: 7:30AM-5:15PM

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FOR MORE INFO
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SOBBR 2023 SCHEDULE

Friday, January 20, 2023

4:00pm Registration Opens and Hospitality Room (Coffee & Snacks)

4:30pm AA, Alateen, YPGA Meetings

6:00pm Workshop Session 1: "Fear & The Seven Deadly Sins" Leslie S. Atlanta, GA

6:30pm Dinner Provided

7:30pm Workshop Session 2: "Fear & The Seven Deadly Sins" Leslie S. Atlanta, GA

8:15pm Sobriety Countdown & 50/50 Raffle

8:30pm Hynosis Comedy Show with Terry S

Saturday, January 21, 2022

7:30am Registration Opens and Yoga (bring a yoga mat. Limited supply available.)

9:00am Steps 1, 2 & 3: Steve (AA), Fairhope, AL

10:00am Coffee & Breakfast Treats

10:15am Steps 4 & 5: Leslie S (AA), Atlanta, GA

11:00am Steps 6 & 7: Linda L (ALANON), Nashville, TN

12:30pm Lunch Provided

1:15pm Steps 8 & 9: Jane L (AA), Tallahassee, FL

2:30pm Steps 10 & 11: Luke B (AA), Dothan, AL

3:45pm Steps 12: Terry S (AA), Dothan, AL

4:45pm Fun Finale: 50/50 Raffle, Basket Raffles, Silent Auction

WORKSHOP SESSIONS 1 & 2
FEAR & THE SEVEN DEADLY SINS
presented by LESLIE S (AA), ATLANTA, GA

SOBER FROG RECOVERY
Recovery meetings and resources will be available to purchase throughout the convention.

The flyer may be copied and distributed.
\$20 Pre-Reg Due Jan 13, 2023 | \$25 at the Door

Online Registration: <https://bookings.travelclick.com/132417?GROUPID=35040876&HOTELID=13241>
Cancellation: <https://bookings.travelclick.com/132417?GROUPID=35040876&HOTELID=13241>
Registration Form Below: Make Checks or Money Order payable to "SOBBR"
Mail to: **334 Ave Rd, Taylor, AL 36391**

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